

# Home Safety & Basic First Aid

## The Importance of Home Safety & First Aid

Accident is one of the major causes of injury, disability or death in children.



### Causes:

Choking, fall, accidental hanging



**8.5%** of children died of accidents among 259 child death reviewed by the Child Fatality Review Panel in 2016-18 in HK.



**40%** occurred at home setting

**Most injuries are preventable.** Children may not understand or remember what is dangerous. Parents need to exercise home safety precaution to prevent and reduce the degree of accidental injuries. **Learning first-aid skills** also help protect children in emergency. You will be able to perform self-help and home care when medical assistance is not available or delayed.

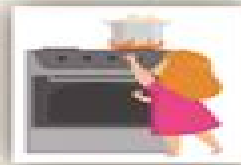
## Common Child Injuries At Home



Fall



Choking / suffocation



Burn / scald



Poisoning



Finger pinching

## Preventive Measures



# How To Of First Aid And Safety

**ML Morrison**



## **How To Of First Aid And Safety:**

**First Aid** National Safety Council, 2007 First Aid Taking Action covers the material required for a semester long First Aid course. The focus is teaching how to recognize and act in any emergency and to sustain life until professional help can arrive. Quality content will feature information based on the 2005 national guidelines for breathing and cardiac emergencies including CPR, choking care and using an automated external defibrillator (AED). Other information includes bleeding control, first aid for sudden illnesses and injuries and remote first aid. Information is presented in a concise, easy-to-read manner that works as a handy reference after the course. A National Safety Council completion card for CPR and First Aid are available with the course. McGraw Hill Public Safety Website [First Aid & Safety For Dummies](#) Charles B. Inlander, Janet Worsley Norwood, The People's Medical Society, 1999-11-22. Ask any fire rescue or EMS person and they will tell you the key to emergency response is preparedness. First comes prevention, knowing how to stop emergencies before they happen. Yet if a sudden injury or illness occurs, knowing what to do can make the difference between a mild emergency and a serious one or even between life and death. When you don't know, panic usually results, now you're part of the problem. But don't fret, the information you need to be the first step in the solution. Basic first aid and safety skills are relatively simple and easy to learn. Easy to learn, yes, but if things go wrong, your learning suddenly makes all the difference. First Aid and Safety For Dummies gives you the tools you need to save a life. Whether it's performing CPR correctly or accident proofing your home, this comprehensive guide shows you how to effectively prevent and respond to emergencies. In typical, lively yet informative Dummies style, you'll find out about dealing with Wounds, Burns, Poisoning, Shock, Bites and stings, Choking, and much more. Thorough instructions detail each problem, and its first aid. Off-putting jargon is kept to a minimum, and common sense to a maximum. In considering not only the classic symptoms, for example, two hands on the throat for choking, but also the variations, what if that choking victim is you and you're alone, that crop up in real world emergencies. Emphasizing practicality and ready-to-use knowledge, this book also covers Creating a first aid kit, Safety for all areas of the home, Special needs of children, the elderly and the disabled, A chapter on hazards of the high tech workplace, Sports injuries and accidents, Herbal remedies, CPR and artificial respiration, Emergency rescue procedures, Who to call and when, Preparedness is peace of mind. With the knowledge you'll gain from First Aid and Safety For Dummies, you can rest assured that you've taken the most effective steps against accidents and mishaps. You can also be confident that if an emergency does occur, yours will be the calmer, cooler head, and cooler heads are the ones that prevail. *Handbook of Safety and Accident Prevention* Fred Gustave Lange, 1926 **The Organisation of First Aid in the Workplace** International Labour Office, 1989. This guide shows how first aid may be organized in the workplace with special emphasis on small enterprises. It also provides information on the duties and training of first aid personnel, the necessary equipment, supplies and facilities. The book also looks at the arrangements required beyond first aid for accidents demanding specialized medical care. [Introduction to Health and](#)

