

HYPOCHONDRIASIS

Modern Perspectives on an Ancient Malady



Edited by **Vladan Starcevic & Don R. Lipsitt**

Hypochondriasis Modern Perspectives On An Ancient Malady

Vladan Starcevic, Don R. Lipsitt



Hypochondriasis Modern Perspectives On An Ancient Malady:

Hypochondriasis Vladan Starcevic, Don R. Lipsitt, 2001-02-01 Hypochondriasis remains controversial despite its 2000 year history Although it is considered a mental disorder hypochondriasis is often regarded as a defense mechanism peculiar cognitive perceptual style means of nonverbal communication response to stress abnormal illness behavior personality trait distinct personality disturbance and part of other mental disorders Disagreements about etiology and pathogenesis of hypochondriasis go hand in hand with disagreements about its treatment this book fills the need for a modern balanced in depth and integrative overview of hypochondriasis as a mental disorder with diverse manifestations Written by world experts and from different perspectives it aims to be a state of the art text demonstrating how the current concepts of hypochondriasis are linked with its rich history critically examining diagnostic and nosologic issues and suggesting ways of overcoming the conceptual obstacles describing current views on the etiology pathogenesis and psychopathology presenting main treatment approaches and providing treatment guidelines This book is intended for both practicing clinicians and researchers An important resource for all psychiatrists primary care physicians clinical psychologists and other mental health professionals it will also be of interest for psychiatry residents medical students graduate students in clinical psychology and lay public

Hypochondriasis and Health Anxiety Vladan Starcevic, Russell Noyes Jr., 2014-05-09 In the recently updated Diagnostic and Statistical Manual of Mental Disorders DSM 5 the diagnostic concept of hypochondriasis was eliminated and replaced by somatic symptom disorder and illness anxiety disorder *Hypochondriasis and Health Anxiety A Guide for Clinicians* edited by Vladan Starcevic and Russell Noyes and written by prominent clinicians and researchers in the field addresses current issues in recognizing understanding and treating hypochondriasis Using a pragmatic approach it offers a wealth of clinically useful information The book also provides a critical review of the underlying conceptual and treatment issues addressing varying perspectives and synthesizing the current research Specific topics the text covers include clinical manifestations diagnostic and conceptual issues classification relationships with other disorders assessment epidemiology economic aspects course outcome and treatment Additionally the book discusses patient physician relationship in the context of hypochondriasis and health anxiety and presents cognitive behavioral interpersonal and psychodynamic models and treatments The authors also address the neurobiological underpinnings of hypochondriasis and health anxiety and pharmacological treatment approaches Based on the extensive clinical experience of its authors there are numerous case illustrations and practical examples of how to assess understand and manage individuals presenting with disease preoccupations health anxiety and or beliefs that they are seriously ill It approaches its subject from various perspectives and is a work of integration and critical thinking about an area often shrouded in controversy

The Wiley Handbook of Obsessive Compulsive Disorders Jonathan S. Abramowitz, Dean McKay, Eric A. Storch, 2017-06-12 The Wiley Handbook of Obsessive Compulsive Disorders 2 volume set provides a comprehensive reference on the phenomenology epidemiology

assessment and treatment of OCD and OCD related conditions throughout the lifespan and across cultures Provides the most complete and up to date information on the highly diverse spectrum of OCD related issues experienced by individuals through the lifespan and cross culturally Covers OCD related conditions including Tourette s syndrome excoriation disorder trichotillomania hoarding disorder body dysmorphic disorder and many others OCD and related conditions present formidable challenges for both research and practice with few studies having moved beyond the most typical contexts and presentations Includes important material on OCD and related conditions in young people and older adults and across a range of cultures with diverse social and religious norms **Handbook of Consultation-Liaison Psychiatry** Hoyle

Leigh,Jon Streltzer,2008-03-05 Consultation liaison psychiatry interfaces between psychiatry and the rest of medicine as well as psychology social work nursing and other behavioral science disciplines This is a practical up to date handbook providing a biopsychosocial integrative perspective and drawing of the expertise of two renowned psychiatrists in the field The book offers five major sections addressing the fundamentals of the field as well as an assessment the current status of the field

