

The Effects of Fibromyalgia Syndrome on Female Sexuality: A Controlled Study

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ABSTRACT

Introduction. Fibromyalgia may have negative effects on sexual function in women.

Aims. To evaluate the sexuality of women with fibromyalgia and healthy control subjects, and to investigate the relation between sexuality and clinical parameters of fibromyalgia.

Main Outcome Measures. Female Sexual Function Index (FSFI), Tender Points Count (TPC), Beck Depression Inventory (BDI), Fibromyalgia Impact Questionnaire (FIQ), and Visual Analog Scale (VAS).

Methods. Clinical evaluation and surveys were done with 126 women with fibromyalgia and 132 healthy women.

Results. Patients with fibromyalgia had higher BDI scores and lower frequency of sexual intercourse than control subjects. The mean FSFI scores (total and all domains) were significantly lower in patients with fibromyalgia than control subjects. Mean FSFI scores (total and most domains) were significantly lower in patients with fibromyalgia who had BDI score ≥ 17 than those who had BDI score < 17 . In women with fibromyalgia, a significant negative correlation was noted between total FSFI score, and both FIQ and BDI scores.

Conclusions. Fibromyalgia has negative effects on female sexual function that are aggravated by depression. Yılmaz H, Yılmaz SD, Polat HAD, Sallı A, Erkin G, and Ugurlu H. The effects of fibromyalgia syndrome on female sexuality: a controlled study. *J Sex Med* 2012;9:779–785.

Key Words. Sexual Dysfunction; Chronic Illness; Fibromyalgia; Female; Pain; Tender Points

Introduction

Female sexual dysfunction is an important and common health problem with medical and psychological components [1–5]. Symptoms of female sexual dysfunction include lack of sexual desire, sexual aversion, arousal, orgasm disorder, vaginismus, and dyspareunia [1]. More clinical studies related to female sexual dysfunction have recently been performed [3].

Fibromyalgia is a chronic disorder with unknown etiology, characterized by diffuse musculoskeletal pain, multiple tender points, fatigue, sleep disorder, anxiety, and depression [6]. The prevalence of fibromyalgia in general population is 2%, and adult women are four to seven times more likely to be affected than adult men [7,8]. Fibromyalgia may have negative effects on quality of life.

Associated emotional symptoms, including pain, depression, anxiety, and negative self-image, may have negative effects on sexual function [9–12].

We hypothesized that fibromyalgia may have negative effects on sexual function in women. The purpose of the present study was to identify the effects of fibromyalgia on female sexuality by comparing the sexual history of patients with fibromyalgia with healthy control subjects.

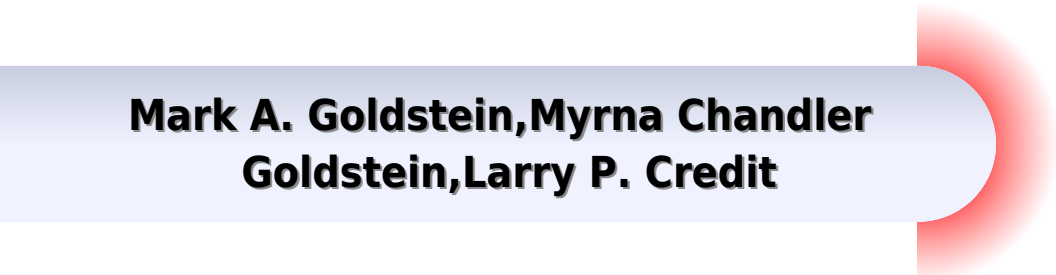
Materials and Methods

Subjects

The study was performed in the tertiary clinics of the Physical Medicine and Rehabilitation Departments of Konya Research and Education Hospital and of Meram Medical School, Selçuk University between November 2010 and June 2011. Women

Fibromyalgia And Female Sexuality

**Mark A. Goldstein, Myrna Chandler
Goldstein, Larry P. Credit**



Fibromyalgia And Female Sexuality:

