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# **Getting Control Of Your Inner Self**

**Ronnie Jerome Dufeal** 

#### **Getting Control Of Your Inner Self:**

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The Lost Teachings of Atlantis Jon Peniel, 1997-07-06 This is the account of an American teenager who discovered a monastery in Tibet that was the inspiration for the legend of Shangri La It might be categorized as a new age or philosophy book like the Celestine Prophecy since it focuses on his spiritual training and their teachings in a novel like format Hard to believe but interestingly the sub tropical region amongst the Himalayas that he describes finding was later documented by explorers from National Geographic then covered up there is still evidence of this Also interesting is that the author was apparently mentioned in the Edgar Cayce readings the famous American psychic whose books have sold millions of copies as someone who would one day bring an important message to the world The Psychic Highway: Explore Your Innerself Pasquale De Marco, 2025-07-26 Embark on a profound journey of self discovery and unveil the hidden powers within you The Psychic Highway Explore Your Innerself is an enlightening guide to the enigmatic realm of psychic abilities inviting you to explore the depths of your consciousness and unlock your innate potential Within these pages you will discover the secrets of the psychic senses learning to harness your intuition clairvoyance and clairaudience Master the art of psychic protection shielding yourself from negative energies and maintaining a harmonious energy balance With dedication and practice you will develop your psychic abilities opening yourself up to a world of limitless possibilities. This transformative exploration delves into the fascinating world of past lives and spirit guides revealing the profound connections that shape your present existence Learn to communicate with your spirit guides seeking their wisdom guidance and support Uncover the hidden lessons and experiences of your past lives gaining a deeper understanding of your purpose and potential Navigate the wonders of psychic dreams and astral travel venturing beyond the confines of the physical body to explore other dimensions and realms of consciousness Induce and control lucid dreams unlocking the secrets of the subconscious mind Master the art of astral projection journeying to distant realms and connecting with otherworldly beings With The Psychic Highway Explore Your Innerself you will embark on a transformative journey of self discovery unlocking the psychic powers within you and embracing the boundless potential of your being Embrace the unknown cultivate your psychic abilities and step into a world of wonder and enlightenment If you like this book write a review The Secret to Getting Along (And Why It's Easier Than You Think) Gabrielle Hartley, 2023-05-16 Named as a Next Big Idea Club Must Read Is it possible to get along better Yes with 3 simple steps for conflict resolution Conflict is everywhere in our homes at work on our social media feeds But conflict isn t inherently bad in fact it s a normal and healthy part of human relationships but many of us aren t good at managing conflict in our everyday lives In The Secret to Getting Along And Why it's Easier Than You Think attorney Gabrielle Hartley brings more than two decades of divorce mediation experience to helping you learn how to resolve conflict in ways that strengthen your relationships reflect your values and lead to positive outcomes for everyone involved This practical and accessible guide

to everyday conflict resolution will help you Reframe your approach to conflict Find your way to more harmony and less discord Create better outcomes even in your most difficult relationships Experience more peace even when relationships don t go well Strengthen your skills in resolving conflicts of all shapes and sizes Feel more connected to the important people in your life Whether you re fighting with your partner about housework struggling to set boundaries with a difficult family member or dealing with a toxic coworker The Secret to Getting Along And Why It's Easier Than You Think is a necessary resource for navigating difficult conversations and situations and finding the solutions that will help you create a peaceful **Controlling Your "Ace"** Lady Byrd, 2015-01-13 You heard the saying one must play less stressful and more fulfilling life the hand theyve been dealt If this is the case then it is crucial to know what card game you are playing in order to play the game When playing the game of Spades you will certainly want to count your Aces as books and you want to count correctly to make sure you do not renege or get set during the game This also applies in life with your ACE You want every aspect of your ACE to count when dealing with circumstances in your daily life You must use the ACE that you have in the deck as a means to a win However this ACE is more than just a card it is your ATTITUDES COMMENTS AND YOUR EMOTIONS Journey into the world of controlling your ACE as it illustrates how your ACE makes all the difference in life Be transformed by the renewing of your mind and attitude Rom 12 2 Your blessings is greatly influenced by what you think Your ATTITUDE commands the attention of your audience your COMMENTS sends out the commands of your day and your EMOTIONS orchestrates the peace In this book you will learn how to control your ACE so that you can get the best out of life and live in Get Your Shit Together Christa Speicher, 2024-09-18 Does your life feel like you re on a hamster Gods best for you wheel where no matter what you try to change you find yourself in the same situation getting the same results Have you struggled with relationships jobs love money your weight and self confidence Are you ready to make changes that last and finally get your shit together for good If it helps it really isn t your fault Your subconscious programming has been running your life regardless of what you have tried to accomplish through willpower If you re ready to dive in and find the real you under the layers of all that bullshit then join me on this journey into understanding why we do dumb shit and how to break the cycle for good Learn how to make changes that last so you can finally get your shit together and create the life you truly desire and deserve *Live the Adventure* Steve Wingfield, 2001-02-11 There is a new hunger for spirituality today People are looking for answers and for a deeper more true encounter with God Live the Adventure helps new believers learn about the kingdom of God and the basics of the Christian faith After accepting Christ's invitation to eternal life through Jesus Christ readers will learn about the foundations of the Christian life Bible reading living a Spirit filled life and growing in the love of God They will be encouraged to live out their faith by becoming a part of the work of God in the local church and through evangelism Wingfield encourages new Christians in their excitement of knowing God and helps them live out their new found faith Live the Adventure also challenges longtime believers to renew their faith and deepen into a more mature and fulfilling

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Hanna, 2013-11-15 Do you find yourself unable to guit that nasty habit If so your troubles are over the moment you pick up this book and commit to the lifestyle it teaches Good luck and stay strong We ll see you tomorrow Collage Of life Sana Moazzam, 2024-02-01 Collage of Life is a meticulously selected and thoughtfully curated collection of literary works each one chosen to showcase the unique experiences perspectives and diverse backgrounds of every author The pieces within this book have been carefully arranged to create a captivating and inspiring collage of life designed to take readers on a journey through a wide range of emotions and experiences The Happiness Secret Steve Wood, 2014-11-13 As with healthy eating and exercise habits developing healthy happiness habits is something we should all be doing But what golden key unlocks the door to a deeper understanding of the human psyche What key costs nothing and yet provides an effective and doable solution What key could become as integral a part of your everyday life as breathing In The Happiness Secret author Steve Wood gives you the tools required for discovering and eradicating the causes of your unhappiness He reveals one of life s most profound secrets the secret to uncovering what s already within you the ultimate state of being that which in itself is all empowering and facilitates the only enduring solution to your personal inner happiness. 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