



# John Muir Trail

**Elizabeth Wenk**



## **John Muir Trail:**

John Muir Trail Elizabeth Wenk, Morey Kathy, 2010-11 The new edition of this Sierra classic has been completely updated and meticulously describes the entire trail The book includes GPS coordinates for every junction has separate descriptions for northbound and southbound hikers and shows elevations and distance *Guide to the John Muir Trail* Thomas Winnett, Kathy Morey, 1998 On the legendary John Muir Trail you pass through a land of 14 000 foot peaks deep canyons massive granite walls and sparkling lakes Here s the best guide to this 211 mile hiking wonderland written by two of WP s most venerable authors **John Muir Trail** Elizabeth Wenk, 2014-06-03 Elizabeth Wenk s authoritative guide describes the 212 mile John Muir Trail running from Yosemite Valley to the summit of Mt Whitney John Muir Trail provides all the necessary planning information including up to date details on wilderness and permit regulations food resupplies trailhead amenities and travel from nearby cities Useful essentials are updated GPS coordinates and maps for prominent campsites along with an updated list of sites along the trail trail junctions bear boxes and other points of interest The trail descriptions also include natural and human history to provide a workout for both body and mind a must have for any Muir Trail enthusiast Note that the text includes the southbound trail description while the full guide with the northbound description is available as a separate ebook product John Muir Trail: South to North edition Elizabeth Wenk, 2014-08-01 This is a complete digital only South to North edition of the best selling John Muir Trail Lizzy Wenk s authoritative guide describes the 212 mile John Muir Trail running from the summit of Mt Whitney to Yosemite Valley It provides all the necessary planning information including up to date details on wilderness and permit regulations food resupplies trailhead amenities and travel from nearby cities Useful essentials are updated GPS coordinates and maps for prominent campsites along with an updated list of sites along the trail trail junctions bear boxes and other points of interest The trail descriptions also include natural and human history to provide a workout for both body and mind a must have for any Muir Trail enthusiast **Day & Section Hikes: John Muir Trail** Kathleen Dodge Doherty, Jordan Summers, 2017-05-22 Declared as one of the top five hiking trails on the planet by National Geographic s Adventure magazine the John Muir Trail JMT runs a spectacular 211 miles from fabled Yosemite Valley to the foot of Mount Whitney the tallest peak in the lower 48 Along the way from Yosemite the JMT takes in Kings Canyon and Sequoia national parks the Inyo National Forest and the Devils Postpile National Monument The only way to experience this world class trail is by foot and this new edition of Day and Section Hikes John Muir Trail by Kathleen Dodge and Jordan Summers is here to guide you the entire way whether you re out for one of the day hikes for a few days on a section hike or tackling the entire trail The section hiking chapter includes user friendly information on coordinating transit detailed altitude profiles where to stay how to prepare and more therefore it appeals to a wider variety of readers than the current thru hiking guides on the market Each hike contains four key elements to help readers plan and enjoy the perfect trip GPS based trail maps GPS based elevation profiles directions to the trailhead trail descriptions

**The Getaway Guide to the John Muir Trail** Guy Saperstein, 2005 Written with panache and humor Saperstein inspires hikers of all ages to tackle the grand and glorious route pioneered by the Sierra Club founder The book offers practical advice for neophytes and experienced hikers alike as well as first class reading for armchair adventurers This book is the first in a series of guides to great American trails

**Discovering the John Muir Trail** Damon Corso, 2018-05-30 From beginners to thru hikers Discovering the John Muir Trail has something for anyone that wants a connection with what Backpacker Magazine has called The best hike in the world Taking on the JMT is a pilgrimage because of both its beauty and accessibility Let Damon Corso guide you across the best trails that the John Muir Trail has to offer Complete with full color photography of the Sierra Nevada Mountains from acclaimed photographers like Galen Rowell and Jimmy Chin you'll also have hikes suited to every ability mile by mile directional cues sidebars and maps

[John Muir Trail Data Book](#) Elizabeth Wenk, 2022-08-09 Get this condensed version of the guidebook John Muir Trail featuring only the data sections perfect for the pack weight conscious hiker or backpacker Mileages campsites and resupply data this light weight and efficient data book strips away the author's trail descriptions and natural history information and presents the essential data for the 220 mile John Muir Trail JMT from Yosemite Valley to Mount Whitney and onward to Whitney Portal Whether you're hiking the entire JMT or just sections of it your first step begins with this guide by Sierra Nevada expert Elizabeth Lizzy Wenk The cut to the chase handbook splits the trail into 13 sections Each section offers easy to read maps and tables of data giving you the details you need to design your own trip in advance or as you explore the JMT Inside you'll find Trail junction locations and distances between junctions for southbound and northbound routes Comprehensive table of campsites Elevation profiles for each section Maps of Yosemite Valley Tuolumne Meadows and Lone Pine 17 topographic maps plus panoramic photographs Pre trip planning information about food resupplies transportation and permits This abbreviated version of John Muir Trail The Essential Guide to Hiking America's Most Famous Trail is designed to lighten your pack while providing everything you need to know along the way

*Almost Somewhere* Suzanne Roberts, 2023-10 This updated edition of a month long backcountry trip on the John Muir Trail is part memoir part nature writing and part travelogue

