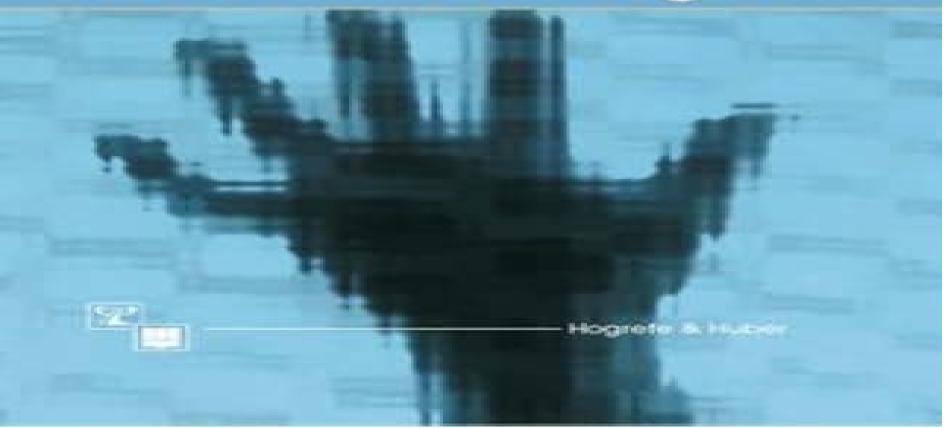


International Suicide Rates

Prevention Strategies



International Suicide Rates And Prevention Strategies

Yasuyuki Sawada, Michiko
Ueda, Tetsuya Matsubayashi

International Suicide Rates And Prevention Strategies:

International Suicide Rates and Prevention Strategies Diego De Leo, Russell Evans, 2004 De Leo and Evans report findings from work undertaken in the study International Suicide Rates Recent Trends and Implications for Australia 2003 which was commissioned by the Australian National Advisory Council for Suicide Prevention and funded by the Australian government Using data from the WHO s Mortality Database the authors review the global data on suicide mortality by age groups and critically review the evidence regarding the impact of some public health and clinical interventions on suicide mortality at population levels including national suicide prevention strategies national mental health plans substance abuse policies and the use of antidepressant medications No subject index The authors credentials are not stated Annotation 2004 Book News Inc Portland OR booknews com International Handbook of Suicide Prevention Rory C. O'Connor, Stephen Platt, Jacki Gordon, 2011-06-03 The International Handbook of Suicide Prevention showcases the latest cutting edge research from the world's leading authorities and highlights policy and practice implications for the prevention of suicide Brings together the world's leading authorities on suicidal behaviour renowned for their suicide prevention research policy and practice Addresses the key questions of why people attempt suicide the best interventions treatments and care for those at risk and the key international challenges in trying to prevent suicide Describes up to date theoretically derived and evidence based research and practice from across the globe which will have implications across countries cultures and the lifespan

The International Handbook of Suicide Prevention Rory C. O'Connor, Jane Pirkis, 2016-10-31 The International Handbook of Suicide Prevention 2nd Edition presents a series of readings that consider the individual and societal factors that lead to suicide it addresses ways these factors may be mitigated and presents the most up to date evidence for effective suicide prevention approaches An updated reference that shows why effective suicide prevention can only be achieved by understanding the many reasons why people choose to end their lives Gathers together contributions from more than 100 of the world's leading authorities on suicidal behavior many of them new to this edition Considers suicide from epidemiological psychological clinical sociological and neurobiological perspectives providing a holistic understanding of the subject Describes the most up to date evidence based research and practice from across the globe and explores its implications across countries cultures and the lifespan **Suicide: A Global Perspective** Maurizio Pompili,2012-09-19 In the year 2000 approximately one million people died from suicide a global mortality rate of 16 per 100 000 or one death every 40 seconds In the last 45 years suicide rates have increased by 60% worldwide Suicide is now among the three leading causes of death among those aged 15 44 years both sexes these figures do not include suicide attempts up to 20 times more frequent than completed suicide Suicide worldwide is estimated to represent 1 8% of the total global burden of disease in 1998 and 2 4% in countries with market and former socialist economies in 2020 Although traditionally suicide rates have been highest among the male elderly rates among young people have been increasing to such an extent that they are now the group at highest

