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- 1. **Cardiovascular system:**
  - 1.1. **Heart:**
    - 1.1.1. **Structure:** Four chambers (right and left atria and ventricles).
    - 1.1.2. **Function:** Pumps blood throughout the body.
    - 1.1.3. **Electrical coupling:** Gap junctions allow for synchronized contractions.
    - 1.1.4. **Conduction system:** SA node, AV node, Bundle of His, Purkinje fibers.
  - 1.2. **Blood vessels:**
    - 1.2.1. **Arteries:** Carry oxygenated blood away from the heart.
    - 1.2.2. **Venues:** Carry deoxygenated blood back to the heart.
    - 1.2.3. **Capillaries:** Site of exchange of oxygen, nutrients, and waste.
- 2. **Respiratory system:**
  - 2.1. **Lungs:**
    - 2.1.1. **Structure:** Two lungs, each with lobes and bronchial tree.
    - 2.1.2. **Function:** Exchange of oxygen and carbon dioxide.
    - 2.1.3. **Alveoli:** Small sacs where gas exchange occurs.
  - 2.2. **Trachea and Bronchi:**
    - 2.2.1. **Trachea:** Windpipe, carries air in and out of the lungs.
    - 2.2.2. **Bronchi:** Branches of the trachea that lead to the lungs.
- 3. **Digestive system:**
  - 3.1. **Mouth and Esophagus:**
    - 3.1.1. **Mouth:** Site of initial digestion and swallowing.
    - 3.1.2. **Esophagus:** Tube that carries food from the mouth to the stomach.
  - 3.2. **Stomach and Small Intestine:**
    - 3.2.1. **Stomach:** Where food is broken down into smaller pieces.
    - 3.2.2. **Small Intestine:** Where most nutrient absorption occurs.
  - 3.3. **Large Intestine and Rectum:**
    - 3.3.1. **Large Intestine:** Absorbs water and electrolytes from the remaining food.
    - 3.3.2. **Rectum:** Stores feces until elimination.
- 4. **Excretory system:**
  - 4.1. **Kidneys:**
    - 4.1.1. **Structure:** Two bean-shaped organs.
    - 4.1.2. **Function:** Filter waste from the blood and regulate fluid balance.
    - 4.1.3. **Ureters:** Tubes that carry urine from the kidneys to the bladder.
  - 4.2. **Bladder:**
    - 4.2.1. **Function:** Stores urine until it is ready to be eliminated.
- 5. **Reproductive system:**
  - 5.1. **Male Reproductive System:**
    - 5.1.1. **Testes:** Produce sperm and testosterone.
    - 5.1.2. **Vas Deferens:** Tube that carries sperm from the testes.
    - 5.1.3. **Uterus:** Where the fertilized egg develops into a fetus.
  - 5.2. **Female Reproductive System:**
    - 5.2.1. **Ovaries:** Produce eggs and estrogen.
    - 5.2.2. **Uterus:** Where the fertilized egg develops into a fetus.
    - 5.2.3. **Vagina:** Canal that leads from the uterus to the outside of the body.

# Kinesiology Anatomical Kinesiology Ses 220

**LP Steffe**



## **Kinesiology Anatomical Kinesiology Ses 220:**

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