

# IRREVERENT ACTING

A Book about what's wrong with the state  
of acting and how to fix it

BY ERIC MCHURUS  
Author of *SHOULD IT BE SO?*

# Irreverent Acting

**Michael Saint Nicholas**



## **Irreverent Acting:**

*Irreverent Acting* Eric Morris, 1985      *The Actor's Other Selves* Eric Morris, 2021-01-01 texts that document the Eric Morris system of experiential acting This book is about SUBPERSONALITIES what subpersonalities are how they impact our lives and how we use them It is exclusively written for actors The journey of exploration starts with the origins and beginnings Excerpts from books by Carl G Jung a Swiss psychologist who explored archetypes are followed by the use and description of behavioral examples of personalities The theory is then examined who are the selves how were they created and how do they function The exploration continues with a technique that I created many years ago THE ELEVENTH LEVEL OF CONSCIOUSNESS which is totally explained Then comes EXPERIENCE HUNTING CHOICE HUNTING detailing the various approaches used to find experiences and choices that can be used in one's acting In the next section of the book which is a very large section I detail specifically the approach techniques for accessing subpersonalities which are VOICE DIALOGUE a complete example of the process is given WRITING IN JOURNAL FORM OR USING A TAPE RECORDER USING MOVEMENT AND DANCE USING ART AND DRAWING USING CHOICES USING MUSIC AND ROLEPLAYING All of those techniques and the approaches to them are explained in specific detail In EXTERNALS I describe what that approach is and how to use it to access various subpersonalities Externals is a megapproach and an important part of my work A megapproach is such a powerful technique that it could be used as a total acting system Externals is a process that includes getting a sense of animals people insects and inanimate objects and then translating that energy into human behavior This technique is very impacting on eliciting various subpersonalities The last of this group is IMAGING also a megapproach The next section explains HOW YOU KNOW WHEN YOU ARE INHABITED BY A SUBPERSONALITY The actor must be able to distinguish between really inhabiting the energy of a subpart and faking it The DAILY SUBPERSONALITY INVENTORY is an exercise the actor should do on a daily basis to be able to identify the difference between a mood swing and a subpersonality The section on RESEARCHING THE CHARACTER explains how to identify the different character elements and find a subpersonality to fulfill those components All of that is followed by a section about going back to historical events such as the Second World War or the post war years and exploring characters in plays and films o      **A Second Chance at Life** Eric Morris, 2018-10-16 This is Eric Morris's ninth book However unlike the others this one is not about acting or just for actors This book is for everyone Eric's other books are based on a system that he expanded and modified as he innovated techniques and approaches to free people from obstacles and emotional blocks that cripple their ability to experience and express their emotions freely An actor himself and a teacher of acting for almost sixty years Eric Morris has created hundreds of exercises and techniques that eliminate the years of damage that we in our society have become victims of Because of his unique approach to the teaching of actors his process has evolved into an incredible set of tools that miraculously work to free all people from the damaging experiences that have accumulated in their lives The focus in this