risk in a third of countries in both developed and developing countries Mental disorders particularly depression and substance abuse are associated with more than 90% of all cases of suicide however suicide results from many complex sociocultural factors and is more likely to occur particularly during periods of socioeconomic family and individual crisis situations e g loss of a loved one employment honour The economic costs associated with completed and attempted suicide are estimated to be in the billions of dollars One million lives lost each year are more than those lost from wars and murder annually in the world It is three times the catastrophic loss of life in the tsunami disaster in Asia in 2005 Every day of the year the number of suicides is equivalent to the number of lives lost in the attack on the World Trade Center Twin Towers on 9 11 in 2001 Everyone should be aware of the warning signs for suicide Someone threatening to hurt or kill him herself or taking of wanting to hurt or kill him herself someone looking for ways to kill him herself by seeking access to firearms available pills or other means someone talking or writing about death dying or suicide when these actions are out of the ordinary for the person Also high risk of suicide is generally associated with hopelessness rage uncontrolled anger seeking revenge acting reckless or engaging in risky activities seemingly without thinking feeling trapped like there s no way out increased alcohol or drug use withdrawing from friends family and society anxiety agitation unable to sleep or sleeping all the time dramatic mood changes no reason for living no sense of purpose in life Table 1 Understanding and helping the suicidal individual should be a task for all Suicide Myths How to Help the Suicidal Person Warning Sights of Suicide Myth Suicidal people just want to die Fact Most of the time suicidal people are torn between wanting to die and wanting to live Most suicidal individuals don t want death they just want to stoop the great psychological or emotional pain they are experiencing Listen Accept the person's feelings as they are Do not be afraid to talk about suicide directly Ask them if they developed a plan of suicide Expressing suicidal feelings or bringing up the topic of suicide Giving away prized possessions settling affairs making out a will Signs of depression loss of pleasure sad mood alterations in sleeping eating patterns feelings of hopelessness Myth People who commit suicide do not warn others Fact Eight out of every 10 people who kill themselves give definite clues to their intentions They leave numerous clues and warnings to others although clues may be non verbal of difficult to detect Remove lethal means for suicide from person s home Remind the person that depressed feelings do change with time Point out when death is chosen it is irreversible Change of behavior poor work or school performance Risk taking behaviors Increased use of alcohol or drugs Social isolation Developing a specific plan for suicide Myth People who talk about suicide are only trying to get attention They won t really do it Fact Few commit suicide without first letting someone know how they feel Those who are considering suicide give clues and warnings as a cry for help Over 70% who do threaten to commit suicide either make an attempt or complete the act Express your concern for the person Develop a plan for help with the person Seek outside emergency intervention at a hospital mental health clinic or call a suicide prevention center Myth Don t mention suicide to someone who s showing signs of depression It will plant the idea in

their minds and they will act on it Fact Many depressed people have already considered suicide as an option Discussing it openly helps the suicidal person sort through the problems and generally provides a sense of relief and understanding Suicide is preventable Most suicidal individuals desperately want to live they are just unable to see alternatives to their problems Most suicidal individuals give definite warnings of their suicidal intentions but others are either unaware of the significance of these warnings or do not know how to respond to them Talking about suicide does not cause someone to be suicidal on the contrary the individual feel relief and has the opportunity to experience an empathic contact Suicide profoundly affects individuals families workplaces neighbourhoods and societies The economic costs associated with suicide and self inflicted injuries are estimated to be in the billions of dollars Surviving family members not only suffer the trauma of losing a loved one to suicide and may themselves be at higher risk for suicide and emotional problems Mental pain is the basic ingredient of suicide Edwin Shneidman calls such pain psychache 1 meaning an ache in the psyche Shneidman suggested that the key questions to ask a suicidal person are Where do you hurt and How may I help you If the function of suicide is to put a stop to an unbearable flow of painful consciousness then it follows that the clinician s main task is to mollify that pain Shneidman 1 also pointed out that the main sources of psychological pain such as shame guilt rage loneliness hopelessness and so forth stem from frustrated or thwarted psychological needs. These psychological needs include the need for achievement for affiliation for autonomy for counteraction for exhibition for nurturance for order and for understanding Shneidman 2 who is considered the father of suicidology has proposed the following definition of suicide Currently in the Western world suicide is a conscious act of self induced annihilation best understood as a multidimensional malaise in a needful individual who defines an issue for which the suicide is perceived as the best solution Shneidman has also suggested that that suicide is best understood not so much as a movement toward death as it is a movement away from something and that something is always the same intolerable emotion unendurable pain or unacceptable anguish Strategies involving restriction of access to common methods of suicide have proved to be effective in reducing suicide rates however there is a need to adopt multi sectoral approaches involving other levels of intervention and activities such as crisis centers There is compelling evidence indicating that adequate prevention and treatment of depression alcohol and substance abuse can reduce suicide rates School based interventions involving crisis management self esteem enhancement and the development of coping skills and healthy decision making have been demonstrated to reduce the risk of suicide among the youth Worldwide the prevention of suicide has not been adequately addressed due to basically a lack of awareness of suicide as a major problem and the taboo in many societies to discuss openly about it In fact only a few countries have included prevention of suicide among their priorities Reliability of suicide certification and reporting is an issue in great need of improvement It is clear that suicide prevention requires intervention also from outside the health sector and calls for an innovative comprehensive multi sectoral approach including both health and non health sectors e g education labour police

