

POUSSINS STUFFED WITH RICE



Tender young poussins make a feast for four. These are stuffed with rice and red pepper, roasted, then topped with melting slices of Gruyère. Allow one per person.

RECIPES

PREPARATION TIME: 15 mins
Cooking time: 1 hour
Serves 4

INGREDIENTS

- 4 oven-ready poussins
- SALT AND GROUND BLACK PEPPER
- 100 g (3½ oz) GRUYÈRE CHEESE
- 100 g (3½ oz) COOKED RICE
- 2 Tbsp PESTO PASTE
- 1½ Tbsp RED PEPPER, CHOPPED AND DRIED
- 2 Tbsp OIL
- WATERCRESS, TO GARNISH
- GRAPES, TO GARNISH



3 Break the poussins thoroughly with oil. Roast for 1 hour. Lay the slices of cheese over the top of the birds 5 minutes before they are done. Serve on a platter, garnished with sprigs of watercress and grapes.

PROF'S TIP

GRUYÈRE IS AN EXCELLENT MELTING CHEESE but if you can't find any, use Gouda instead.



SERVE WITH STEAMED BROCCOLI AND MASHED POTATOES. If you want to serve with gravy, stir 2 Tbsp flour into the stock and add the stock a moderate heat until the gravy is thick. Season with salt and pepper. Add a knob of butter and whisk lightly.



1 Rub the poussins inside and out then season. Slice half the cheese and dice the remainder.



2 Preheat the oven to 180°C (375°F) Gas 5. Mix the ground cheese, rice, pesto paste and pepper together. Spoon the mixture into each poussin.

Leiths Confident Cooking

AAA Publishing



Leiths Confident Cooking:

Confident Cooking Prue Leith, 1990* Leith's Confident Cooking Leith, 1993 The reputation of Prue Leith and of Leith's School of Food and Wine for superb accurate and thoroughly tested recipes is second to none This book contains more than 300 recipes in eight easy to follow sections Soups and Starters Fish and Shellfish Poultry and Game Birds Meat Vegetarian Salads and Side Dishes Desserts and Baking They include traditional dishes such as Roast Pork with Apple Cups healthy new recipes like Saffron Mussels with Pasta and food from all over the world like Paella and Chicken Piri Piri All are illustrated with clear colour photography showing every step and the finished dish **The International Who's Who of Women** 2002 Elizabeth Sleeman, 2001 Over 5 500 detailed biographies of the most eminent talented and distinguished women in the world today *Waitrose Food Illustrated* , 2009-07 **Cooking School** Prue Leith, 1985 A completely structured course to perfect your cooking skills Jacket subtitle The Modern Spice Rack Esther Clark, Rachel Walker, 2023-04-13 The Modern Spice Rack is an insightful guide to the most common spices in our cupboards and offers up how to best make use of them in delicious recipes Spices have historically been a tricky ingredient They're prevalent in everyone's kitchens but too often are underused stored badly and kept years beyond their best before date There's the perceived alchemy of making a curry from scratch and the stringent marrying of certain spices to specific cuisines This cookbook encourages liberal creative and everyday use a well timed pinch to elevate a dish with a focus on great taste rather than being tethered to tradition Colourful introductions give context to lesser known spices and provide new insights into more familiar varieties and the global taste led recipes will have readers cooking more confidently with spices *Dictionary of International Biography ...* , 2003 A biographical record of contemporary achievement together with a key to the location of the original biographical notes *The British National Bibliography* Arthur James Wells, 2006 **Kitchen Secrets** Frances Short, 2006-08-07 This book explores the thoughts values and opinions of home cooks their practices and experiences and the skills and knowledge they use to prepare and provide food It provides new and challenging ways of thinking about cooking examining and often contesting commonly held beliefs and theories about the role of practical cookery lessons dinner parties as showcases for culinary flair and the negative effect of convenience foods on home cooking and kitchen skills **Country Life Illustrated** , 2009 *The Publishers Weekly* , 1997 *Choral Society* Prue Leith, 2009-04-28 When Lucy and Rebecca agree to help the shy Joanna overcome stagefright during their choral class an unlikely friendship develops among the three And soon enough the lessons turn to matters of the heart Lucy has been recently widowed and now faces the loss of her old fashioned food column Rebecca is a flighty single mother with a voracious sexual appetite and Joanna is a hard charging businesswoman who comes home nightly to an empty house From acclaimed writer Prue Leith comes a delightful novel that proves it's never too late for a lesson in life and love *The Prodigal Daughter* Prue Leith, 2016-09-15 Emotional family saga following the Angelotti food dynasty from household name Prue Leith Perfect for fans of Penny Vincenzi and Barbara Taylor Bradford A