Fibromyalgia and Female Sexuality Marline Emmal, 2001 This book covers four areas Fibromyalgia and Intimacy Fibromyalgia and The Menstrual Cycle Fibromyalgia and Pregnancy and Fibromyalgia and Menopause **Female Sexual Pain Disorders** Andrew T. Goldstein, Caroline F. Pukall, Irwin Goldstein, 2020-08-21 A comprehensive reference for the diagnosis and treatment of female sexual pain disorders Female Sexual Pain Disorders Evaluation and Management 2nd Edition compiles the most cutting edge and modern research on sexual pain disorders in women into a single reference It is the first book of its kind devoted to the diagnosis and treatment of sexual pain in women and is now fully updated in a second edition The book includes diagnostic tools to differentiate among different forms of dyspareunia discussions of potential causes of sexual pain and current knowledge in multi disciplinary treatments for dyspareunia Focused on providing practical guidance to the working practitioner this book includes information to Help evaluate and distinguish the causes of sexual pain in women Assist in the differentiation of the many forms of sexual pain Implement multi disciplinary treatments Female Sexual Pain Disorders is perfect for any healthcare worker who is involved in treating women s sexual health including gynecologists urologists internists family practitioners nurse practitioners physician assistants midwives psychologists and sex therapists *100 Questions & Answers About Women's Sexual Wellness and Vitality: A Practical Guide for the Woman Seeking Sexual Fulfillment* Michael L. Krychman, 2009-04-17 No woman wants to read this book but many women should for it is estimated that 43% of all women suffer from some form of sexual complaint The only text to provide the doctor and patient s view 100 Questions and Answers About Women s Sexual Wellness and Vitality provides authoritative answers to 100 of the most common questions posed by women and their partners about sexual problems and health It offers practical information on how to improve sex and sexual function through lifestyle medication and therapy Written by Dr Michael L Krychman an expert sexual medicine specialist this book provides you with the information you need to take charge of your sexual health your overall health and your relationships **Psychological Factors as Determinants of Medical Conditions, 2nd Edition** Gabriella Martino, Viviana Langer, Valentina Cazzato, Carmelo Mario Vicario, 2020-11-04 This eBook is a collection of articles from a Frontiers Research Topic Frontiers Research Topics are very popular trademarks of the Frontiers Journals Series they are collections of at least ten articles all centered on a particular subject With their unique mix of varied contributions from Original Research to Review Articles Frontiers Research Topics unify the most influential researchers the latest key findings and historical advances in a hot research area Find out more on how to host your own Frontiers Research Topic or contribute to one as an author by contacting the Frontiers Editorial Office frontiersin.org about contact Wall & Melzack's Textbook of Pain E-Book Stephen B. McMahon, Martin Koltzenburg, Irene Tracey, Dennis Turk, 2013-03-01 Apply the latest scientific and clinical advances with Wall Melzack s Textbook of Pain 6th Edition Drs Stephen McMahon Martin Koltzenburg Irene Tracey and Dennis C Turk along with more than 125 other leading authorities

present all of the latest knowledge about the genetics neurophysiology psychology and assessment of every type of pain syndrome They also provide practical guidance on the full range of today s pharmacologic interventional electrostimulative physiotherapeutic and psychological management options Consult this title on your favorite e reader with intuitive search tools and adjustable font sizes Elsevier eBooks provide instant portable access to your entire library no matter what device you re using or where you re located Benefit from the international multidisciplinary knowledge and experience of a who s who of international authorities in pain medicine neurology neurosurgery neuroscience psychiatry psychology physical medicine and rehabilitation palliative medicine and other relevant fields Translate scientific findings into clinical practice with updates on the genetics of pain new pharmacologic and treatment information and much more Easily visualize important scientific concepts with a high quality illustration program now in full color throughout Choose the safest and most effective management methods with expanded coverage of anesthetic techniques Stay abreast of the latest global developments regarding opioid induced hyperalgesia addiction and substance abuse neuromodulation and pain management identification of specific targets for molecular pain and other hot topics **Sexuality and Illness** Anne Katz,2021-09-13

This evidence based guide educates and informs health professionals about promoting sexual wellbeing in the context of challenges from physical and mental health Sexuality is an important aspect of quality of life for many people but can be affected by a wide variety of health conditions such as cardiovascular disease mental illness menopause diseases of ageing neurological diseases and spinal cord injuries combat injuries and cancer Building readers confidence in initiating and encouraging open communication on this often neglected topic Sexuality and Illness includes case studies that illustrate how to talk about sexuality and support patients with concerns about it Making recommendations for practice and further reading it takes into account gender sexual race and ethnic diversity This accessible text demystifies a topic that is sometimes difficult to discuss It is essential reading for healthcare practitioners interested in providing comprehensive and person centred care The Textbook of Clinical Sexual Medicine Waguih William IsHak,2017-05-30 The Textbook of Clinical Sexual

