

A 9to5 GUIDE

The

Job/Family Challenge

NOT FOR WOMEN ONLY

- ▶ Negotiating family leave and a flexible schedule
- ▶ Finding dependable child care or elder care
 - ▶ Sharing the work at home
- ▶ Changing corporate and public policies

Ellen Bravo

Executive Director of 9 to 5, National Association of Working Women

Job Family Challenge A 9 To 5 Guide

Annelies Wilder-Smith



Job Family Challenge A 9 To 5 Guide:

Working 9 to 5 Ellen Cassedy, 2022-09-06 A must read for any activist or reader in search for a piece of inspiration Liz Shuler president AFL CIO 2022 Sarton Awards Finalist for Memoir 2023 Independent Publisher Book Awards Gold Medalist Women s Issues category 9 to 5 wasn t just a comic film it was a movement built by Ellen Cassedy and her friends Ten office workers in Boston started out sitting in a circle and sharing the problems they encountered on the job In a few short years they had built a nationwide movement that united people of diverse races classes and ages They took on the corporate titans They leafleted and filed lawsuits and started a woman led union They won millions of dollars in back pay and helped make sexual harassment and pregnancy discrimination illegal The women office workers who rose up to win rights and respect on the job transformed workplaces throughout America And along the way came Dolly Parton s toe tapping song and a hit movie inspired by their work Working 9 to 5 is a lively informative firsthand account packed with practical organizing lore that will embolden anyone striving for fair treatment

The Job/Family Challenge Ellen Bravo, 1995-05 This practical guide for persons with both a full time job and family responsibilities provides advice for easing the burden of conflicting demands including how to get help from employers family public officials and unions From publisher description **Workers in America** Robert E. Weir, 2013-01-08 This encyclopedia traces the evolution of American workers and labor organizations from pre Revolutionary America through the present day In 2001 Robert E Weir s two volume Historical Encyclopedia of American Labor was chosen as a New York Public Library Best in Reference selection Weir recently revised this groundbreaking resource resulting in content that is more accessible comprehensive and timely The newest edition Workers in America A Historical Encyclopedia features updated entries recent court cases a chronology of key events an enriched index and an extensive bibliography for additional research This expansive encyclopedia examines the complete panorama of America s work history including the historical account of work and workers the social inequities between the rich and poor violence in the Labor Movement and issues of globalization and industrial economics Organized in two volumes and arranged in A Z order the 350 entries span key events collective actions pivotal figures landmark legislation and important concepts in the world of labor and work *A Workable Balance* United States. Commission on Family and Medical Leave, 1996

Working Mother , 1996-02 The magazine that helps career moms balance their personal and professional lives

Sisterhood Is Forever Robin Morgan, 2007-11-01 Thirty years after Robin Morgan s groundbreaking anthology Sisterhood Is Powerful named by The American Librarians Association one of The 100 Most Influential Books of the Twentieth Century comes this landmark new collection for the twenty first century Sisterhood Is Forever with over 60 original essays Morgan commissioned from well known feminist leaders plus energetic Gen X and Y activists is a composite mural of the female experience in America where we ve been where we are where we re going The stunning scope of topics ranges from reproductive health and environmental issues to workplace inequities and the economics of women s unpaid