The Neurasthenia-Depression Controversy Donald McLawhorn,2021-04-06 This book is about the largest debate that has occurred in the field of cultural psychiatry and its impact on diagnosing theorizing and clinical practice It is also about the role of culture in psychopathology specifically in relation to China This book is the first comprehensive and critical assessment of the anthropological psychiatry that has provided Western physicians with their ideas about somatization and culture It is argued that psychiatric nosology and the broader cultural milieu interact in a fascinating way and co facilitate individual conformity to culturally salient categories consciously or unconsciously through a process of belief expectation and learning The result is that codified experiences can be translated from the mind to the body and back again Through a critical evaluation of the Neurasthenia Depression controversy we can gain a view of the contested and shifting nature of psychiatric nosology and thereby attempt to introduce the beginnings of a model that elucidates how psychiatric distress varies across cultures This timely book challenges conventional wisdom about neurasthenia and depression in Chinese societies Its findings will be of value to anyone who works with Chinese people with these mental illnesses across the global diaspora

It's Not All in Your Head Gordon J. G. Asmundson,Steven Taylor,2005-05-05 Where do you go for help when no one believes you re really sick The doctors can t explain your symptoms but you know there s something wrong because you can sense it in your body Living with the specter of an unresolved health issue isn t just painful it s isolating The preoccupation and stress it causes can disrupt your career or interfere with personal relationships If you continually experience symptoms of illness or worry a lot about disease you may be suffering from health anxiety a condition that can produce physical effects of its own including muscle tension nausea and a quickened heart rate In this compassionate and empowering book noted psychologists Gordon J G Asmundson and Steven Taylor provide simple and accurate self tests designed to help you understand health anxiety and the role it might be playing in how you feel Concrete examples and

helpful exercises show you how to change thought and behavior patterns that contribute to the aches pains and anxiety you re experiencing The authors also explain how to involve friends and family and when to seek professional help as you learn to stay well without worry Association for Behavioral and Cognitive Therapies ABCT Self Help Book of Merit **Nervous Disease in Late Eighteenth-Century Britain** Heather R Beatty,2015-10-06 This study based on extensive use of eighteenth century newspapers hospital registers and case notes examines the experience of suffering from nervous disease a supposedly upper class malady Beatty concludes that nervousness was a legitimate medical diagnosis with a firm basis in eighteenth century medical theory *Oxford Textbook of Psychotherapy* Glen O. Gabbard,Judith S. Beck,Jeremy Holmes,2007 With the publication of this book psychotherapy finally arrives at the mainstream of mental health practice This volume is an essential companion for every practising psychiatrist clinical psychologist psychotherapy counsellor mental health nurse psychotherapist and mental healthpractitioner It is integrative in spirit with chapters written by an international panel of experts who combine theory and research with practical treatment guidelines and illustrative case examples to produce an invaluable book Part One gives a comprehensive account of all the major psychotherapeutic approaches Parts Two and Three systematically describe psychotherapeutic approaches to the major psychiatric disorders and personality disorders Many chapters are multi authored and describe the psychodynamic cognitivebehavioural and other approaches for treating these illnesses Part Four examines applications and modifications of psychotherapy across the lifecycle Part Five describes psychotherapy with specific populations such as medical patients and those where gender is an issue and finally Part Sixtackles some of the special topics of concern to psychotherapists including ethics legal issues and psychotherapy and neuroscience The first of its kind this is a must have volume for all trainee and practising psychological therapists whatever their background psychiatry psychology social work or nursing **Matters of the Heart** Fay Bound Alberti,2010-01-14 The heart is the most symbolic organ of the human body Across cultures it is seen as the site of emotions as well as the origin of life We feel emotions in the heart from the heart stopping sensation of romantic love to the crushing sensation of despair And yet since the nineteenth century the heart has been redefined in medical terms as a pump an organ responsible for the circulation of the blood Emotions have been removed from the heart as an active site of influence and towards the brain It is the brain that is the organ most commonly associated with emotion in the modern West So why then do the emotional meanings of the heart linger Why do many transplantation patients believe that the heart for instance can transmit memories and emotions and why do we still refer to emotions as heartfelt We cannot answer these questions without reference to the history of the heart as both physical organ and emotional symbol Matters of the Heart traces the ways emotions have been understood between the seventeenth and nineteenth centuries as both physical entities and spiritual experiences With reference to historical interpretations of such key concepts as gender emotion subjectivity and the self it also addresses the shifting relationship from heart to brain as competing centres of emotion in the West **Somatic Presentations of Mental**