book is on finding those damaging experiences and by using the specific approaches that Eric has created repairing the damage so as to enjoy a life of happiness and success      *Freeing the Actor* Eric Morris,2011-07-29 *Freeing the Actor* is the seventh in a series of books by Eric Morris which explain and describe his unique system of acting His previous books are among the most popular texts used by students and professional actors alike In this book which is totally aimed at the instrument Eric has implemented a complete approach to eliminating the obstacles dependencies traps and habits that plague and block actors from functioning from an authentic organic place Historically most acting coaches and teachers have failed to adequately address the instrumental problems that cripple actors By teaching them how not to act Eric has influenced scores of people to become experiential actors His teaching has led them to understand that they must experience in reality what the character is experiencing in the material In order to accomplish that they must be instrumentally free to connect with and express their authentic emotional realities Liberating the instrument allows them to access all the colors of their emotional rainbow      **My Hollywood Stories** Eric Morris,2014-07-08 *My Hollywood Stories* is a collection of informative historical educational funny exciting entertaining sexy shocking and tragic stories and anecdotes about famous and not so famous Hollywood people actors directors producers writers and studio moguls While it is not a book about acting it is written by an actor with contributions from various actors all of whom are writing about other actors Older readers will take a trip down memory lane remembering many of the celebrities mentioned while younger readers will discover Hollywood history from its earlier years to the present They will learn about the people who were part of the building blocks of the film industry the highs the lows the successes the failures and the tragedies      **Life on Land** Emilie Conrad,2012-04-10 Emilie Conrad s approach to movement education health and healing is as varied and deeply textured as her life story In *Life on Land* she interweaves the story of her Brooklyn childhood and discovery of dance with the psychic and physical collapse that led to the development of Continuum her groundbreaking movement and self realization technique Readable poignant and ultimately triumphant the book melds Conrad s unique theories of the body mind frontier with fearless discussions of Jewish heritage sexuality female identity and social pressures      **An Analyst in Training** Graeme Daniels,2025-07-10 Written for aspiring and prospective psychoanalysts and psychotherapists this book provides an in depth exploration of what psychoanalytic training entails and what motivates one to undergo this extensive training Analytic training is rigorous expensive and time consuming yet despite the prestige it may afford provides little or no assurance of professional success *An Analyst in Training* follows the experience of author Graeme Daniels a mid career psychotherapist who has undergone training in San Francisco California USA while maintaining an ongoing consultation practice with a training candidate in Lisbon Portugal It covers institutional policies and politics program graduation requirements and training standards as well as their interplay with COVID era restrictions and diversity equity and inclusion issues Daniels brings an international and historical flavor to these topics with his distinctively satirical yet sincere voice      *Japanese*

*Cinema and Punk* Mark Player, 2025-05-15 In Japanese Cinema and Punk Mark Player examines how the do it yourself ethos of punk empowered a new generation of Japanese filmmakers during a period of crisis and change in Japan's film industry Drawing on rare materials and first hand interviews with key figures from the jishu eiga self made film tradition including Ishii Gakuryu formerly Ishii Sogo Yamamoto Masashi Tsukamoto Shin ya and Fukui Shozin Player explores how punk's bricolage style was leveraged to create exciting intermedial film aesthetics These aesthetics were influenced by rock music graffiti art street performance handmade animation television and other mass media By considering the practical phenomenological and political ramifications of combining diverse media elements Player offers in depth analyses of films such as Burst City 1982 Robinson's Garden 1987 Tetsuo The Iron Man 1989 and more He further traces the changing sociocultural position of Japan's punk generation throughout the 1980s from its euphoric early 80s peak to the growing disillusionment caused by its mainstream co-optation and convergence **I Don't Know Who I Am Anymore** Carole

Holiday, 2023-09-19 No stranger to heartache Carole Holiday artfully braids together her story of overwhelming loss with biblical insights and delicious recipes from the little cottage on the lane the cooking school she once owned Carole's journey offers hope that after the ravages of grief and despair God can bring good back to life through faith food and fellowship How do you survive when everything that gave meaning to your life suddenly disappears Grief can spark the question God when will you see me Carole Holiday has weathered heartbreaking loss and the despair that whispers I don't know who I am anymore Through her trials including divorce job loss and heart surgery she has learned that deep grief carves space for a deeper ability to love Readers who have been shredded by suffering who have lost hope in God or in life being good again will unpack what it means to be made in God's image learn how to redirect doubts and despair toward a God filled identity and purpose understand that loss offers an enormous capacity to feel more deeply discover that even though rejected by those they most loved they still matter to God and be reminded of the truth that sadness and faith are not mutually exclusive In her unique lyrical writing style Carole shares her story of grief and explores biblical teaching that offers a God given purpose after pain As an extra dose of comfort she seasons her story with savory recipes from a cooking school she once owned where she learned firsthand the healing that takes place around the table Carole's humor and warm encouragement gently remind readers that God has good for them even in a season of severe loss **Slacker** Richard Linklater, 1992-07-15 The movie