labor from globalization to the politics of aging from cyberspace violence against women and electoral politics to spirituality the law the media and academia The deliberately audacious mix of contributors spans different generations races ethnicities and sexual preferences CEOs housewives rock stars farmers scientists prostituted women politicians women in prison firefighters disability activists artists flight attendants an army general an astronaut an anchorwoman even a pair of teens who edit a girls magazine Each article celebrates the writer s personal voice her humor passion anger and the integrity of her perspective while offering the latest data on women s status political analysis new how to tools for activism and visionary yet practical strategies for the future strategies needed now more than ever Robin Morgan s own contributions are everything her readers expect prophetic powerfully argued unsentimentally lyrical From her introduction The book you hold in your hands is a tool for the future a future also in your hands Edna Acosta Bel n Carol J Adams Margot Adler Natalie Angier Ellen Appel Bronstein Mary Baird Brenda Berkman Christine E Bose Kathy Boudin Ellen Bravo Vednita Carter Wendy Chavkin Kimberl Crenshaw Gail Dines Paula DiPerna Helen Drusine Andrea Dworkin Eve Ensler Barbara Findlen Mary Foley Patricia Friend Theresa Funiciello Carol Gilligan Sara K Gould Ana Grossman The Guerrilla Girls Beverly Guy Sheftall Kathleen Hanna Laura Hershey Anita Hill Florence Howe Donna M Hughes Karla Jay Mae C Jemison Carol Jenkins Claudia J Kennedy Alice Kessler Harris Clara Sue Kidwell Frances Kissling Sandy Lerner Suzanne Braun Levine Barbara Macdonald Catharine A MacKinnon Jane Roland Martin Debra Michals Robin Morgan Jessica Neuwirth Judy Norsigian Eleanor Holmes Norton Grace Paley Emma Peters Axtell Cynthia Rich Amy Richards Cecile Richards Carolyn Sachs Marianne Schnall Pat Schroeder Patricia Silverthorn Eleanor Smeal Roslyn D Smith Gloria Steinem Mary Thom Jasmine Victoria Faye Wattleton Marie Wilson Helen Zia

Women's Rights in the United States Tiffany K. Wayne, 2014-12-09 A comprehensive

encyclopedia tracing the history of the women s rights movement in the United States from the American Revolution to the present day Few realize that the origin of the discussion on women s rights emerged out of the anti slavery movement of the 19th century and that suffragists were active in the peace and labor movements long after the right to vote was granted Thus began the confluence of activism in our country where the rights of women both followed and led the social and political discourse in America Through 4 volumes and more than 800 entries editor Tiffany K Wayne with advising editor Lois Banner examine the issues people and events of women s activism from the early period of American history to the present time This comprehensive reference not only traces the historical evolution of the movement but also covers current issues affecting women such as reproductive freedom political participation pay equity violence against women and gay civil rights

Family Disintegration Anton Purcell, 2002 The contemporary family is being distracted disturbed and distraught by societal pressures from every direction The nuclear family concept believed crucial to child rearing is becoming pass according to census data Or has the wave of disruption to families crested It is hoped that this bibliography will serve as a useful tool to researchers seeking further information on families and the pressures being exerted upon them in the 21st

century Work and Family in America Leslie Stebbins, 2001-08-13 Surveying current research findings social trends and public controversies Work and Family in America examines the changing cultures of the workplace family and home Once viewed as a women and day care problem work family now encompasses a vast and complex set of issues Eldercare Fatherhood Telecommuting Pay equity Employee productivity and retention Feminism Child care and childcare development Youth violence Welfare Nontraditional families and family values This extensive overview of this burgeoning field includes everything from a detailed history and statistics comparing trends in the United States and abroad to key legislation and legal cases It gives biographical sketches of well known activists like Betty Friedan Arle Hothschild and Rosabeth Moss Kanter Lesser known advocates like James A Levine director of the Fatherhood Project at the Family and Work Institute and MIT professor Lotte Bailyn who believes work should be organized around tasks not time are also included **Catching a Wave** Rory Dicker, Alison Piepmeier, 2016-02-01 Young women today have benefited from the strides made by grassroots social activists in the 1960s and 1970s yet they are hesitant to identify themselves as feminists and seem apathetic about carrying the torch of older generations to redress persistent sexism and gender based barriers Contesting the notion that we are in a post feminist age this provocative collection of original essays identifies a third wave of feminism The contributors argue that the next generation needs to develop a politicized collective feminism that both builds on the strategies of second wave feminists and is grounded in the material realities and culture of the twenty first century Organized in five sections that mirror the stages of consciousness raising this is an engaging often edgy look at a broad range of perspectives on the diversity complexity multiplicity and playfulness of the third wave It is also a call to action for new voices to redefine a feminism that is not only personally aware but also politically involved *9 to 5 Newsline*, 1997 **Office Worker Update**, 1995 Feminists Who Changed America, 1963-1975 Barbara J. Love, 2006-09-22 Documenting key feminists who ignited the second wave women s movement Barbara J Love s Feminists Who Changed America 1963 1975 will be the first comprehensive directory to document many of the founders and leaders including both well known and grassroots organizers of the second wave women s movement It tells the stories of more than two thousand individual women and a few notable men who together reignited the women s movement and made permanent changes to entrenched customs and laws The biographical entries on these pioneering feminists represent their many factions all parts of the country all races and ethnic groups and all political ideologies Nancy Cott s foreword discusses the movement in relation to the earlier first wave and presents a brief overview of the second wave in the context of other contemporaneous social movements The Work-Family Challenge Suzan Lewis, Jeremy Lewis, 1996-09-28 In The Work Family Challenge contributors from the United Kingdom Europe and the United States explore the possibilities of challenging traditional employment structures to take account of contemporary work and family realities They take a critical look at the notion of family friendly employment and explore ways in which the rapidly changing needs of both organizations and the workforce can be met The volume argues