Safety at Work Phil Hughes, Ed Ferrett, 2011 This edition has been produced in order to update the health and safety legislation with particular regard to changes relating to fire construction CDM asbestos vibration noise hazardous waste and the environment

*How to Do a Health and Safety Audit* Lynn Parker, 2013-06-20 If you work in Early Years settings it is essential that you are well informed and aware of health and safety issues and procedures that you may face on a day to day basis This book will provide clear concise and practical information about health and safety whilst also fully translating the legislative documentation that surrounds it to help you meet OFSTED requirements and keep the children under your care safe Practical advice is offered on issues such as health and safety legislation developing a safety culture how to write policies and procedures including policy templates specific audits for different areas of health and safety provision Written in accordance with national health and safety standards that have to be achieved at inspection this is part of a practical series of how to guides that are vital purchases for anyone working in an Early Years setting looking to certify that their nursery environment is safe as well as fun

Introduction to Health and Safety at Work Phil Hughes MBE, Phil Hughes, Ed Ferrett, 2015-08-27 Introduction to Health and Safety at Work covers the fundamentals of occupational safety and health for the thousands of students who complete the NEBOSH National General Certificate in Occupational Health and Safety each year Fully revised in alignment with the April 2015 syllabus this sixth edition provides students with all they need to tackle the course with confidence The highly illustrated content covers all of the essential elements of health and safety management the legal framework risk assessment and control standards and also includes checklists report forms and record sheets to supplement learning Aligned to the NEBOSH National General Certificate in Occupational Health and Safety Practice questions and answers to test knowledge and increase understanding Complete with a companion website containing extra resources for tutors and students at [www.routledge.com/cw/hughes](http://www.routledge.com/cw/hughes) Written by renowned authors the Introduction to Health and Safety at Work is also a handy reference for managers and directors dealing with the day to day issues of health and safety and is of great value to those studying for level 3 N SVQ and the NEBOSH National Diploma

*Best Practices Guide: Fundamentals of a Workplace First-Aid Program* U. S. Labor, Occupational Administration, 2012-06-27 OSHA 3317 06N First aid is emergency care provided for injury or sudden illness before emergency medical treatment is available The first aid provider in the workplace is someone who is trained in the delivery of initial medical emergency procedures using a limited amount of equipment to perform a primary assessment and intervention while awaiting arrival of emergency medical service EMS personnel A workplace first aid program is part of a comprehensive safety and health management system that includes the following four essential elements management leadership and employee involvement worksite analysis hazard prevention and control safety and training The purpose of this guide Best Practices Guide Fundamentals of a Workplace First Aid Program is to present a summary of the basic elements for a first aid program at the workplace Those elements include identifying and assessing the workplace risks that have potential to cause

worker injury or illness designing and implementing a workplace first aid program that aim to minimize the outcome of accidents or exposures complies with OSHA requirements relating to first aid includes sufficient quantities of appropriate and readily accessible first aid supplies and first aid equipment such as bandages and automated external defibrillators assigns and trains first aid providers who receive first aid training suitable to the specific workplace receive periodic refresher courses on first aid skills and knowledge instructing all workers about the first aid program including what workers should do if a coworker is injured or ill Putting the policies and program in writing is recommended to implement this and other program elements and providing for scheduled evaluation and changing of the first aid program to keep the program current and applicable to emerging risks in the workplace including regular assessment of the adequacy of the first aid training course This guide includes an outline of the essential elements of safe and effective first aid training for the workplace as guidance to institutions teaching first aid courses and to the consumer of these courses Introduction to Health and Safety at Work , *The Guidebook to Successful Safety Programming* Raymond J. Colvin,2018-05-04 Guidebook to Successful Safety Programming is the first how to guide to present the elements and activities necessary for successful safety health and environmental programs in any company or organization The book provides case histories that demonstrate how successful programs were developed and conducted for a variety of companies and describes how all levels of management and employees become involved in preventive programs It covers management policies safety rules hazard analysis techniques training methods and accident investigations Guidebook to Successful Safety Programming also explains how OSHA EPA and legal concerns are changing the role and involvement of management in safety health and environmental programs The responsibilities of management in today s business culture are explored which makes the book essential for managers supervisors and employees Safety professionals studying for certification exams can use the book as a study guide to help them prepare for their tests **Principles and Practices of Occupational Safety and Health** United States. Occupational Safety and Health Administration,1975 *Emergency Preparedness: Planning For Workplace Safety And Health* Freeman Blankenship,2025-04-12 This comprehensive guide provides a practical framework for developing a robust emergency preparedness plan specifically designed for the workplace Covering everything from risk assessment and hazard identification to communication protocols and evacuation procedures it empowers you to safeguard your employees and business in the face of unexpected events Learn how to identify potential threats establish clear lines of communication and implement effective response strategies for a wide range of emergencies including natural disasters fires active shooter situations and hazardous material incidents With detailed checklists real world examples and actionable steps this book equips you with the knowledge and tools needed to create a safe and resilient work environment The book emphasizes the importance of proactive planning and emphasizes the crucial role of workplace safety and health in mitigating risks and promoting resilience It explores the legal framework surrounding emergency preparedness outlining compliance

