

Holding on to Humanity

THE MESSAGE
OF HOLOCAUST
SURVIVORS:
THE
SHAMAI
DAVEDSON
PAPERS

EDITED BY *Israel W. Charny*

WITH A FOREWORD BY ROBERT JAY LIFTON, M.D.

Holding On To Humanity The Message Of Holocaust Survivors

**Else Behrend-Rosenfeld, Siegfried
Rosenfeld**



Holding On To Humanity The Message Of Holocaust Survivors:

Holding on to Humanity Israel W. Charny, 1995-06 The effects of the Holocaust on those who survived it are immeasurable How can one experience the trauma of the concentration camps being reduced to a helpless witness of the brutality of torture medical experiments and execution of those around you how can one survive this and remain the same In many ways the Holocaust has drastically effected those who survived and in Holding on to Humanity Shama Davidson explores the complex results of this dehumanizing experience As a psychiatrist and psychoanalyst practicing in Israel Davidson spent 30 years working with this special group trying to understand the nature of their experience Uniquely skillful in evoking from survivors their most silenced stories Davidson concentrated on giving them voice and recorded memory Davidson worked on this book for many years since 1972 it was a dream of his to write an authoritative work on the life experiences of the Holocaust survivors and their families but unfortunately Davidson died in 1986 at the age of 59 This book is the result of extensive effort by Israel W Charny to complete the project at the request of Davidson s widow Jenny Davidson Shama Davidson was born in 1926 in Dublin In his youth he witnessed from afar the Nazi rise to power and the death of his aunts and cousins in the ghettos of Warsaw Lodz and the gas chambers of Treblinka Davidson studied medicine at the University of Glasgow and completed his psychiatric residency at Oxford University Medical School in 1955 after which Davidson secured a position as a psychiatrist at Talbier Psychiatric Hospital in Jerusalem It is at this point that he encountered the subject that he would pursue for the remainder of his life Davidson cofounded the Institute on the Holocaust and Genocide along with Israel W Charny and Elie Wiesel and worked as a psychiatrist and psychoanalyst treating Holocaust survivors until his death

A Past in Hiding Mark Roseman, 2014-04-15 A heart stopping survivor story and brilliant historical investigation that offers unprecedented insight into daily life in the Third Reich and the Holocaust and the powers and pitfalls of memory At the outbreak of World War II Marianne Strauss the sheltered daughter of well to do German Jews was an ordinary girl concerned with studies friends and romance Almost overnight she was transformed into a woman of spirit and defiance a fighter who when the Gestapo came for her family seized the moment and went underground On the run for two years Marianne traveled across Nazi Germany without papers aided by a remarkable resistance organization previously unknown and unsung Drawing on an astonishing cache of documents as well as interviews on three continents historian Mark Roseman reconstructs Marianne s odyssey and reveals aspects of life in the Third Reich long hidden from view As Roseman excavates the past he also puts forward a new and sympathetic interpretation of the troubling discrepancies between fact and recollection that so often cloud survivors accounts A detective story a love story a story of great courage and survival under the harshest conditions **A Past in Hiding** is also a poignant investigation into the nature of memory authenticity and truth

Living in Two Worlds Else Behrend-Rosenfeld, Siegfried Rosenfeld, 2021-12-16 This unique collection of diaries and letters offers a vivid personal account of the experiences of a Jewish couple living parallel lives

during the Second World War While their children left for England just before war broke out and Siegfried soon followed Else Behrend was unable to obtain her visa in time and remained in Germany This volume includes Else s account of her years of persecution under the Nazi dictatorship and of her life underground in Berlin before her eventual daring escape to Switzerland on foot in 1944 Her dramatic story is presented alongside Siegfried s account of his very different experience living penniless and in isolation in England as well as some of her letters to her close friend and confidante Eva