Disorders Joel E. Dimsdale, Yu Xin, Arthur Kleinman, Vikram Patel, William E. Narrow, Paul J. Sirovatka, Darrel A. Regier, 2009-03-02 Sometimes described as the nemesis of the primary care physician somatoform disorders are frustrating expensive to treat and under investigated Somatic Presentations of Mental Disorders provides a fascinating and practical review of the epidemiology diagnosis and treatment of this ill defined category of disease Somatic Presentations of Mental Disorders summarizes the proceedings of a unique international conference that convened experts from across disciplines to review perspectives on somatoform disorders The broad range of experience and specialization results in a compendium that addresses both theoretical and practical issues presented in somatoform disorders For the researcher the book offers a thorough and critical overview of the research landscape surveying and synthesizing the available literature from around the world on all aspects of the disorder Acknowledging the unique challenges presented in studying such a heterogeneous collection of disorders the authors identify specific gaps in the research literature Somatic Presentations of Mental Disorders also addresses controversial issues of nosology in advance of the publication of DSM V Despite its utility for researchers the book primarily serves as an invaluable reference and resource for the practitioner Organized with the clinician in mind Somatic Presentations of Mental Disorders surveys the latest data on phenomenology etiology and clinical course and treatment options Unlike other literature on this difficult topic the authors thoroughly explore the entire range of this category of disorders including conversion disorder chronic pain and fatigue and the multitude of presentations of medically unexplained symptoms Aimed at both primary care and mental health practitioners the book addresses crucial issues for effective diagnosis and treatment including Comorbidity and association with anxiety and depressive disorders Unique insights into cultural factors affecting the presentation and treatment of somatic disorders around the globe The prevalence of misdiagnosis and contemporary diagnostic tools and techniques to help avoid a missed organic diagnosis The complicated interrelationship of somatoform disorders and substance abuse The efficacy of various treatment modalities including pharmacology and cognitive behavioral therapy Collaboration between primary care and mental health providers to maximize treatment outcomes Comprehensive thoughtful and up to date Somatic Presentations of Mental Disorders is a must have both for researchers in the field and for clinicians with somatizing patients **Treating Health Anxiety and Fear of Death**

Patricia Furer, John R. Walker, Murray B. Stein, 2007-03-07 Contemporary culture includes a high awareness of personal and global health hazards Many people may feel some anxiety in this regard but some develop an unbearable sense of dread that prevents them from functioning Treating Health Anxiety gives prescribing and non prescribing clinicians as well as the counselors and social workers who encounter the problem the tools to reduce both the fears and the medical costs that so often accompany them Clinical Guide to Obsessive Compulsive and Related Disorders Jon E. Grant, Samuel R.

Chamberlain, Brian L. Odlaug, 2014-05-02 Clinical Guide to Obsessive Compulsive and Related Disorders is a complete comprehensive overview of OCD and related disorders trichotillomania excoriation disorder hoarding disorder body

dysmorphic disorder and tic disorders The book covers underlying causes clinical presentations and treatments The book serves as a primer for clinicians in training and those already in practice who have little if any background in these disorders It discusses the pharmacological and psychosocial treatments for both adults and children with an emphasis on providing practical information for clinicians to use in their everyday practices Based on the DSM 5 the book uses the latest evidence based information regarding treatments including medication options behavioral therapies alternative treatments and recent developments in surgical treatment This book will provide students residents interns and even veteran clinicians with a basic understanding of OCD and disorders that are often associated with OCD In addition members of the public and those affected by these disorders may use this book to enhance their personal knowledge of the subject matter presented

