

BBC



# KEN HOM

Travels with a **HOT WOK**

160 QUICK AND EASY DISHES WITH EAST-WEST FLAVOURS

# Ken Hom Travels With A Hot Wok

**Ken Hom**



## **Ken Hom Travels With A Hot Wok:**

Ken Hom Ken Hom, DK Publishing, 2000 Presents fusion cooking a unique blend of Far Eastern and Western style cuisines Jacket **Ken Hom Travels with a Hot Wok** Ken Hom, 1998 Ken Hom's Quick Wok Ken Hom, 2001 Over 80 sure fire recipes from the world's favourite Chinese cook Ken Hom's Quick Wok makes cooking easy Foods are infused with delicious oriental flavours to make aromatic and mouthwatering dishes Unlike other Chinese cookery books Quick Wok is just that a collection of quick simple recipes written with busy people in mind Full of fresh ingredients that need little or no preparation these recipes will leap off the page and onto your plate in minutes If you want healthy food without compromising on taste if you want inspiration but are in a hurry then you need look no further **Ken Hom Travels with a Hot Wok** Ken Hom, 2002-04-04 Ken Hom's Travels with a Hot Wok is innovative cooking at its best Where else can you find such straightforward and superfast recipes that combine such diverse ingredients Take for instance the Two minute Coconut Prawn Starter made from large succulent prawns coconutmilk and spices or Grilled Pork Crepinettes that cleverly marries Oriental and Western spices and herbs to give perfectly blended flavours not to mention the tantalizing Apple and Lemon Grass Frangipane Tart a truly complementary East West dessert Ken Hom Travels with a Hot Wok which accompanied the BBC television series of the same name brings the imagination and passion of Pacific Rim cooking to your table and transforms everyday fare into fabulous meals **Ken Hom's Top 100 Stir Fry Recipes** Ken Hom, 2012-04-24 Ken Hom is widely regarded as the world's leading authority on Oriental cuisine and with his Top 100 Stir Fry Recipes he has created a beautifully illustrated engaging and easy to follow guide to quick nutritious and delicious cooking This is the perfect addition to anyone's kitchen shelf whether cooking novice or more experienced chef Great buy Best stir fries I've ever cooked Reader review Ken Hom does it again a cracking guide to stir fries Reader review The recipes are easy to follow and Ken Hom's enthusiasm is hard to resist Reader review Just the ticket Reader review Ken Hom brings us 100 mouth watering recipes for stir fries which are easy to follow delicious dishes designed to appeal to all palates With 20 new recipes and 80 favourites from his collection Ken not only covers oriental stir fries but includes non Asian dishes as well such as stir fried fusilli alla carbonara Divided into chapters on chicken fish and seafood beef pork and vegetable dishes it covers all tastes and diets and also contains sections on techniques for chopping and frying how to use a wok and recommendations for oils and sauces As one of the world's greatest authorities on cooking with a wok Ken shows us that the versatility and convenience of stir frying never compromises the flavour Say goodbye to the takeaway and embark on your own cooking journey Complete Chinese Cookbook Ken Hom, 2011-11-30 Ken Hom is widely regarded as the world's leading authority on Oriental cuisine and with the Complete Chinese Cookbook he has created a seminal collection of his best loved dishes Beautifully illustrated with full colour photography and popular favourites and new tastes to discover this is the perfect addition to anyone's kitchen shelf A fantastic collection of recipes A great investment BBC Olive If there's one man who knows about Chinese cooking it's Ken