that real progress requires moving the focus from specific policies and practices towards more systemic organizational change. It examines the contexts and opportunities global international national sociopolitical legal and economic for this change. The book concludes that positive solution

Couples Therapy Linda Berg Cross, 2013-12-16 Harness the power of an integrative approach to couples counseling. Why do marriages fail? The behaviorist or cognitive therapist explains that unhappy couples have self-defeating ways of thinking about their spouses and themselves. The sociologically oriented counselor points to the impact of social trends and dramatic changes in child rearing and social expectations. A therapist oriented toward psychodynamics or systems theory sees the destructive patterns of childhood replayed in the marriage with spouses taking on rigid roles. The pastoral or humanist counselor believes that partners who cannot experience self-fulfillment through commitment and trust will feel less love and grow more and more disconnected. **Couples Therapy Second Edition** brings together all these points of view to make a unified whole. This integrative approach proposes a new model of successful marriage based on four cornerstones: resiliency, social support, adaptability, and self-fulfillment. Weaving together theory and research, **Couples Therapy Second Edition** explores how common issues can lead to trouble in relationships. It suggests specific interventions so therapists can teach clients to deal with such problem areas as anger management, domestic violence, depression, anxiety, parenting conflicts, in-laws, work pressures, and sexual dissatisfaction. **Couples Therapy Second Edition** offers a sound theoretical framework as well as practical ideas. Through clinical vignettes and up-to-date research, it makes the common conflicts and developmental stages of marriage so understandable that it can be profitably read by clients as well as counselors. Its invaluable resources for the couples therapist include end-of-chapter professional development questions, therapeutic exercises, answers to frequently asked professional and ethical questions, intervention suggestions for the therapist, self-assessment questionnaires, book and video recommendations on each chapter topic. Written in clear, readable prose, **Couples Therapy Second Edition** offers practical help for the experienced clinician as well as theoretical overviews for the counselor in training.

Work and Family Nancy Arbuckle, A. Marie McNaughton, BC Council for Families, 1999

News-makers News-makers, 1999

International Labour Documentation International Labour Organization. Central Library and Documentation Bureau, 1996

Work in America [2 Volumes] Carl E. Van Horn, Herbert A. Schaffner, 2003 The first comprehensive analysis of work and the workforce in the United States from the Industrial Revolution to the era of globalization. This comprehensive two-volume reference book is the first to analyze the central role of work and the workforce in U.S. life from the Industrial Revolution through today's information economy. Drawing on a variety of disciplines: economics, public policy, law, human and civil rights, cultural studies, and organizational psychology, its 256 entries examine key events, concepts, institutions, and individuals in labor history. Entries also tackle tough contemporary questions that reflect the conflicts inherent in capitalism: What is the impact of work on families and communities? On minority and immigrant populations? How shall we respond to changing work roles and the growing influence

of the transnational corporation Work in America describes and evaluates attempts to address social and class issues affirmative action occupational health and safety corporate management science and trade unionism and organized labor and offers the kind of comprehensive understanding needed to discover workable solutions 256 A Z entries on topics ranging from Amazon com to income gaps and wages An impressive array of expert contributors representing labor history labor economics labor law welfare and social policy human resource management women s history media studies political science workforce development and employment policy Extensive historiography of U S labor and industrial relations End of entry bibliographies of references for further research Leadership for Change Ann Vail,2000

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