Faster Reading Self-Taught

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The Science of Self-Learning Peter Hollins,2019-03-09 How to learn effectively when you have to be both the teacher and student Work smarter and save yourself countless hours Self learning is not just about performing better in the classroom or the office It s about being able to aim your life in whatever direction you choose and conquering the obstacles in front of you Replicable methods and insights to build expertise from ground zero The Science of Self Learning focuses not only on learning but what it means to direct your own learning Anyone can read a book but what about more You will learn to deconstruct a topic and then construct your own syllabus and plan Gathering information initial research having a dialogue with new information unlock these skills and you will unlock your life Make complex topics painless and less intimidating to approach and break down Peter Hollins has studied psychology and peak human performance for over a dozen years and is a bestselling author He has worked with a multitude of individuals to unlock their potential and path towards success His writing draws on his academic coaching and research experience Develop habits and skills to fulfill your career or hobby goals Understand the learning success pyramid and how self regulation and confidence impact learning How to stay motivated in tedious and tiring learning The SQ3R Method and conversing with information   *Faster Reading Self-taught* Harry Shefter,1958   **Effective Reading [kit]** Xerox Learning Systems,1979   *Accelerated Learning: Learn 10x Faster, Improve Memory, Speed Reading, Boost Productivity & Transform Yourself Into A Super Learner* Trustgenics, If you ve always wanted a simple way to learn faster and improve your memory but find learning difficult then keep reading Do you feel like you spend a lot of time easily distracted on things other than what you re meant to really be focusing on Have you ever tried learning something new only to forget the information as fast as you read it Would you like to improve your brain s ability to learn You see learning and improving your memory doesn t have to be difficult Even if you ve tried other solutions which didn t work before In fact it s easier than you think This is the power of Accelerated Learning Accelerated learning programs are one of the fastest growing transformations in higher education For four consecutive semesters it has doubled the number of writers who succeed in passing first year compositions Accelerated learning fills a much needed role for nontraditional learners Which means you can learn faster and improve your memory without tedious hours of practice every day Inside this book are powerful learning techniques that will drive an exponential growth in your career business and personal life Here s just a tiny fraction of what you ll discover Make Learning Painless Exciting Habitual Fun Learn Anything At 10x The Speed Optimise Your Strengths Build Up Your Weaknesses Boost Productivity With a Step by Step Blueprint Filter The Junk To Give You A Laser Focus Optimal Brain States For Learning The Surprising Truth About Multitasking Learning Techniques Used by Steve Jobs Salvador Dali Leonardo DaVinci Many More Double Your Reading Speed Read Books Even Faster Absorb Info Like A Human Sponge and much much more Are you ready to accept the challenge to become the best

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