



# Abstinence

- The deliberate decision to avoid harmful behaviors, including sexual activity before marriage and the use of tobacco, alcohol, and other drugs.*



**ABSTINENCE**

Because Not Everyone Wants Warts



# Is Sexual Abstinence Harmful

**Havelock Ellis**



## **Is Sexual Abstinence Harmful:**

**The Poetics of Intimacy and the Problem of Sexual Abstinence** Michael J. Hartwig, 2009 This bold work asks whether traditional Christian sexual morality with its emphasis on sexual abstinence outside of heterosexual marriage is harmful Appealing to sociological studies anthropological theories and contemporary theological ethics Hartwig develops a model of sexual virtue around the concept of a poetics of intimacy and applies this model to particular challenges faced by the divorced married couples gay men and lesbians single adults and people with mental and developmental disabilities He concludes that mandated long term and lifelong sexual abstinence for those outside heterosexual marriage is not only harmful but compromises many features of Christian morality *The American Journal of Urology and Sexology* Henry G. Spooner, 1912 *American Journal of Urology, Venereal and Sexual Diseases*, 1915 **Is Sexual Abstinence Harmful?.**

Douglas White, 1930 **Risk and Harm in Youth Sexting** Emily Setty, 2020-05-01 This book explores young people's perspectives on risk and harm in youth sexting specifically privacy violations and unwanted pressured and coerced sexting This book engages with key debates academic literature and evidence as well as findings of a study into young people's perceptions of attitudes toward and experiences of sexting It challenges predominant assumptions that youth sexting is inherently risky and deviant and sets out the specific contexts in which privacy violations and unwanted sexting occur It explores the sociocultural contexts underpinning harm including gender sexism sexuality status and power and associated constructs of risk and shame as well as broader youth cultural contexts that create and giving meaning to sexters and sexting practices particularly related to victim blaming social shaming bullying harassment and abuse Finally it discusses young people's attitudes and beliefs about interventions to reduce the prevalence of youth sexting In doing so the book critically engages with young people's perspectives in order to make practical recommendations for encouraging a digital sexual ethics based on rights to bodily and sexual expression autonomy and integrity positive bystander intervention and anti victim blaming and abuse messages This book will be of great interest to scholars and students of criminology education social care sociology and health It will also be a valuable resource for those working in educational and social care settings such as sex educators youth and social workers youth counsellors and mental health professionals *American Journal of Urology*, 1912

**Studies in the Psychology of Sex: Sex in relation to society** Havelock Ellis, 1910 Harm Reduction G. Alan Marlatt, Mary E. Larimer, Katie Witkiewitz, 2011-12-07 From addiction treatment pioneer G Alan Marlatt and associates this is the authoritative work on harm reduction its principles strategies and practical applications Contributors review programs that have been developed and tested for a range of high risk behaviors including problem drinking tobacco use illicit drug use and risky sexual behavior Flexible tailored culturally competent treatment approaches are described for marginalized and underserved communities The volume also explores philosophical and policy related debates surrounding this growing movement New to This Edition Reflects significant advances in research and clinical practice Chapters on the current status

of the field applications to psychotherapy and treatment of dual disorders Chapters on additional populations adolescent drinkers and Hispanic Latino and Asian American substance users and an additional substance cannabis      **Safe Counsel, Or, Practical Eugenics** Benjamin Grant Jefferis, James Lawrence Nichols, 1925      **Studies in the Psychology of Sex v6** Havelock Ellis, 2015-11-07 A man's sexual nature like all else that is most essential in him is rooted in a soil that was formed very long before his birth In this as in every other respect he draws the elements of his life from his ancestors however new the recombination may be and however greatly it may be modified by subsequent conditions A man's destiny stands not in the future but in the past That rightly considered is the most vital of all vital facts Every child thus has a right to choose his own ancestors Naturally he can only do this vicariously through his parents It is the most serious and sacred duty of the future father to choose one half of the ancestral and hereditary character of his future child it is the most serious and sacred duty of the future mother to make a similar choice 1 In choosing each other they have between them chosen the whole ancestry of their child They have determined the stars that will rule his fate In the past that fateful determination has usually been made helplessly ignorantly almost unconsciously It has either been guided by an instinct which on the whole has worked out fairly well or controlled by economic interests of the results of which so much cannot be said or left to the risks of lower than bestial chances which can produce nothing but evil In the future we cannot but have faith for all the hope of humanity must rest on that faith that a new guiding impulse reinforcing natural instinct and becoming in time an inseparable accompaniment of it will lead civilized man on his racial course Just as in the past the race has on the whole been moulded by a natural and in part sexual selection that was unconscious of itself and ignorant of the ends it made towards so in the future the race will be moulded by deliberate selection the creative energy of Nature becoming self conscious in the civilized brain of man This is not a faith which has its source in a vague hope The problems of the individual life are linked on to the fate of the racial life and again and again we shall find as we ponder the individual questions we are here concerned with that at all points they ultimately converge towards this same racial end Since we have here therefore to follow out the sexual relationships of the individual as they bear on society it will be convenient at this point to put aside the questions of ancestry and to accept the individual as with hereditary constitution already determined he lies in his mother's womb      The Medico-pharmaceutical Critic and Guide , 1913      **Studies in the Psychology of Sex** Havelock Ellis, 1913      *Positive and Negative Outcomes of Sexual Behaviors* Eva S. Lefkowitz, Sara A. Vasilenko, 2014-06-24 Developing healthy sexual behaviors is critical to adolescents wellbeing While more emphasis has been on negative outcomes there are broad positive implications for physical health mental health intimate relationships and identity development To fully understand the impact we need to understand both In addition the impact of sexual behavior is not universal but may differ based on individuals demographic relational contextual and attitudinal factors This volume provides a framework for understanding the complex role of sexual behavior in adolescents lives with a specific focus on the roles of sexual minority status internet based sexual experiences