Medicine utilizes the biopsychosocial approach to inform physicians practitioners residents trainees and students about the latest science has to offer today for the evaluation and treatment of sexual dysfunctions especially the utilization of the full armamentarium of assessment methods and treatment interventions in order to restore of sexual health and enhance quality of life Louis Ignarro Ph D Nobel Laureate This textbook is a comprehensive resource covering sexual disorders in depth from etiology pathophysiology phenomenology treatment to prognosis The book highlights aspects the biological and psychosocial factors predisposing precipitating and perpetuating sexual dysfunction and the importance of integrating biological and psychosocial treatments Specialized chapters cover specific common medical complaints including erectile ejaculatory and orgasmic disorders in the male desire arousal and orgasmic disorders in the female and an integrated approach to the couple With its focus on educational tools including over 100 figures easy to use DSM 5 criteria table and quick guide appendices

this textbook is specially designed to educate readers on the psychiatric evaluation treatment and management of a wide range of sexual disorders The Textbook of Clinical Sexual Medicine is a vital resource for medical students residents fellows graduate students psychiatrists psychologists women s health specialists urologists endocrinologists general practitioners social workers and all medical professionals and trainees working with patients suffering from sexual disorders Sex- and Gender-Based Women's Health Sarah A. Tilstra, Deborah Kwolek, Julie L. Mitchell, Brigid M. Dolan, Michael P.

Carson, 2021-01-19 This book provides primary care clinicians researchers and educators with a guide that helps facilitate comprehensive evidenced based healthcare of women and gender diverse populations Many primary care training programs in the United States lack formalized training in women s health or if they do the allotted time for teaching is sparse This book addresses this learning gap with a solid framework for any program or individual interested in learning about or teaching women s health It can serve as a quick in the clinic reference between patients or be used to steer curricular efforts in medical training programs particularly tailored to internal medicine family medicine gynecology nursing and advanced practice provider programs Organized to cover essential topics in women s health and gender based care this text is divided into eight sections Foundations of Women s Health and Gender Based Medicine Gynecologic Health and Disease Breast Health and Disease Common Medical Conditions Chronic Pain Disorders Mental Health and Trauma Care of Selected Populations care of female veterans and gender diverse patients and Obstetric Medicine Using the Maintenance of Certification MOC and American Board of Internal Medicine blueprints for examination development authors provide evidence based reviews with several challenge questions and annotated answers at the end of each chapter The epidemiology pathophysiology evaluation diagnosis treatment and prognosis of all disease processes are detailed in each chapter Learning objectives summary points certain exam techniques clinical pearls diagrams and images are added to enhance reader s engagement and understanding of the material Written by experts in the field Sex and Gender Based Women s Health is designed to guide all providers regardless of training discipline or seniority through comprehensive outpatient women s health and gender diverse care *Insights in Rheumatology: 2021* João Eurico Fonseca, 2022-08-25 **Insights Into**

Incontinence and the Pelvic Floor Fulya Dökmeci, Diaa E. E. Rizk, 2022-04-15 This book collects valuable studies in the field of pelvic medicine reflecting the latest technologies and innovations for maintaining pelvic floor health and managing incontinence and pelvic floor disorders in both men and women It provides an authoritative and multidisciplinary perspective from Mediterranean experts in the field mainly focusing on obstetrics and gynecology urogynecology urology female urology colorectal surgery and physiotherapy Collecting innovative ideas and studies based on recent developments with detailed background information the book will shed new light on the subject and serve as a valuable reference guide for graduate students researchers and practicing professionals interested in continence and pelvic floor management **Your Best Medicine** Mark A. Goldstein, Myrna Chandler Goldstein, Larry P. Credit, 2009-03-17 Integrative medicine the practice of

combining remedies from various therapeutic disciplines to optimize relief and speed healing is transforming both how health professionals treat disease and how patients manage their own care Your Best Medicine introduces the reader to this new world of healing options for everyday ailments like dry skin fatigue and indigestion as well as more serious conditions like diabetes heart disease and obesity All of the treatments and techniques in Your Best Medicine have been handpicked by two practitioners one a conventionally trained MD the other a specialist in complementary therapies based on established therapeutic protocols research evidence and clinical experience Conventional and complementary remedies appear side by side so readers can evaluate at a glance the remedies relative effectiveness safety and ease of use Every entry in Your Best Medicine also provides important information on risk factors symptoms and diagnostic techniques as well as preventive measures Armed with this knowledge readers can make decisions wisely and confidently at every stage of their care **The**