Hom Woman s Way This Chinese cracker of a book is all you need to wok and roll You Magazine This is the best Chinese cookbook I own Reader review Could this be the only Chinese cookery book you need to own Quite possibly Reader review Really easy to follow recipes Delicious Reader review With Cantonese stir fries and spicy Sichuan favourites alongside new discoveries from the lesser known culinary styles of Yunnan and Hong Kong this comprehensive collection is filled with mouth watering accessible and easy recipes demonstrating the amazing depth of flavour that is only now being fully appreciated in modern Chinese cuisine Set to become a kitchen classic this all encompassing cookery book guides you through the essential cooking techniques equipment and ingredients all with Ken s trusted blend of experience and enthusiasm Featuring 250 recipes covering all aspects of Chinese food including meat based and vegetarian recipes Ken offers tips and inspiration for a wealth of dishes that use simple healthy ingredients to create quick and delicious meals Over the past 25 years Ken has brought Chinese cookery into mainstream British homes and in this beautifully photographed cookbook he brings together all of his expertise to offer the ultimate guide to the flavours of China

**Stress in the Spotlight** B. Claridge,C. Cooper,2014-10-28 Based upon interviews with individuals in high pressure positions from business leaders to a bomb disposal expert this book provides practical insight about how to identify tackle and overcome any kind of stress

**My Stir-fried Life** Ken Hom,2016-09-29 As a boy Ken Hom lived hand to mouth in the slums of Chicago s Chinatown Today he is one of the most celebrated TV chefs of all time the man who showed the British how to cook Asian food and introduced the nation to the wok This is the story of that remarkable journey Aged just eight months when his father died Ken was raised by his mother in an atmosphere of punishing poverty But no matter how little they had they ate well Life would change when at the age of eleven Ken landed a job in his uncle s Chinese restaurant From these humble beginnings he travelled the globe and went on to become one of the world s greatest authorities on Asian food His wildly popular books have inspired millions of home cooks and he paved the way for a generation of celebrity chefs High spirited and frequently funny My Stir Fried Life is the epicurean s epic a gastronomic narrative that lifts the spirits tantalises the taste buds and feeds the soul of anyone and everyone who loves cooking from the keen novice to the accomplished connoisseur

**My Kitchen Table: 100 Quick Stir-fry Recipes** Ken Hom,2011-07-31 Ken Hom is the nation s favourite Chinese chef and this is his collection of his best 100 stir fry recipes With everything from chicken recipes to vegetarian curries healthy recipes and food for entertaining friends modern and traditional plus appetisers salads snacks and side dishes this cookbook offers an amazing range of tastes ingredients and styles all made in the wok

**Great Chefs Cook at Barbara-Jo's** Barbara-Jo MacIntosh,2009-12-01 Chefs from around the world have cooked memorable meals for the special events hosted by Barbara Jo s Books to Cooks The heart of the shop is the fully appointed demonstration kitchen which features cookbook related evening events with guest chefs and visiting authors of new and notable books who together represent a who s who of international culinary achievement Readers will enjoy the descriptions of the warm friendly and enlightening ambiance as

celebrated chefs inform amuse entertain and delight while preparing a menu from one of their cookbooks These demonstration meals are a wonderful way to share the pleasures of the table with fellow enthusiasts This outstanding and unusual collection of more than one hundred recipes from forty of the world s best known chefs offers menus and dishes that are a widely appealing combination of the ethnic and familiar the comfortable and innovative **Simple Chinese Cookery** Ken Hom,2016-04-21 Chinese food is popular the world over In Ken Hom s **Simple Chinese Cookery** formerly called Foolproof Chinese Cookery available in paperback as well as hardback Ken proves that anyone can cook this healthy and delicious cuisine Ken demonstrates 40 of the most popular and well known Chinese dishes with step by step instructions and photographs to accompany every stage from start to finish The recipes including soups and starters fish and shellfish meat and poultry and vegetable accompaniments are not only quick and easy to prepare but are also convenient as they use readily available ingredients The cookbook also features a special menu section so that you can plan your perfect meal From simple Green Chicken Curry to the more elaborate Whole Fish in Coconut Milk Ken s easy recipes have foolproof instructions that will guarantee even the novice cook excellent results every time Simple Asian Cookery Ken Hom,2016-04-21 In Foolproof Asian Cookery now available in paperback as **Simple Asian Cookery** Ken Hom expands the culinary horizon with the food of Indonesia Malaysia Singapore and Vietnam The increasing popularity of Indian Chinese and Thai food has led many cooks to explore further afield and here Ken presents 40 simple healthy and delicious dishes from the Far East The cuisines of these countries are characterized by a variety of flavours and cooking techniques the fresh sweet and sour flavours of Indonesia Hot and Sour Indonesian Prawns the fragrant curries Malaysian Fish Curry and spicy grilled meats of Malaysia the fast fusion food of Singapore Fragrant Singapore style Prawn Curry and the delicate and aromatic cooking of Vietnam Fresh Vietnamese Spring Rolls With a menu planner step by step instructions and a guide to essential ingredients and equipment Foolproof Asian Cookery will tempt cooks everywhere Foolproof Chinese Cooking Ken Hom,2001 Demonstrates step by step how to prepare such popular dishes as Cantonese egg flower soup sweet and sour shrimp stir fried pork with spring onions Peking duck and chow mein The Cumulative Book Index ,1999 **People of Today** ,2006