relationship context and sexual learning through formal and informal sex education in determining the outcomes of sexual behavior It provides A nuanced multidimensional understanding of the role of sexual behavior in shaping adolescents development and well being Important directions for future research Recommendations for sexuality education prevention and intervention programs This is the 144th volume in this Jossey Bass series New Directions for Child and Adolescent Development Its mission is to provide scientific and scholarly presentations on cutting edge issues and concepts in this subject area Each volume focuses on a specific new direction or research topic and is edited by experts from that field

*Studies in the Psychology of Sex VI: Sex in Relation to Society* Havelock Ellis, 2016-08-25 The origin of these Studies dates from many years back As a youth I was faced as others are by the problem of sex Living partly in an Australian city where the ways of life were plainly seen partly in the solitude of the bush I was free both to contemplate and to meditate many things A resolve slowly grew up within me one main part of my life work should be to make clear the problems of sex That was more than twenty years ago Since then I can honestly say that in all that I have done that resolve has never been very far from my thoughts I have always been slowly working up to this central problem and in a book published some three years ago *Man and Woman a Study of Human Secondary Sexual Characters* I put forward what was in my own eyes an introduction to the study of the primary questions of sexual psychology Now that I have at length reached the time for beginning to publish my results these results scarcely seem to me large As a youth I had hoped to settle problems for those who came after now I am quietly content if I do little more than state them For even that I now think is much it is at least the half of knowledge In this particular field the evil of ignorance is magnified by our efforts to suppress that which never can be suppressed though in the effort of suppression it may become perverted I have at least tried to find out what are the facts among normal people as well as among abnormal people for while it seems to me that the physician s training is necessary in order to ascertain the facts the physician for the most part only obtains the abnormal facts which alone bring little light I have tried to get at the facts and having got at the facts to look them simply and squarely in the face If I cannot perhaps turn the lock myself I bring the key which can alone in the end rightly open the door the key of sincerity That is my one panacea sincerity Sex in Relation to Society Havelock Ellis, 1910 **Medico-pharmaceutical Critic and Guide** William

Josephus Robinson, 1912 Departments of Labor, Health and Human Services, Education, and Related Agencies Appropriations for 2008 United States. Congress. House. Committee on Appropriations. Subcommittee on the Departments of Labor, Health and Human Services, Education, and Related Agencies, 2007 **Studies in the psychology of sex. v.6, 1911** Havelock Ellis, 1910 Eating to Excess Susan E. Hill, 2011-09-12 This provocative book explores how ancient notions about the fat body and the glutton in western culture both challenge and confirm ideas about what it means to be overweight and gluttonous today People in the ancient western world made a distinction between being fat and being a glutton even when they valued self control and criticized excessive behavior Examining many works of early western cultures this book

shows how ancient views both confirm and challenge our contemporary assumptions about fat bodies and gluttons Eating to Excess The Meaning of Gluttony and the Fat Body in the Ancient World explores the historical roots of the symbolic relationship between fatness gluttony and immorality in western culture It includes chapters on Greek philosophy medicine and physiognomy Greek and Roman popular culture early Christianity and the development of gluttony as one of the seven deadly sins By examining ancient ideas about gluttony and fat bodies the author offers new insight into what it means to be human in the western world      **Studies in the Psychology of Sex** Havelock Ellis, 2018-09-21 Reproduction of the original Studies in the Psychology of Sex by Havelock Ellis

## The Enigmatic Realm of **Is Sexual Abstinence Harmful**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing lacking extraordinary. Within the captivating pages of **Is Sexual Abstinence Harmful** a literary masterpiece penned by way of a renowned author, readers attempt a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book's core themes, assess its distinct writing style, and delve into its lasting impact on the hearts and minds of those who partake in its reading experience.

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