Supplement Handbook Mark Moyad, Janet Lee, 2014-11-04 Nearly half of Americans use supplements and many more are curious about them yet questions abound Will feverfew help my migraines Are there any vitamins that will keep my skin clear Does lysine really prevent cold sores Are there herbs I can take to boost my mood Are any of these things safe Mark Moyad MD MPH is the only physician in the United States who has an endowed position to study vitamins minerals herbs and other supplements For the past 25 years he's been researching supplements using them in his practice and traveling the country giving lectures to laypeople and physicians about what works and what's worthless in the world of drugs and supplements Based on the latest research as well as Dr Moyad's clinical experience The Supplement Handbook will guide you through the proven or debunked treatment options for more than 100 common conditions everything from arthritis heartburn and high cholesterol to fibromyalgia migraines and psoriasis Dr Moyad provides clear guidelines sifting through conflicting information for a definitive answer you can use today He does not hesitate to point out which remedies are overhyped useless and even harmful He even ranks the most effective options so you know which remedies to try first and he's honest about when over the counter or prescription drugs are the better option More than an overview The Supplement Handbook delivers prescriptive reliable advice Whether you're an alternative medicine convert or an interested but confused supplement novice this comprehensive evidence based guide is sure to become a must have reference in your home **Female Sexual**

Predators Karen A. Duncan, 2010-07-20 This unprecedented look at female sexual predators explains why and how they prey on our children and youths and what adults and children and youths themselves should understand to prevent victimization In Female Sexual Predators Understanding and Identifying Them to Protect Our Children and Youths social worker and therapist Karen A Duncan helps adults be proactive so children will not fall prey to this violation Vignettes pulled from news headlines and interviews with female sexual predators Duncan has encountered in her own practice are used to help readers understand these crimes and the women who commit them as well as the impact these crimes can have on victims The women profiled were in positions of authority at churches schools sports institutions and the home Victims explain how these

women exploited their positions of trust planned their crimes groomed their victims deceived adults into not detecting their behavior and how they did not stop even when they recognized the danger and the harm to themselves and their victims Duncan addresses the issue of maternal sexual abuse answering questions about mothers who willingly sexual abuse their own children and at times commit child sexual abuse with other adults as well as women who sexually abuse girls Four types of female sex offenders are presented within the emerging research on this topic along with questions regarding assessment treatment and management of female sex offenders in the community It also addresses the controversial issues of female pedophilia and female sexual deviance within the context of what we know about human sexuality **Muscular**

Diseases—Advances in Research and Treatment: 2012 Edition ,2012-12-26 Muscular Diseases Advances in Research and Treatment 2012 Edition is a ScholarlyEditions eBook that delivers timely authoritative and comprehensive information about Muscular Diseases The editors have built Muscular Diseases Advances in Research and Treatment 2012 Edition on the vast information databases of ScholarlyNews You can expect the information about Muscular Diseases in this eBook to be deeper than what you can access anywhere else as well as consistently reliable authoritative informed and relevant The content of Muscular Diseases Advances in Research and Treatment 2012 Edition has been produced by the world s leading scientists engineers analysts research institutions and companies All of the content is from peer reviewed sources and all of it is written assembled and edited by the editors at ScholarlyEditions and available exclusively from us You now have a source you can cite with authority confidence and credibility More information is available at <http://www.ScholarlyEditions.com>

