

# *Foundations of* Physical Education, Exercise Science, *and* Sport

Deborah A. Wuest • Jennifer L. Fisette

Seventeenth  
Edition



# Foundations Of Physical Education Exercise And Sport Sciences

**Deborah A. Wuest, Charles Augustus  
Bucher**



## **Foundations Of Physical Education Exercise And Sport Sciences:**

*Foundations of Physical Education, Exercise Science, and Sport* Jennifer L. Walton-Fisette, Deborah A. Wuest, 2017-07-13

The Nineteenth Edition of *Foundations of Physical Education Exercise Science and Sport* emphasizes the role of culturally competent professionals in meeting the needs of our increasingly diverse population and in promoting lifespan participation in physical activity for all people Up to date statistics and information are provided on health and physical activity levels career preparation and professional paths within physical education exercise science and sport This edition retains its strong coverage of the foundations of motor behavior biomechanics exercise physiology sport and exercise psychology the sociology of sport and physical education pedagogy The text also emphasizes preparation for a diversity of careers in a variety of settings addressing areas that include teaching coaching exercise leadership athletic and personal training sport management and sport media Instructors and students can now access their course content through the Connect digital learning platform by purchasing either standalone Connect access or a bundle of print and Connect access McGraw Hill Connect is a subscription based learning service accessible online through your personal computer or tablet Choose this option if your instructor will require Connect to be used in the course Your subscription to Connect includes the following SmartBook an adaptive digital version of the course textbook that personalizes your reading experience based on how well you are learning the content Access to your instructor s homework assignments quizzes syllabus notes reminders and other important files for the course Progress dashboards that quickly show how you are performing on your assignments and tips for improvement The option to purchase for a small fee a print version of the book This binder ready loose leaf version includes free shipping Complete system requirements to use Connect can be found here <http://www.mheducation.com>

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Deborah A. Wuest, Jennifer L. Walton-Fisette, 2020-01-21 *Foundations of Physical Education Exercise Science and Sport* provides readers with the most up to date information about physical activity physical education and sport while recognizing that this dynamic field and its disciplines are ever changing in our fast paced technology driven society It challenges students to commit to ongoing development and growth as professionals from the very beginning of their careers and encourages them to advocate for physical activity and quality physical education to value diversity and appreciate its many forms and to work toward making opportunities to participate in physical activity available to all people throughout their lifespan Walton Fisette and Wuest inspire readers to work collaboratively with other dedicated professionals to address the issues facing the field the challenges ahead and the realization of physical education exercise science and sport s potential to positively

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Jennifer L. Walton-Fisette, Deborah A. Wuest, 2020

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