justice religion law politics the media Routledge International Handbook of Clinical Suicide Research John R. Cutcliffe, José Santos, Paul S. Links, Juveria Zaheer, Henry G. Harder, Frank Campbell, Rod McCormick, Kari Harder, Yvonne Bergmans, Rahel Eynan, 2013-10-15 Suicide remains one of the most pressing public health concerns across the world Expensive in terms of the human cost and associated suffering the economic costs the social costs and the spiritual costs it affects millions of people every year This important reference work collects together a wide range of research around suicide and suicide prevention in order to guide future research and provide guidance for professionals about the best way to respond meaningfully to suicidal patients Responding to the need for multi disciplinary and international research to deepen our understanding of suicide it demonstrates where our knowledge is firmly evidence based and where new areas for research are emerging as well as highlighting where we know little Divided into six parts each with its own editorial introduction and commentary it explores research with and about survivors of suicide and indigenous populations The remaining sections look at suicide focused research in psychiatric nursing psychiatry psychology and social work and allied health It is of interest to all advanced students practitioners and scholars interested in suicide and its impact and prevention

The Psychology of Suicide: From Research Understandings to Intervention and Treatment Yossi Levi-Belz, Yari Gvion, Alan Apter, 2019-07-11 Suicide is a highly complex and multifaceted phenomenon with many contributing and facilitating factors and variables However given its being one of the most severe human behaviors an obvious focus would be to identify the underlying psychological mechanisms and processes that may lead to suicidal ideation and behavior This eBook is dedicated to studies exploring various approaches to the psychology of suicidal behavior as well as of non suicidal self injury NSSI The purpose of this eBook is to shed light on in depth examinations of the current knowledge and empirical data regarding models theories and specific dimensions and variables that may help us increase the psychological understanding of suicidal phenomena The specific goal is to identify particular psychological characteristics that may be used to develop prevention and intervention methods and programs We believe that this eBook can contribute to the understanding of this behavior and help to develop specific tools therapeutic guidelines and programs that may help reduce the number of suicides occurring annually This eBook is dedicated to our dearest friend Dafni Assaf who was one of the greatest leaders of the suicide prevention program in Israel Suicide and Suicide Prevention From a Global **Perspective** Ella Arensman, Diego De Leo, Jane Pirkis, 2020-04-06 Suicide is one of the most personal yet one of the most complex acts anyone can perform and it continues to be a major global public health problem with an estimated 800 000 deaths annually Suicide prevention is an important target in the United Nations Sustainable Development Goals SDGs for 2030 which aims to reduce premature mortality from noncommunicable diseases by one third Suicide is a global problem but what differences are there is the challenges faced and the solutions found regionally Written by leading experts the nine chapters of this volume provide a clear outline of the major milestones and achievements that have been reached so far in six

different geographical regions according to data collated by IASP and the WHO Recent progress in the development and implementation of national suicide prevention programs in different countries is also explored In two concluding chapters the evidence base and best practice of suicide prevention programs are reviewed as well as a look at the future directions for suicide prevention at the global level This is essential reading for all those involved in suicide research and prevention as well as public health policy and epidemiology who want to keep up to date with the latest global developments