Complemented by QR codes that allow readers to listen to Else s own voice from her 1963 BBC interviews Published in English for the first time *Living in Two Worlds* offers an unforgettable and moving insight into the impact of the Second World War on everyday life *A Brief Stop On the Road From Auschwitz* Goran Rosenberg,2015-02-24 This shattering memoir by a journalist about his father s attempt to survive the aftermath of Auschwitz in a small industrial town in Sweden won the prestigious August Prize On August 2 1947 a young man gets off a train in a small Swedish town to begin his life anew Having endured the ghetto of Lodz the death camp at Auschwitz Birkenau the slave camps and transports during the final months of Nazi Germany his final challenge is to survive the survival In this intelligent and deeply moving book G ran Rosenberg returns to his own childhood to tell the story of his father walking at his side holding his hand trying to get close to him It is also the story of the chasm between the world of the child permeated by the optimism progress and collective oblivion of postwar Sweden and the world of the father darkened by the long shadows of the past **Existential/dialectical**

Marital Therapy Israel W. Charny,1992 First published in 1992 Routledge is an imprint of Taylor Francis an informa company The Group as Therapist Rachael Chazan,2001 In this clear and accessible text Rachael Chazan argues the case for the classical analytic group and demonstrates its potential benefits She applies the model to couples and multiple family groups and groups with psychotic and borderline personalities using illustrations from her own extensive clinical experience

Post Traumatic Stress Disorder (PTSD) Awareness Ann Brown,2017-07-26 How often have you heard the term PTSD or Post Traumatic Stress Disorder We know that it exists but do you really know what it means Many of us suffer from PTSD and yet have no idea what it is how to recognize it or it s triggers and what s worse we have no idea what to do about it Many of us suffer from it and don t realize it until we are embroiled into fits of unexpected anger depression and even worse suicide or suicidal tenancies Not to mention domestic violence divorces and child abuse that are direct side effects of severe PTSD PTSD Shell Shock or nay other war related description that has been attached to it has existed since war began and yet little has been done to educate those who suffer the effects or secondary effects of it for those most affected by it This book will educate you on the terms causes signs and symptoms triggers or possible outcome of untreated Post Traumatic Stress PTSD is not a death sentence nor should it be feared at one however knowledge is key to helping all of those who suffer the consequences of PTSD **A Democratic Mind** Israel W. Charny,2017-07-25 *A Democratic Mind* Psychology and Psychiatry with Fewer Meds and More Soul focuses on how an individual lives one s life and on the extent of harm that an individual can

inflict on oneself or others In this book Charny provides a new lens for treating real people rather than offering treatments that alleviate symptoms

Staircase to Heaven Tova Gamliel, 2024-09-13 Is there anyone who does not imagine the moment of their death Who is unaware of their steady march to the endline By suppressing and denying death Westerners overlook the positive side of death anxiety This ethnography fills this lacuna by describing a colorful and rich death culture among survivors of Holocaust and war who endure their last palpitations of life in a Tel Aviv old age home Unable to suppress the consciousness of end of life the protagonists climb a staircase to heaven among different fields of existence Resourcefully they transform their anxiety and suffering into paths of choice comforting each other filling their days with acts of respect and unity and replacing all consuming individualism with social existentialism and Judeo Christian religious ideas This book holds us up to an existential mirror that bridges old and young a geriatric institution and a concentration camp and natural death and tragic death induced by terrorism

Jewish Families in Europe, 1939-Present Joanna B. Michlic, 2017-01-03 Examining World War II the Holocaust and their aftermath through the lens of Central and Eastern European Jewish families

Stealth Altruism Arthur B. Shostak, 2017-07-12 Though it has been nearly seventy years since the Holocaust the human capacity for evil displayed by its perpetrators is still shocking and haunting But the story of the Nazi attempt to annihilate European Jewry is not all we should remember Stealth Altruism tells of secret non militant high risk efforts by Carers those victims who tried to reduce suffering and improve everyone's chances of survival Their empowering acts of altruism remind us of our inherent longing to do good even in situations of extraordinary brutality Arthur B Shostak explores forbidden acts of kindness such as sharing scarce clothing and food rations holding up weakened fellow prisoners during roll call secretly replacing an ailing friend in an exhausting work detail and much more He explores the motivation behind this dangerous behavior how it differed when in or out of sight who provided or undermined forbidden care the differing experiences of men and women how and why gentiles provided aid and most importantly how might the costly obscurity of stealth altruism soon be corrected To date memorialization has emphasized what was done to victims and sidelined what victims tried to do for one another Carers provide an inspiring model and their perilous efforts should be recognized and taught alongside the horrors of the Holocaust Humanity needs such inspiration