Sexual Medicine for Obstetrician-Gynecologists, An Issue of Obstetrics and Gynecology Clinics, E-Book Monica M. Christmas,Andrew Fischer,2024-05-22 This issue of Obstetrics and Gynecology Clinics is a comprehensive review aimed to address sexual dysfunction in cis gendered women and gender diverse individuals assigned female at birth across the lifespan Top experts in the field discuss key topics such as Pelvic Floor Disorders and Sexual Function Female Sexual Health Adolescent Sexuality and more Contains 14 relevant practice oriented topics including Sexual Dysfunction After Menopause Hormonal Contraception and Sexual Function Sexual Health for Transgender and Gender Diverse Individuals Sexual Function in Post surgical Transgender and Gender Diverse Individuals and more Provides in depth clinical reviews on sexual medicine offering actionable insights for clinical practice *Textbook of Female Sexual Function and Dysfunction* Irwin Goldstein,Anita H. Clayton,Andrew T. Goldstein,Noel N. Kim,Sheryl A. Kingsberg,2018-07-02 A comprehensive text on female sexual function and dysfunction that offers a multi disciplinary biopsychosocial approach to diagnosis and treatment Textbook of Female Sexual Function and Dysfunction offers a multi disciplinary biopsychosocial approach and provides guidance for the safe and effective diagnosis and treatment of various sexual health issues With contributions from an international panel of experts the text provides the scientific basis of the clinical recommendations for dealing with problems of sexual desire arousal orgasm and pain The text is clearly organised around the four major disease states in female sexual

dysfunction FSD and is officially endorsed by the International Society for the Study of Women's Sexual Health ISSWSH. The authors cover a wealth of topics such as hypoactive sexual desire disorder, psychological management of sexual disorders, anatomy and physiology of sexual dysfunction and pain, and information on future developments and research. In addition, the text reviews all FDA-approved medications for sexual dysfunction and contains consideration of off-label treatments for FSDs. This important text offers the only textbook to highlight female sexual dysfunction in light of recently approved FDA medications. Contains a unique biopsychosocial approach from a collaborative team of physicians, psychologists, physical therapists, as well as other sexual health professionals. Presents a comprehensive text led by one of the foremost global experts in Women's Sexual Health, Irwin Goldstein, founder of ISSWSH, with three other past presidents and one president-elect. Written for any professional dealing with women's sexual health. Textbook of Female Sexual Function and Dysfunction offers an invaluable guide to the most safe and effective diagnosis and treatment.

Medical Disorders and Sexual Health
Camil Castelo-Branco, Sònia Anglès Acedo, 2024-08-01. This book focuses on all main medical disorders that affect the sexual health of patients. From the medical disorder and its impact on sexuality and from the sexual symptom as signal of underlying disease, this book highlights the importance of the sexual interview as essential element of medical history. The aim is to increase the scientific knowledge in human sexuality and sexual health in order to optimize the identification of the pathophysiology of sexual dysfunction from disease and to increase the quality of life of patients, promoting the proactivity of doctors in the care of the sexual sphere. Many medical disorders have negative effects on the different dominions of sexual function: desire, arousal, orgasm, ejaculation, and pain. Chronic disease also affects subsidiarily sexual function in many ways, including fatigue, pain, dependency, impairment of self-image, and impacting relationships. On the other hand, sexual symptoms may be a signal of serious underlying disease. This book will be of benefit to GPs, gynecologists, andrologists, sexual medicine professionals, and all healthcare providers interested in the topic.

Women's Health in General Practice Danielle Mazza, 2011-01-31. The book is designed to be a clear, accessible guide to women's health. The aims of the book are as follows: To examine women's health issues as they present in general practice; To provide GPs with information relevant to their practice that extends upon that provided in undergraduate texts; To provide evidence-based information regarding women's health to GPs; To give GPs tips and examples of useful approaches when undertaking histories, examining and managing women's health problems; To examine current controversies in women's health; Addresses common issues seen by GPs in their practice and addresses the questions and quandaries they face on a day-to-day basis; Gives practical information and advice to GPs that where possible is based on up-to-date guidelines or research evidence; Tips and example of useful approaches when undertaking histories, examining and managing women's health problems; Discussion of current controversies in women's health. The scope of the first edition was limited to sexual and reproductive health aspects of women's health; the second edition will extend this to a broader range of women's health topics and include new areas such as multicultural issues.