International Encyclopedia of Public Health William C Cockerham, 2016-10-06 International Encyclopedia of Public Health Second Edition Seven Volume Set is an authoritative and comprehensive guide to the major issues challenges methods and approaches of global public health Taking a multidisciplinary approach this new edition combines complementary scientific fields of inquiry linking biomedical research with the social and life sciences to address the three major themes of public health research disease health processes and disciplines This book helps readers solve real world problems in global and local health through a multidisciplinary and comprehensive approach Covering all dimensions of the field from the details of specific diseases to the organization of social insurance agencies the articles included cover the fundamental research areas of health promotion economics and epidemiology as well as specific diseases such as cancer cardiovascular diseases diabetes and reproductive health Additional articles on the history of public health global issues research priorities and health and human rights make this work an indispensable resource for students health researchers and practitioners alike Provides the most comprehensive high level internationally focused reference work available on public health Presents an invaluable resource for both researchers familiar with the field and non experts requiring easy to find relevant global information and a greater understanding of the wider issues Contains interdisciplinary coverage across all aspects of public health Incorporates biomedical and health social science issues and perspectives Includes an international focus with contributions from global domain experts providing a complete picture of public health issues Oxford Textbook of Suicidology and Suicide Prevention Danuta Wasserman, 2021 Part of the authoritative Oxford Textbooks in Psychiatry series the new edition of the Oxford Textbook of Suicidology and Suicide Prevention remains a key text in the field of suicidology fully updated with new chapters devoted to major psychiatric disorders and their relation to suicide Mental and Neurological Public Health Vikram Patel, Alistair Woodward, Valery Feigin, Stella R. Quah, Kristian Heggenhougen, 2010-06-07 Colin Mathers who leads the Global Burden of Disease group in WHO has confirmed that in the 2004 GBD 13 1% of global Daily Adjusted Life Years are attributable to mental or neurological disorders While the proportions vary very widely from about 10% in low income countries to over 25% in high income countries it is clear that there is a need for understanding how to address this issue This volume aims to provide a comprehensive overview of the public health principles of mental and neurological disorders This vast range of health conditions affects people across the life course from developmental disabilities in childhood to schizophrenia and substance abuse in adults and dementia in old

age Despite this diversity they all share many features they are mostly mediated through brain dysfunction or abnormalities are often chronic in course typically benefit from multi component interventions and are amongst the most neglected conditions in global health The volume will bring together chapters from the Psychiatry Neurology Substance Abuse and Child Development sections of the Encyclopedia of Public Health The volume will be the first comprehensive text on a public health approach to this diverse group of health conditions and has no obvious competitor Highlights the common features of many mental and neurological disorders Provides insights into potential cross over methods of identification and treatment Includes chapters on the most frequently diagnosed mental and neurological challenges faced by public health systems

Evidence-Based Practice in Suicidology Maurizio Pompili, Roberto Tatarelli, 2010-12-01 An innovative and long overdue book by the world's leading researchers and practitioners describing what really works in suicide prevention the evidence for particular approaches where the gaps are in our knowledge and how we can fill them Suicide rat Analysis of Suicide Prevention Yasuyuki Sawada, Michiko Ueda, Tetsuya Matsubayashi, 2017-10-24 This book examines the causes and consequences of suicide from the perspective of economics The approach here differs from those in medical psychiatric epidemiological and sociological studies of suicide and is thus novel in a way that highlights the importance of economic and institutional settings in the problem of suicide The authors argue that suicide imposes a tremendous economic cost on contemporary society in a variety of ways requiring the government to develop an effective prevention strategy An empirical analysis using data from Japan and other developed countries shows that natural disasters and economic crises increase suicide rates while liberal government policies favorable to the poor can decrease them Further the types of effective prevention strategies in the context of railway subway suicides celebrity suicides public awareness campaigns and education using data primarily from Japan are revealed This book ultimately contributes to an understanding of suicides and the development of evidence based policy proposals The Japanese version of this book won the 56th Nikkei Prize for Economics Books Nikkei Keizai Tosho Bunka Award in 2013 Yasuyuki Sawada is Chief Economist of the Asian Development Bank and Professor of Economics at The University of Tokyo Michiko Ueda is Associate Professor in the Faculty of Political Science and Economics at Waseda University Tetsuya Matsubayashi is Associate Professor of Osaka School of International Public Policy OSIPP at Osaka University Handbook of European Homicide Research Marieke C. A. Liem, William Alex Pridemore, 2011-10-17 This comprehensive work provides a sourcebook of information about the substantive methodological and policy oriented aspects of homicide research in Europe Part one of this work covers the most recent substantive and methodological information about European homicide research The second part will contains detailed case studies on homicide research in 15 20 individual European nations This work will be both conceptual and practical conceptual and practical Conceptual aspects will focus on theoretical frameworks and patterns and trends of violence in Europe Practical aspects will examine the results of empirical research topics relating to different data sources and the variation of legal