Health and the Rhetoric of Medicine Judy Z. Segal, 2008-06-30 Assessing rhetorical principles of contemporary health issues Hypochondriacs are vulnerable to media hype anorexics are susceptible to public scrutiny and migraine sufferers are tainted with the history of the migraine personality maintains rhetorical theorist Judy Z Segal All are influenced by the power of persuasion *Health and the Rhetoric of Medicine* explores persistent health conditions that resist conventional medical solutions Using a range of rhetorical principles Segal analyzes how patients and their illnesses are formed within the physician patient relationship The intractable problem of a patient's rejection of a doctor's advice says Segal can be considered a rhetorical failure a failure of persuasion Examining the discourse of medicine through case studies applications and analyses Segal illustrates how illnesses are described in ways that limit patients choices and satisfaction She also illuminates psychiatric conditions infectious diseases genetic testing and cosmetic surgeries through the lens of rhetorical theory *Health and the Rhetoric of Medicine* bridges critical analysis for scholarly professional and lay audiences Segal highlights the persuasive element in diagnosis health policy illness experience and illness narratives She also addresses questions of direct to consumer advertising of prescription drugs the role of health information in creating the worried well and problems of trust and expertise in physician patient relationships A useful resource for critical common sense in everyday life the text provides an effective examination of a society increasingly influenced by the rhetoric of health and medicine

A History of Euphoria Christopher Milnes, 2018-12-17 Very few people have not at some point in their lives believed themselves or their loved ones to be reasonably healthy when in reality sickness was encroaching or never went away Health has been deceiving us for thousands of years but rarely have we entirely dispensed with it as a concept This book sets out to establish why and how that might be The first of its kind this longue dure historical study explores some of the ways in which people in western societies and cultures have come to believe that they or other people have perceived or misperceived health well being and euphoria a word which before the twentieth century usually named the experience of health This book draws from a number of areas of historical research including the histories of convalescence addiction madness and Sigmund Freud's interest in Euphorie in his pre psychoanalytical period

Encyclopedia of Aging and

Public Health Sana Loue, Martha Sajatovic, 2008-01-16 Americans are living longer and the elder population is growing larger To meet the ongoing need for quality information on elder health the Encyclopedia of Aging and Public Health combines multiple perspectives to offer readers a more accurate and complete picture of the aging process The book takes a biopsychosocial approach to the complexities of its subject In depth introductory chapters include coverage on a historical and demographic overview of aging in America a guide to biological changes accompanying aging an analysis of the diversity of the U S elder population legal issues commonly affecting older adults and the ethics of using cognitively impaired elders in research From there over 425 entries cover the gamut of topics trends diseases and phenomena Specific populations including ethnic minorities custodial grandparents and centenarians Core medical conditions associated with aging from cardiac and pulmonary diseases to Parkinson s and Alzheimer s Mental and emotional disorders Drugs vitamins alternative medicine Disorders of the eyes feet and skin Insomnia and sleep disorders malnutrition and eating disorders Sexual and gender related concerns And a broad array of social and political issues including access to care abuse neglect veterans affairs and assisted suicide Entries on not quite elders concerns e g midlife crisis menopause are featured as well And all chapters and entries include references and resource lists The Encyclopedia has been developed for maximum utility to clinicians social workers researchers and public health professionals working with older adults Its multidisciplinary coverage and scope of topics make this volume an invaluable reference for academic and public libraries Clinical

Obsessive-Compulsive Disorders in Adults and Children Robert Hudak, Darin D. Dougherty, 2011-02-17 Clinical Obsessive Compulsive Disorders in Adults and Children is a complete comprehensive overview of OCD covering its underlying causes manifestations and treatment The book begins by covering the basic science of OCD and its biological basis and mechanisms It discusses the treatment for both adults and children with an emphasis on providing information for clinicians to use in their everyday practice Using the latest information regarding evidence based treatments it takes the reader through medication options including behavioural therapy support groups and recent developments in surgical treatment The clinical manifestations of OCD are covered as well as the differentiation between OCD and other neuropsychiatric disorders with similar presentations Chapters on spectrum illnesses including body dysmorphic disorder impulse control disorders such as trichotillomania and hoarding are also included This book will appeal to all mental health professionals from practitioners to researchers working in the field of compulsive disorders **The Handbook of Adult Clinical Psychology** Alan