new generation It is 1968 Angelica Angelotti has grown up in her parents Italian restaurant Now she is striking out on her own in Paris There she falls in love with her charismatic but unpredictable cousin Mario A fresh challenge Navigating a blossoming career from the Savoy hotel to the world of television alongside an increasingly toxic relationship proves impossible The offer to run the pub on her family's estate as a restaurant seems like the perfect escape Chorlton has called her home A brighter future Soon she has a thriving business and even the chance of a new love But when Mario reappears determined to win her back will Angelica be able to hold on to everything she's sacrificed so much for

A Century of British Cooking Marguerite Patten, 2015-07-19 Britain's beloved first minister of food offers a decade by decade survey of the rich culinary traditions of her home country Marguerite Patten OBE has written over 160 cookery books sales of which amount to over 16 million worldwide Her long and distinguished career which began before the war has included regular appearances on radio and television live and televised cookery demonstrations lectures as well as extensive journalism and authorship of books and cookery cards Marguerite is one of Britain's best known and loved cookery writers and has often been described as England's Cookery Queen Ainsley Harriott dubbed her the cookery icon of our times Her Century of British Cooking pulls together her life's work with over 200 recipes and is truly an important work of culinary history Each chapter covers one decade of the twentieth century giving both history and recipes The entire book is illustrated throughout in color and black and white This book is a marvelous survey of how much and how fast a food culture can change I do encourage you to pick up a copy for the details from 1950 on It's a fascinating story and it just may make you appreciate living in the here and now

Cooking by the Book **Lord Berners** Sam Leith, 2012-10-04 Here lies Lord Berners One of life's learners Thanks be to the Lord He was never bored So reads the epitaph on the gravestone of Lord Berners In its witty way it hints at his range of accomplishment He was a composer admired by Stravinsky writer painter aesthete and eccentric indeed in Mark Amory's words The Last Eccentric famously dyeing the pigeons at his house Faringdon in vibrant colours and for a time having a giraffe as a pet and tea companion His literary and artistic milieu was glittering Stravinsky Picasso Salvador Dali Siegfried Sassoon John Betjeman the Sitwells Harold Nicolson Frederick Ashton and Gertrude Stein they all belonged to it In fiction he was famously portrayed as Lord Merlin in Nancy Mitford's The Pursuit of Love As social history and a chronicle of a mad cap English eccentric this long awaited much needed and beautifully written book is to use a simple cliché indispensable

Alexander Waugh Literary Review In Amory this engaging character has found the ideal biographer Getting the exact measure of its subject throughout written in a dry wittily ironic prose the biography offers of sheer bliss Gilbert Adair Sunday Times

Decanter, 2004-10 **Scotland** AAA Publishing, 2005-07 More than 200 pages of slick graphics spectacular photographs color coded locator maps and engaging prose written by experts make the Scotland Spiral Guide an indispensable travel companion the one to trust at home or abroad Entertaining prose by savvy authors illuminates popular places and introduces newcomers to those little known gems that locals like to keep secret This guide is flush with listings of

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web step 1 bearing lubrication lubricate the wheel bearing with clean lubricant of the same type used in the axle sump or hub assembly step 2 initial adjusting nut torque tighten the adjusting nut to torque of 200 ft lbs while rotating the wheel step 3 initial back off back the adjusting nut off one full turn step 4

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web install the inner spindle nut and torque to 300 ft lbs do not back off the spindle nut engage the locking device that is part of the spindle nut system if the locking system cannot be engaged when the nut is at 300 ft lbs advance the nut until the locking system can be engaged reference note above

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