gendered aspects of health and women's mental health new contraceptive developments including quick start method for commencement of contraception better missed pill rules developments in the provision of emergency contraception and an overview of new contraceptive devices such as the Nuvaring our understanding of the epidemiology of HPV and ability to vaccinate against cervical cancer Better characterisation of the risk inherent with a family history of breast and/or ovarian cancer More awareness of the importance of preconception care the breadth of issues that need to be addressed and the effect of lifestyle factors on fertility Updates on Polycystic ovary syndrome Refreshed style and format incorporating objectives of the chapter set out as introduction summaries of key points boxes and tables highlighting pertinent points tips for practitioners case scenarios question and answer based text format Existence of evidence based guidelines to support diagnosis and management of common conditions seen in general practice such as menorrhagia endometriosis miscarriage and post natal care and to support evidence based counselling regarding ovarian cancer screening sexual problems and intimate partner violence

What Every Mental Health Professional Needs to Know About Sex, Third Edition Stephanie Buehler, 2021-10-21 This 3rd edition is truly the A to Z when it comes to assessing and treating sexual health concerns This is a valuable resource that I'll be recommending to my colleagues and students and consulting regularly myself Lori Brotto Professor Faculty of Medicine Department of Obstetrics Gynecology Executive Director Women's Health Research Institute Canada Research Chair in Women's Sexual Health The University of British Columbia The third edition of this pragmatic resource assists mental health professionals in helping clients resolve sexual concerns that arise during the course of therapy It has been updated with the latest theoretical approaches pharmacological treatments and ethical/legal concerns It presents a wealth of information on assessing and treating both common and uncommon sexual concerns accompanied by helpful informational worksheets By offering new case examples exemplifying contemporary concerns such as minority stress intersectionality and recognition of therapist privilege in relation to client the new edition emphasizes diversity inclusive of sexual and gender minorities It covers the latest technology in telemental health and the role it plays in the sex lives of clients Designed to take the uninformed reader or one who might be uncomfortable about sex to a place of knowledge and competence the book includes strategies to help both the client and therapist become more comfortable with sexuality Take Away Points Activities and Resources in every chapter and downloadable forms templates and tools combine to make this an indispensable resource Purchase includes digital access for use on most mobile devices or computers New to the Third Edition Updated approaches to considerations of gender identity The impact of intersectionality oppression and minority stress De-pathologizing kinky behavior Understanding the orgasm gap and orgasm equality Treating couples who want to open their relationships Applies mindfulness to treatment of sexual problems Expanded information about the sexological ecosystem Treating out of control sexual behavior and the new Compulsive Sexual Behavior Disorder ICD 11 diagnosis Key Features Provides clear treatment recommendations for nearly all sexual concerns Uses an ecosystemic approach for

assessing individuals and couples Explains how to assess and treat sexual pain disorders Covers sexuality across the lifespan Includes Step into My Office vignettes offering a glimpse into everyday sex therapy practice Provides activities for reader to reinforce information including Take Away points downloadable forms templates and tools Instructors Manual and PowerPoint presentation for each chapter

Integrative Sexual Health Barbara Bartlik, Geo Espinosa, Geovanni Espinosa, Janet Mindes, 2018 Integrative Sexual Health explores beyond the standard topics in men's and women's health drawing on a diverse research literature to provide an overview of sexual biology and sexual dysfunction diverse lifespan lifestyle and environmental impacts on sexual function integrative medicine solutions to sexual problems and traditional eastern and western treatment approaches to healing sexual difficulties This comprehensive guide written by experts in the field provides clinical vignettes detailed treatment strategies for mitigating the side effects of both medications and sexual dysfunction associated with medical illness and poor lifestyle habits and extensive further reading resources Integrative treatment modalities not typically consulted in mainstream medicine such as traditional Chinese medicine Ayurvedic medicine aromatherapy and botanical medicine are presented with the best evidence in a clinically relevant manner Part of the Weil Integrative Medicine Library this volume is a must read for the specialist and non specialist alike who wish to address sexual problems using an integrative medicine approach and acquire tools to maintain lifetime optimal health and vitality that supports healthy sexuality Integrative medicine is defined as healing oriented medicine that takes account of the whole person body mind and spirit as well as all aspects of lifestyle it emphasizes the therapeutic relationship and makes use of appropriate therapies both conventional and alternative Series editor Andrew Weil MD is Professor and Director of the Arizona Center for Integrative Medicine at the University of Arizona Dr Weil's program was the first such academic program in the U S and its stated goal is to combine the best ideas and practices of conventional and alternative medicine into cost effective treatments without embracing alternative practices uncritically

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Fibromyalgia And Female Sexuality Introduction

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