Slacker unfolds during a 24 hour period in Austin Texas in which hundreds of characters wander about in a timeless entropy working hard at doing nothing Now to coincide with the national video release of this cult classic a book that is a ricochet of the movie and the phenomenon Includes a foreword by bestselling author Douglas Coupland Illustrated [Desire Change](#) Heather Davis, 2017-06-26 In the resistance to the violence of gender based oppression vibrant but often ignored worlds have emerged full of nuance humour and beauty Correcting an absence of writing about contemporary feminist work by Canadian artists Desire Change considers the resurgence of feminist art thought and practice in the past decade by examining

artworks that respond to themes of diversity and desire Essays by historians artists and curators present an overview of a range of artistic practices including performance installation video textiles and photography Contributors address the desire for change through three central frames how feminist art has significantly contributed to the complex understanding of gender as it intersects with sexuality and race the necessary critique of patriarchy and institutions as they relate to colonization within the Canadian nation state and the ways in which contemporary critiques are formed and expressed Heavily illustrated with representative works *Desire Change* raises both the stakes and the concerns of contemporary feminist art with an understanding that feminism is always and necessarily plural **Church work** Guild of st. Alban,1879

**The Working Actor's Guide to Los Angeles (2003)** Kristi Callan,2003 **Missouri School Journal** ,1926 *The Back Stage Actor's Handbook* Sherry Eaker,2004 An indispensable reference for actors singers and dancers *The Back Stage Actor's Handbook* has been totally updated to guide tomorrow's performing artist to success Jazz in Love Neesha Meminger,2011-01-10 When her mother hears seventeen year old Jazz was seen hugging a boy she launches the Guided Dating Plan to find Jazz the perfect suitable pre screened Indian mate Now Jazz must act fast to find a way to follow her own heart and stay in the good graces of her parents **How to Get Cast in Soaps in N.Y.C.** Anne MacPherson,1988 An Actor's Guide, Your First Year in Hollywood Michael Saint Nicholas,2000 Beginning with leads on finding a place to live and practical jobs to pay the bills this up to date resource delves into tactics for landing an agent auditions a SAG union card and work as a movie extra Advice comes from seasoned actors and other film pros *Bulletin* Oklahoma. Superintendent of Public Instruction,1939 **Finland's National Theatre 1974-1991** Pirkko Koski,2022-03-22 This study analyses the Finnish National Theatre's activities throughout the decades during which the post war generation with its new societal and theatrical views was rising to power and during which Europe divided by the Iron Curtain was maturing to break the boundaries dividing it Pirkko Koski summarizes the activities of the Finnish National Theatre as a cultural factor and as a part of the Finnish theatre field during 1970s and 1980s Alongside this he examines the general requirements resources and structures for activity including artists places geographical position performances and the analysis on the societal conditions This book will be of great interest to scholars and students of European theatre and history

## Whispering the Strategies of Language: An Psychological Journey through **Irreverent Acting**

In a digitally-driven earth wherever monitors reign great and quick transmission drowns out the subtleties of language, the profound strategies and mental nuances concealed within words often go unheard. Yet, situated within the pages of **Irreverent Acting** a charming fictional treasure blinking with raw thoughts, lies an exceptional journey waiting to be undertaken. Composed by a talented wordsmith, that wonderful opus attracts visitors on an introspective trip, delicately unraveling the veiled truths and profound impact resonating within ab muscles material of every word. Within the mental depths with this poignant review, we shall embark upon a honest exploration of the book is core subjects, dissect its captivating publishing style, and fail to the effective resonance it evokes strong within the recesses of readers hearts.

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## **Irreverent Acting Introduction**

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