definitions of violence throughout Europe and policy issues relating to variation in homicide prevention and punishment of homicide offenders throughout Europe This handbook will not only provide an up to date reference that brings together known information but will also offer previously unpublished comprehensive literature reviews and original research findings The editors distinctive approach is to provide readers with an English language central source of information about the voluminous literature on European homicide research that is currently spread widely in dozens of different European and Social Determinants of Mental Health Andrea Fiorillo, Serafino De Giorgi, 2024-11-30 This book provides a comprehensive exploration of the social determinants of mental health and enhances our understanding of their impact on the development and manifestation of various mental disorders It offers new insights on the complex interplay between genetic biological and social determinants and highlights the crucial role that social determinants play in shaping the risk and protective factors for mental health The volume covers factors such as migration pollution urbanization and discrimination that contribute to the development onset and outcome of major mental health problems including schizophrenia major depression bipolar disorder and anxiety disorders Additionally the book fosters well being and promotes mental health by emphasizing strategies to fight stigma and discrimination prevent mental disorders with home based school based or workplace based supportive measures It calls for making mental health accessible to everyone and outlines the importance of addressing social determinants to promote mental well being Books of Abstracts of the 16th World Congress of the International Association for Child and Adolescent Psychiatry and Allied Professions (IACAPAP) H. Remschmidt, 2013-06-29 This book contains all of the abstracts of the 16th World Congress of the International Association for Child and Adolescent Psychiatry and Allied Professions IA CAPAP held in Berlin Aug 22 26 2004 The abstracts are arranged according to the type of session main lecture state of the art lecture symposium workshop course or poster exhibition and the day of the conference The abstracts of the industry sponsored sessions are also in cluded A subject index is provided to help track themes of special interest The author index allows you to find the abstract authors and the address of the first author for direct contact The general theme of the congress Facilitating Pathways Care Treatment and Prevention in Child and Adolescent Mental Health is quite inclusive and the contri butions to the Congress as reflected in the abstracts cover the whole range of child and adolescent mental health endeavour including all modern methods and trends in research and clinical application. The ways we understand and treat our patients are changing rapidly and this too is reflected in the contributions to this volume which give state of the art information that should allow us to provide better care treatment and prevention to children adolescents and their care givers everywhere in the world The Routledge Handbook of International Development, Mental Health and Wellbeing Laura Davidson, 2019-06-19 Mental health has always been a low priority worldwide Yet more than 650 million people are estimated to meet diagnostic criteria for common mental disorders such as depression and anxiety with almost three quarters of that burden in low and middle income countries

Nowhere in the world does mental health enjoy parity with physical health Notwithstanding astonishing medical advancements in treatments for physical illnesses mental disorder continues to have a startlingly high mortality rate However despite its widespread neglect there is now an emerging international imperative to improve global mental health and wellbeing The UN s current international development agenda finalised at the end of 2015 contains 17 Sustainable Development Goals SDGs including SDG3 which seeks to ensure healthy lives and promote wellbeing for all at all ages Although much broader in focus than the previous eight Millennium Development Goals MDGs the need for worldwide improvement in mental health has finally been recognised This Handbook addresses the new UN agenda in the context of mental health and sustainable development examining its implications for national and international policy makers decision makers researchers and funding agencies Conceptual evidence based and practical discussions crossing a range of disciplines are presented from the world's leading mental health experts Together they explore why a commitment to investing in mental health for the fulfilment of SDG3 ought to be an absolute global priority Tchounwou, 2020-12-21 Next year 2018 we will be celebrating the 15th anniversary of the International Journal of Environmental Research and Public Health IJERPH ISSN 1660 4601 Hence we are currently organizing a Special Issue to commemorate this important milestone Founded in 2004 IJERPH has experienced a tremendous growth in terms of the number and quality of scientific publications With a 2016 impact factor of 2 101 IJERPH now ranks among the top international journals in the emerging field of environmental research and public health As described on our website https www mdpi com journal ijerph IJERPH is a peer reviewed journal that focuses on the publication of scientific and technical information on the impacts of natural phenomena and anthropogenic factors on the quality of our environment the interrelationships between environmental health and the quality of life as well as the socio cultural political economic and legal considerations related to environmental stewardship and public health Its primary areas of research interests include Gene environment interactions Environmental genomics and proteomics Environmental toxicology mutagenesis and carcinogenesis Environmental epidemiology and disease control Health risk assessment and management Ecotoxicology and ecological risk assessment and management Natural resources damage assessment Environmental chemistry and computational modeling Environmental policy and management Environmental engineering and biotechnology Emerging issues in environmental health and diseases Environmental education and public health To help celebrate the 15th anniversary you are kindly invited to submit original articles critical reviews research notes and short communications on any of the above listed topics Please also encourage any of our colleagues who may be interested to submit manuscripts We expect that this issue will attract considerable attention as we prepare to celebrate the excellent scientific contributions and socio economic impacts of IJERPH over the past 15 years Landmark Papers in Psychiatry Elizabeth Ryznar, Aderonke B. Pederson, Mark A. Reinecke, John G. Csernansky, 2020-01-22 Advances in the practice of psychiatry have occurred in fits