Working with Difference and Diversity in Counselling and Psychotherapy Rose Cameron, 2020-04-27 This book guides you through the complexities of working with difference and diversity in counselling and psychotherapy It introduces you to contemporary thinking on the construction of difference social identity and culture and applies the theory to therapy practice With reflective exercises and case examples it will help you to work more confidently and sensitively with difference Rose Cameron is a practitioner and a trainer in counselling and psychotherapy She is currently a Teaching Fellow at the University of Edinburgh

Biography Between Structure and Agency Volker Berghahn, Simone Lässig, 2008-09-01 While bookstore shelves around the world have never ceased to display best selling life and letters biographies in prominent positions the

genre became less popular among academic historians during the Cold War decades. Their main concern then was with political and socioeconomic structures, institutions and organizations or more recently with the daily lives of ordinary people and small communities. The contributors to this volume, all well-known senior historians, offer self-critical reflections on problems they encountered when writing biographies of themselves. Some of them also deal with topics specific to Central Europe, such as the challenges of writing about the lives of both victims and perpetrators. Although the volume concentrates on European historiography, its strong methodological and conceptual focus will be of great interest to non-European historians wrestling with the old structure versus agency question in their own work. Contributors: Volker R. Berghahn, Hartmut Berghoff, Hilary Earl, Jan Eckel, Willem Frijhoff, Ian Kershaw, Simone L. Ssig, Karl Heinrich Pohl, John C. G. Röhl, Angelika Schaser, Joachim Radkau, Cornelia Rauh, Katharine Mark, Roseman, Christoph Strupp and Michael Wildt.

Difference and Diversity in Counselling and Psychotherapy Rose Cameron, 2025-04-05. This book guides you through the complexities of difference and diversity in counselling and psychotherapy practice. It introduces contemporary thinking on the construction of difference, social justice and social identity and applies the theories to therapy practice. By exploring the therapist skills and competencies needed to work ethically and sensitively and with reflective exercises and case examples, it will help you to work more confidently and sensitively with your clients. Rose Cameron is a practitioner and a trainer in counselling and psychotherapy. She is currently a Teaching Fellow at the University of Edinburgh.

Losing Trust in the World Leonard Grob, John K. Roth, 2016-12-05. In July 1943 the Gestapo arrested an obscure member of the resistance movement in Nazi-occupied Belgium. When his torture-inflicting interrogators determined he was no use to them and that he was a Jew, he was deported to Auschwitz. Liberated in 1945, Jean Améry went on to write a series of essays about his experience. No reflections on torture are more compelling. Améry declared that the victims of torture lose trust in the world at the very first blow. The contributors to this volume use their expertise in Holocaust studies to reflect on ethical, religious and legal aspects of torture then and now. Their inquiry grapples with the euphemistic language often used to disguise torture and with the question of whether torture ever constitutes a necessary evil. Differences of opinion reverberate, raising deeper questions: Can trust be restored? What steps can we as individuals and as a society take to move closer to a world in which torture is unthinkable?

After the Holocaust David Cesarani, Eric J. Sundquist, 2011-09-29. For the last decade, scholars have been questioning the idea that the Holocaust was not talked about in any way until well into the 1970s. *After the Holocaust: Challenging the Myth of Silence* is the first collection of authoritative original scholarship to expose a serious misreading of the past on which controversially the claims for a Holocaust industry rest. Taking an international approach, this bold new book exposes the myth and opens the way for a sweeping reassessment of Jewish life in the postwar era, a life lived in the pervasive shared awareness that Jews had narrowly survived a catastrophe that had engulfed humanity as a whole but claimed two thirds of their number. The chapters include an overview of the efforts by survivor historians and memoir writers

to inform the world of the catastrophe that had befallen the Jews of Europe an evaluation of the work of survivor historians and memoir writers new light on the Jewish historical commissions and the Jewish documentation centres studies of David Boder a Russian born psychologist who recorded searing interviews with survivors and the work of philosophers social thinkers and theologians theatrical productions by survivors and the first films on the theme made in Hollywood how the Holocaust had an impact on the everyday life of Jews in the USA and a discussion of the different types and meanings of silence A breakthrough volume in the debate about the Myth of Silence this is a must for all students of Holocaust and genocide

