



# Interpreting Weight

THE SOCIAL  
MANAGEMENT  
OF FATNESS  
AND THINNESS

**Jeffery Sobal**  
**Donna Maurer**  
Editors

# Interpreting Weight The Social Management Of Fatness And Thinness

**Kandi M. Stinson**



## **Interpreting Weight The Social Management Of Fatness And Thinness:**

Interpreting Weight Jeffery Sobal Donna Maurer, Sociologists psychologists and nutritionists explore how people construct fatness and thinness They examine different strategies used to interpret body weight such as negotiating weight identities reinterpreting weight and becoming involved in weight related organizations Annotation copyrighted by Book News Inc Portland OR **Interpreting Weight** Jeffery Sobal, Donna Maurer, 1999 **The Oxford Handbook of the Social**

**Science of Obesity** John Cawley, 2011-08-08 There is an urgent need to better understand the causes and consequences of obesity and to learn what works to prevent or reduce obesity This volume accurately and conveniently summarizes the findings and insights of obesity related research from the full range of social sciences including anthropology economics government psychology and sociology It is an excellent resource for researchers in these areas both bringing them up to date on the relevant research in their own discipline and allowing them to quickly and easily understand the cutting edge research being produced in other disciplines The Oxford Handbook of the Social Science of Obesity is a critical reference for obesity researchers and is also valuable for public health officials policymakers nutritionists and medical practitioners The first section of the book explains how each social science discipline models human behavior in particular diet and physical activity and summarizes the major research literatures on obesity in that discipline The second section provides important practical information for researchers including a guide to publicly available social science data on obesity and an overview of the challenges to causal inference in obesity research The third part of the book synthesizes social science research on specific causes and correlates of obesity such as food advertising food prices and peers The fourth section summarizes social science research on the consequences of obesity such as lower wages job absenteeism and discrimination The fifth and final section reviews the social science literature on obesity treatment and prevention such as food taxes school based interventions and medical treatments such as anti obesity drugs and bariatric surgery *21st Century Sociology: A Reference Handbook* Clifton D. Bryant, Dennis L. Peck, 2006-11-17 With this valuable handbook the editors have successfully synthesized a field that has expanded considerably in recent years M L Stark CHOICE Because the field of sociological inquiry is multi faceted in perspective and does subsume a variety of specialty interests the literature in this discipline has developed and proliferated in a near exponential fashion Sociology today has become so specialty driven in its research and theory agenda that the result is an enormous and complex body of sociological knowledge that is often considered to be unwieldy 21st Century Sociology A Reference Handbook provides a concise forum through which the vast array of knowledge accumulated particularly during the past three decades can be organized into a single definitive resource The two volumes of this Reference Handbook focus on the corpus of knowledge garnered in traditional areas of sociological inquiry as well as document the general orientation of the newer and currently emerging areas of sociological inquiry Key Features Provides a timely and comprehensive assessment of the 100 specialty fields of sociology with contributions by leading authorities in

their area of expertise from the U S Canada Europe and Singapore Examines four distinct phases of development in the history of sociological inquiry a period of theoretical development the emphasis on methodological development and refinement the phase of specialization and a period that has taken representatives of the discipline into previously unexplored areas Addresses the various traditional subfields of sociology such as political sociology educational sociology rural sociology criminology occupational sociology and minority relations Explores important new evolving subfields such as environmental sociology sociology of sports and leisure military sociology medical sociology the sociology of food and eating and the sociology of emotions 21st Century Sociology presents the most comprehensive overview of modern sociology making it a must have resource for any academic library

**Famished** Rebecca J. Lester, 2021-11-02 When Rebecca Lester was eleven years old and again when she was eighteen she almost died from anorexia nervosa Now both a tenured professor in anthropology and a licensed social worker she turns her ethnographic and clinical gaze to the world of eating disorders their history diagnosis lived realities treatment and place in the American cultural imagination Famished the culmination of over two decades of anthropological and clinical work as well as a lifetime of lived experience presents a profound rethinking of eating disorders and how to treat them Through a mix of rich cultural analysis detailed therapeutic accounts and raw autobiographical reflections Famished helps make sense of why people develop eating disorders what the process of recovery is like and why treatments so often fail It s also an unsparing condemnation of the tension between profit and care in American healthcare demonstrating how a system set up to treat a disease may in fact perpetuate it Fierce and vulnerable critical and hopeful Famished will forever change the way you understand eating disorders and the people who suffer with them

**The Routledge Companion to Identity and Consumption** Ayalla A. Ruvió, Russell W. Belk, 2013-01-04 Tell me what you eat I ll tell you who you are said Anthelme Brillat Savarin Today You are what you consume is more apt Barbara Krueger s ironic twist of Descartes I shop therefore I am has lost its irony Such phrases have become commonplace descriptions of our identity in the contemporary world In our materialistic world it seems as if there is no debate that our consumption behaviour is fused with our self identity shaping it changing it and often challenging it The Routledge Companion to Identity and Consumption introduces the reader to state of the art research written by the world s leading scholars regarding the interplay between identity and consumption The book addresses the diverse issues regarding the ways identity affects our consumption behaviour and vice versa and in doing so presents a broad perspective on the dynamics of self identity and consumption With chapters discussing the theory research and practical implications of these dynamics including the way they change across our life span and their expression within different social cultural and religious contexts this book will be a valuable reference source for students and academics from a variety of disciplines