**The Publishers Weekly** ,2000 *Hotel & Catering Review* ,2000 The Breath of a Wok Grace Young,Alan Richardson,2013-06-25 Award winning author Grace Young celebrates and demystifies the art of wok cooking for the Western home cook When Grace Young was a child her father instilled in her a lasting appreciation of wok hay the highly prized but elusive taste that food achieves when properly stir fried in a wok As an adult Young aspired to create that taste in her own kitchen Grace Young s quest to master wok cooking led her throughout the United States Hong Kong and mainland China Along with award winning photographer Alan Richardson Young sought the advice of home cooks professional chefs and esteemed culinary teachers like Cecilia Chiang Florence Lin and Ken Hom Their instructions stories and recipes gathered in this richly designed and illustrated volume offer not only expert lessons in the art of wok cooking but also

capture a beautiful and timeless way of life With its emphasis on cooking with all the senses The Breath of a Wok brings the techniques and flavors of old world wok cooking into today s kitchen enabling anyone to stir fry with wok hay IACP award winner Young details the fundamentals of selecting seasoning and caring for a wok as well as the range of the wok s uses this surprisingly inexpensive utensil serves as the ultimate multipurpose kitchen tool The 125 recipes are a testament to the versatility of the wok with stir fried smoked pan fried braised boiled poached steamed and deep fried dishes that include not only the classics of wok cooking like Kung Pao Chicken and Moo Shoo Pork but also unusual dishes like Sizzling Pepper and Salt Shrimp Three Teacup Chicken and Scallion and Ginger Lo Mein Young s elegant prose and Richardson s extraordinary photographs create a unique and unforgettable picture of artisan wok makers in mainland China street markets in Hong Kong and a wok a thon in which Young s family of aunties uncles and cousins cooks together in a lively exchange of recipes and stories A visit with author Amy Tan also becomes a family event when Tan and her sisters prepare New Year s dumplings Additionally there are menus for family style meals and for Chinese New Year festivities an illustrated glossary and a source guide to purchasing ingredients woks and accessories Written with the intimacy of a memoir and the immediacy of a travelogue this recipe rich volume is a celebration of cultural and culinary delights

**Subject Guide to Books in Print**

,2001      Cumulated Index to the Books ,1999

## Adopting the Melody of Phrase: An Emotional Symphony within **Ken Hom Travels With A Hot Wok**

In some sort of taken by screens and the ceaseless chatter of quick conversation, the melodic beauty and psychological symphony developed by the written word frequently disappear into the backdrop, eclipsed by the constant noise and disturbances that permeate our lives. But, located within the pages of **Ken Hom Travels With A Hot Wok** a marvelous literary treasure filled with natural feelings, lies an immersive symphony waiting to be embraced. Constructed by an outstanding musician of language, that interesting masterpiece conducts readers on a mental trip, skillfully unraveling the hidden tunes and profound influence resonating within each cautiously crafted phrase. Within the depths with this emotional assessment, we can discover the book is main harmonies, analyze their enthralling writing style, and surrender ourselves to the profound resonance that echoes in the depths of readers souls.

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