Holocaust Trauma Natan P.F. Kellermann Ph.D.,2009-08-17 Holocaust Trauma offers a comprehensive overview of the long term psychological effects of Holocaust trauma It covers not only the direct effects on the actual survivors and the transmission effects upon the offspring but also the collective effects upon other affected populations including the Israeli Jewish and the societies in Germany and Austria It also suggests various possible intervention approaches to deal with such long term effects of major trauma upon individuals groups and societies that can be generalized to other similar traumatic events The material presented is based on the clinical experience gathered from hundreds of clients of the National Israeli Center for Psychosocial Support of Holocaust Survivors and the Second Generation AMCHA an Israeli treatment center for this population and from facilitating groups of Austrian German participants in Yad Vashem and Europe as well as an upon an extensive review of the vast literature in the field a long awaited text from one of the most experienced and knowledgeable psychologists in the world The text is groundbreaking in its sensitivity historical grounding insight and scholarship Michael A Grodin M D

Microhistories of the Holocaust Claire Zalc,Tal Bruttman,2016-12-01 How does scale affect our understanding of the Holocaust In the vastness of its implementation and the sheer amount of death and suffering it produced the genocide of Europe s Jews presents special challenges for historians who have responded with work ranging in scope from the world historical to the intimate In particular recent scholarship has demonstrated a willingness to study the Holocaust at scales as focused as a single neighborhood family or perpetrator This volume brings together an international cast of scholars to reflect on the ongoing microhistorical turn in Holocaust studies assessing its historiographical pitfalls as well as the distinctive opportunities it affords researchers

The Jewish Holocaust Marty Bloomberg,Buckley Barry Barrett,1995-01-01 This expanded edition of the guide to major books in English on the Holocaust is organized into ten subject areas reference materials European antisemitism background materials the Holocaust years Jewish resistance

Medical and Psychological Effects of Concentration Camps on Holocaust Survivors Robert Krell,2019-01-22 This unique research bibliography is offered in honor of Leo Eitinger of Oslo Norway Dr Eitinger fled to Norway in 1939 at the start of the World War II He was caught and deported to Auschwitz where among others he operated on Elie Wiesel who has written the foreword to this volume After the war Eitinger became a pioneering researcher on a subject from which many shied away His contributions to understanding of the experience of massive psychological trauma

have inspired others to do similar work His many books and papers are listed in this special volume of the acclaimed bibliographic series edited by Israel W Charny of The Institute on the Holocaust and Genocide in Jerusalem In order to acquaint users of this bibliography with the topic two introductory articles are offered The first is titled Survivors and Their Families and deals with the impact of the Holocaust on individuals The second Psychiatry and the Holocaust examines the general impact of the Holocaust on the field of psychiatry Robert Krell writes that in general the psychiatric literature has reflected critically on the survivor due to preconceived notions held by many mental health professionals For many years the exploration of victims psychopathology obscured the remarkable adaptation made by some survivors The problems experienced by survivors and possible approaches to treatment were entirely absent from mainstream psychiatric textbooks such as the Comprehensive Textbook of Psychiatry throughout the 1960s and 1970s Fifty years of observations about survivors of the concentration camps and other survivors of the Holocaust in hiding as partisans in slave labor camps has provided a new body of medical and psychiatric literature This comprehensive bibliography contains a plethora of references to significant pieces of literature regarding the Holocaust and its effects on survivors It will be of inestimable value to physicians psychiatrists psychologists and social workers along with historians sociologists and Holocaust studies specialists

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