Carr, Muireann McNulty, 2016-03-31 The second edition of the Handbook of Adult Clinical Psychology An Evidence Based Practice Approach like its predecessor provides clinical psychologists in training with a comprehensive practice handbook to help build the skills necessary to complete a clinical placement in the field of adult mental health While practical in orientation the book is based solidly on empirical evidence Building on the success of the previous edition this handbook has been extensively revised in a number of ways Throughout the book the text references and website addresses and have been

updated to reflect important developments since the publication the first edition Recent research findings on the epidemiology aetiology course outcome assessment and treatment of all psychological problems considered in this volume have been incorporated into the text Account has been taken of changes in the diagnosis and classification of psychological problems reflected in the DSM 5 Chapters on ADHD in adults emotion focused therapy radically open dialectical behaviour therapy and schema therapy have been added The book is divided into 6 sections Section 1 covers conceptual frameworks for practice lifespan development classification and epidemiology CBT psychodynamic emotion focused systemic and bio medical models and general assessment procedures Section 2 deals with mood problems depression bipolar disorder suicide risk and anger management Section 3 focuses on anxiety problems social phobia generalized anxiety disorder panic disorder obsessive compulsive disorder post traumatic stress disorder and depersonalization disorder Section 4 deals with psychological problems linked to physical health health anxiety somatization chronic pain adjustment to cancer and eating disorders Section 5 focuses on other significant psychological problems that come to the attention of clinical psychologist in adult mental health services ADHD in adults alcohol and other drug problems psychosis and psychological problems in older adults Section 6 contains chapters on therapeutic approaches to psychological distress related to complex childhood trauma dialectical behaviour therapy for borderline personality disorder racially open dialectical behaviour for over controlled presentations and schema therapy Each of the chapters on clinical problems explains how to assess and treat the condition in an evidence based way with reference to case material Interventions from cognitive behavioural psychodynamic interpersonal systemic and biomedical approaches are described where there is evidence that they are effective for the problem in question Skill building exercises and further reading for psychologists and patients are included at the end of each chapter This book is one of a set of three volumes which cover the lion s share of the curriculum for clinical psychologists in training in the UK and Ireland The other two volumes are the Handbook of Child and Adolescent Clinical Psychology Third Edition by Alan Carr Christine Linehan Gary O Reilly Patricia Noonan Walsh John McEvoy James Cowles Prichard of the Red Lodge Margaret M. Crump,2025-06 Margaret M Crump offers the first thorough biography of British scientist and physician James Cowles Prichard 1786 1848 an intellectual giant in the developing human sciences a pioneering psychiatric theorist and Europe s leading anthropologist during the first half of the nineteenth century **Gut Feeling and Digestive Health in Nineteenth-Century Literature, History and Culture** Manon Mathias,Alison M. Moore,2018-11-17 This book considers the historical and cultural origins of the gut brain relationship now evidenced in numerous scientific research fields Bringing together eleven scholars with wide interdisciplinary expertise the volume examines literal and metaphorical digestion in different spheres of nineteenth century life Digestive health is examined in three sections in relation to science politics and literature during the period focusing on Northern America Europe and Australia Using diverse methodologies the

essays demonstrate that the long nineteenth century was an important moment in the Western understanding and perception of the gastroenterological system and its relation to the mind in the sense of cognition mental wellbeing and the emotions This collection explores how medical breakthroughs are often historically preceded by intuitive models imagined throughout a range of cultural productions

Oxford Textbook of Neurologic and Neuropsychiatric Epidemiology Carol Brayne,Valery Feigin,Lenore Launer,Giancarlo Logroscino,2021 Neurologic and neuropsychiatric disorders are of great importance to societies and they also raise special considerations in epidemiological research methodology Not only do neurologic and neuropsychiatric disorders form a major group of disorders associated with ageing populations but those disorders that occur in earlier life can be associated with severe individual family and societal distress and burden The inter relationship of syndromes and disorders is a topic of major interest and growing biological insights across psychiatry and neurology This includes not only overlaps in neurodegenerative syndromes but also those related to other systems such as metabolic inflammatory immune and vascular disorders Part of the Oxford Textbooks in Clinical Neurology series the Oxford Textbook of Neurologic and Neuropsychiatric Epidemiology is designed to focus on the overlaps and inter relationships between neuro epidemiological disorders as well as on ways to harmonise large cohort studies to maximise opportunities for determining causes related to rarer disorders Divided into three main parts the book covers 1 the principles of neurologic and neuropsychiatric epidemiology 2 specific neuropsychiatric disorders and their inter relationships and 3 the implications of neuro epidemiologic research for patient populations and current medical practice This comprehensive work serves as an invaluable reference to current neuro epidemiological methods for neurologists psychiatrists and senior trainees in those disciplines as well as public health practitioners and students with an interest in neurology and neuropsychiatry

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