[The John Muir Trail](#) Alan Castle, 2015-03-20 A guidebook to trekking the John Muir Trail JMT from Happy Isles in Yosemite Valley to the summit of Mount Whitney and onto the trailhead at Whitney Portal Covering 348km 216 miles this long distance trek through the Sierra Nevada mountains of California takes around 3 weeks to hike and is suitable for hikers with experience in remote high mountain wilderness The route is described from north to south in 21 stages each between 11 and 26km 7 16 miles An optional ascent of Half Dome is also included which involves some easy scrambling and requires a good head for heights Sketch maps included for the route Ascent descent and distance tables included for all stages Lists of camp areas ranger stations and bear box locations Advice on trekking permits transport to and from the trailheads equipment food and supplies training Route travels through 3 national parks Yosemite Kings Canyon and Sequoia

**Day and Section Hikes: John**

**Muir Trail** Kathleen Dodge Doherty, 2007-04-27 The John Muir Trail runs a spectacular 211 miles from Yosemite Valley to the foot of Mount Whitney crossing through Kings Canyon and Sequoia national parks the Inyo National Forest and the Devils Postpile National Monument This guide has descriptions for six day hikes five overnight hikes and the entire trail in six sections and includes transit and lodging information altitude profiles a GPS based trail map and ratings for scenery trail condition difficulty accessibility for children and solitude      **John Muir Trail** Elizabeth Wenk, Kathy Morey, 1978      The John Muir Trail Don Lowe, Roberta Lowe, 2001-03 Distributed by the University of Nebraska Press for Caxton Press Nowhere does magnificent scenery a vast network of interconnecting trails and beneficent weather come together so gloriously as in the High Sierra of California This guide includes detailed maps showing trails campsites and contours with descriptive text and many photos      **Day and Section Hikes: John Muir Trail** Kathleen Dodge, 2011-11-13 The John Muir Trail runs a spectacular 211 miles from Yosemite Valley to the foot of Mount Whitney crossing through Kings Canyon and Sequoia national parks the Inyo National Forest and the Devils Postpile National Monument This guide has descriptions for six day hikes five overnight hikes and the entire trail in six sections and includes transit and lodging information altitude profiles a GPS based trail map and ratings for scenery trail condition difficulty accessibility for children and solitude      **Plan and Go - John Muir Trail (2ndEd)** Gerret Kalkoffen, 2016-12-08 In response to the ever increasing popularity of the JMT this fully updated 2nd edition offers a more comprehensive overview of available permit options and reservation procedures as well as alternate trail access and exit points It also includes detailed descriptions of popular JMT section hikes that can be completed in a week or less Plan Go John Muir Trail is the ultimate guide to hiking America's most renowned long distance trek between Yosemite Valley and Mt Whitney In a clear and concise manner the book illustrates the highlights and unique characteristics of the JMT and provides details on all essential planning topics to save you time and effort with your own preparations Supported by step by step instructions and first hand recommendations you will be well equipped and feel more confident about completing this memorable adventure in the California Sierra Nevada The book provides answers to the following questions and more How do I prepare for the JMT When is the best time to go How many days will it take me What is the best permit strategy Where can I send my resupply What kind of gear works best How do I get there and back In addition Plan Go John Muir Trail offers practical advice on athletic training which food to pack and in what quantities how to select appropriate gear and various other essentials for the trail The book further includes detailed elevation profiles of the trail along with an overview of popular multi day section hikes to help you create an itinerary that best suits your personal preferences The wealth of facts and figures is topped off with the entertaining and motivating account of the author's own 15 day JMT trek amidst the breathtakingly beautiful High Sierra peaks      **Guide to the John Muir Trail and the High Sierra Region** Walter A. Starr (Jr.), 1970      *John Muir Trail Pocket Atlas* Erik Asorson, 2020-05-15 The John Muir Trail is a 210 mile long hiking trail that runs from Yosemite Valley to Mount Whitney in the Sierra Nevada mountains of central

California This Pocket Atlas includes detailed maps and trip planning information for the entire John Muir Trail and popular side trails      *Discovering the John Muir Trail* Damon Corso,2018 From beginners to thru hikers Discovering the John Muir Trail has something for anyone that wants a connection with what Backpacker Magazine has called The best hike in the world Taking on the JMT is a pilgrimage because of both its beauty and accessibility Let Damon Corso guide you across the best trails that the John Muir Trail has to offer Complete with full color photography of the Sierra Nevada Mountains from acclaimed photographs like Galen Rowell and Jimmy Chin you ll also have hikes suited to every ability mile by mile directional cues sidebars and maps      *Weathered* Christy Teglo,2021-08-31 Why are you hiking the John Muir Trail solo You ve never backpacked before how are you going to hike the entire John Muir Trail These were the two most common questions that Christy was asked by her coworkers in Corporate America They were legitimate questions Christy couldn t put into words the reason she needed to hike more than 220 miles in the California High Sierra Mountains but her gut told her that she needed to After spending six months preparing by hiking reading books and watching documentaries Christy began hiking the world famous trail on August 31 2016 southbound Throughout her journey Christy encountered dry creek beds making a wrong turn a hail storm freezing temperatures trail friends incredible views and experiences that would change her life Hiking over ten mountain passes gave Christy a lot of time to think about her nine year marriage that was falling apart gave her time to make new friends and gave her the strength she needed off the trail This is one woman s account of the three weeks she spent on the iconic trail      **Guide to the John Muir Trail** Thomas Winnett,1984

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