requirements and best practices From creating emergency response teams to conducting regular drills and exercises the book provides step by step guidance for building a comprehensive preparedness program that fosters a culture of safety and empowers employees to act confidently in emergencies This book is an indispensable resource for business owners managers human resources professionals and anyone responsible for workplace safety     Introduction to Health and Safety in Construction Phil Hughes,Ed Ferrett,2012-09-10 This NEBOSH endorsed textbook is matched to the latest syllabus of the National Certificate in Construction Safety and Health Within the construction industry the need for specialist health and safety training is high due to the high risks involved This is reflected in recent legislation such as CDM 2007 and explains the consistent demand for courses and learning materials The text is easy to read highly illustrated in full color and supported with checklists report forms and record sheets used currently in the industry Students are supported with end of chapter questions a study skills chapter and specimen assignments including specimen answers As NEBOSH actively grow their qualifications internationally demand for this book and it s sister titles continues to increase overseas High growth markets are the Middle East Malaysia India and China     Encyclopaedia of Occupational Health and Safety Jeanne Mager Stellman,1998 Revised and expanded this edition provides comprehensive coverage of occupational health and safety A new CD ROM version is available which provides the benefits of computer assisted search capabilities     Occupational Safety and Health Simplified for the Industrial Workplace Frank R. Spellman,2015-12-22 Occupational Safety and Health Simplified for the Industrial Workplace serves industrial businesses workplaces and managers who want quick answers to complicated questions It is an essential reference for everyone involved with the safety and health of workers in the industrial workplace     Illinois Bell Magazine Illinois Bell Telephone Company,1926     **Principles and Practices of Occupational Safety and Health, a Programmed Instruction Course, Student Manual** United States. Occupational Safety and Health Administration,     **Safety Review** ,1965     **Food Safety and Excellence in Hospitality Management** Ravi Gaekwad,2023-11-29 Explore a curated collection of subject specific books tailored for hotel professionals students enrolled in hotel and hospitality courses and readers passionate about food safety hospitality and etiquette Immerse yourself in the intricate world of hotel management with titles covering diverse aspects such as effective service strategies culinary arts and industry ethics Delve into the nuances of food safety protocols ensuring a comprehensive understanding of hygiene standards in the culinary realm The book is an invaluable companion for students navigating the complexities of hospitality education offering insights into management principles customer service excellence and professional conduct Whether you re refining your skills in hotel operations or simply indulging in the art of gracious living this book provides a rich tapestry of knowledge elevating your expertise in the multifaceted domain of hotel management and enhancing your appreciation for the finer points of etiquette and hospitality     *Network Cabling Illuminated* Robert Shimonski,Richard T. Steiner,Sean M. Sheedy,2006 This Book Covers All Aspects Of Network And Communications Cabling Including Physical Characteristics Of

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