and starts over the last several decades These advances are evident to anyone long affiliated with the field and are best appreciated through direct experience of living through the times These advances can also be gleaned from historical overviews in textbooks or the recollections of one s teachers and mentors Returning to the original papers that have ushered in these changes is rarely done for various mostly practical reasons Filtering through thousands of articles in psychiatry may prove daunting access to the manuscripts may be limited especially for papers not available electronically and understanding their impact requires a broader context Moreover with so much active research currently occurring in various branches of psychiatry current practitioners or trainees may find their attention focused on the present and this is reinforced by electronic search algorithms which return articles in reverse chronological order Not surprisingly citations for articles in virtually all fields decline precipitously for articles over five years old As scholars and professionals we are losing touch with our academic heritage Yet navigating the future of psychiatry requires a firm understanding of its past This resource serves as a guide for anyone seeking to understand the evolution of psychiatry as a scientific discipline It does so by summarizing over 100 landmark papers in psychiatry and placing their scientific contributions within a historical context An introductory section sets the stage for the major theoretical constructs within the field with chapters devoted to ontology and nosology Subsequent sections examine major facets of the theory and practice of psychiatry such as pathogenesis of psychiatric illness pharmacotherapy psychotherapy and somatic treatments These sections are divided logically into chapters addressing important contributions to the understanding and treatment of specific disorders A final section explores ethical considerations within each field This framework echoes the complexity of psychiatry which cannot be reduced to a single set of diagnoses or subspecialty categories Highlighting the research trajectory of psychiatry this resource will appeal to academics trainees and practitioners who desire a comprehensive easy to read up to date collection of psychiatry s pivotal moments By understanding the challenges inspirations and insights from the past readers will be better poised to address new and ongoing challenges within the field International Public Health: Diseases, Programs, Systems and **Policies** Michael Merson, Robert E. Black, Anne Mills, 2006 In this text for graduate students in various disciplines who are studying international public health the author focuses on conditions in low and middle income countries occasionally making reference to high income countries He suggests approaches for fostering public health and discusses future challenges for health promotion and disease prevention around the world The text can also be used as a reference by those working in government agencies international health and development agencies and NGOs Suicide Danuta Wasserman, 2016-01-14 Approximately one million people worldwide commit suicide each year and at least ten times as many attempt suicide A considerable number of these people are in contact with members of the healthcare sector and encounters with suicidal individuals form a common part of the everyday work of many healthcare professionals Suicide An unnecessary death examines the pharmacological psychotherapeutic and psychosocial measures adopted by psychiatrists GPs and other health

care staff and emphasizes the need for a clearer psychodynamic understanding of the self if patients are to be successfully recognized diagnosed and treated Drawing on the latest research by leading international experts in the field of suicidology this new edition provides clinicians with an accessible summary of the latest research into suicide and its prevention The abundance of new literature can make it difficult for those whose clinical practice involves daily contact with suicidal patients to devote sufficient time to penetrating the research and accordingly apply new findings in their clinical practice In light of the WHO Mental Health Action Plan 2013 2020 this new edition is a timely contribution to the field and a vital and rapid overview that will increase awareness of suicide prevention methods

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