**Education, Disordered Eating and Obesity Discourse** John Evans, Emma Rich, Brian Davies, Rachel Allwood, 2008-06-06 This book investigates how body centred talk around weight fat food and exercise is recycled in schools enters educational processes

and impacts on the identities and health of young people      **Fat Fashion** Paolo Volonté,2021-08-12 Average body mass in many Western cultures is getting larger and yet the fashion system seems mostly unchanged Major fashion houses still limit their output to small sizes and the dominant ideal of the female body in fashion imagery is still thin dangerously thin according to World Health Organization standards Why is the industry forfeiting a considerable share of the market in the form of plus size consumers seemingly against its commercial interests Why does the thin ideal reign supreme despite damning evidence of its harm to women And is there a way out of this system of thin ideals and segregated fat bodies In this original study Paolo Volont answers these questions and more drawing on influential literature on the body beauty standards and the roles of clothing in society He reveals some surprising factors behind the perpetuation of the thin ideal such as the precedent of thin models and the introduction of standardised sizing for mass manufactured clothing He also revisits less surprising factors such as the attitudes of designers and consumers towards the female body and notions of perfection By critically analysing these factors Volont reveals why plus size fashion is often characterised by low aesthetic commitment and low quality marketing He explores the nature of the segregation of fat bodies in fashion and considers what the future may hold for consumers designers and marketers alike      **Killer Fat** Natalie Boero,2012-09-12 In the past decade obesity has emerged as a major public health concern in the United States and abroad At the federal state and local level policy makers have begun drafting a range of policies to fight a war against fat including body mass index BMI report cards snack taxes and laws to control how fast food companies market to children As an epidemic obesity threatens to weaken the health economy and might of the most powerful nation in the world In Killer Fat Natalie Boero examines how and why obesity emerged as a major public health concern and national obsession in recent years Using primary sources and in depth interviews Boero enters the world of bariatric surgeries Weight Watchers and Overeaters Anonymous to show how common expectations of what bodies are supposed to look like help to determine what sorts of interventions and policies are considered urgent in containing this new kind of disease Boero argues that obesity like the traditional epidemics of biological contagion and mass death now incites panic a doomsday scenario that must be confronted in a struggle for social stability The war on obesity she concludes is a form of social control Killer Fat ultimately offers an alternate framing of the nation s obesity problem based on the insights of the Health at Every Size movement      **Men and the War on Obesity** Lee F. Monaghan,2008-04-02 Lee F Monaghan offers a timely critical and original take on the obesity debate bringing male bodies into the frame and questioning the claim from public health that millions of people are unhealthy because they are overweight or obese      Obesity Alexandra A. Brewis,2011 Introduction the problem with obesity Defining obesity Obesity and human adaptation The distribution of risk Culture and body ideals Big body symbolism meanings and norms Conclusion the big picture      *Fat* Sander L. Gilman,2013-05-02 The modern world is faced with a terrifying new disease that of obesity As people get fatter we have come to see excess weight as unhealthy morally repugnant and socially damaging Fat it seems has long been a national

problem and each age culture and tradition have all defined a point beyond which excess weight is unacceptable ugly or corrupting This fascinating new book by Sander Gilman looks at the interweaving of fact and fiction about obesity tracing public concern from the mid nineteenth century to the modern day He looks critically at the source of our anxieties covering issues such as childhood obesity the production of food media coverage of the subject and the emergence of obesity in modern China Written as a cultural history the book is particularly concerned with the cultural meanings that have been attached to obesity over time and to explore the implications of these meanings for wider society The history of these debates is the history of fat in culture from nineteenth century opera to our global dieting obsession *Fat A Cultural History of Obesity* is a vivid and absorbing cultural guide to one of the most important topics in modern society **Understanding Deviance**

Tammy L. Anderson, 2014-01-23 In this collection of 48 reprinted and completely original articles Tammy Anderson gives her fellow instructors of undergraduate deviance a refreshing way to energize and revitalize their courses 36 are reprints 12 are original to this text anthology First in 12 separate sections she presents a wide range of deviant behaviors traits and conditions including underage drinking and drunk driving doping in elite sports gang behavior community crime juvenile delinquency hate crime prison violence and transgendered prisoners mental illness drug using women and domestic violence obesity tattooing sexual fetishes prostitution drug epidemics viral pandemics crime control strategies and racial inequality gay neighborhoods HIV and bugchasers and lastly youth multicultural identity and music scenes Second her pairing of classic and contemporary viewpoints about deviance and social control not only connects important literatures of the past to today's student readers her connections framework also helps all of us see social life and social processes more clearly when alternative meanings are accorded to similar forms of deviant behavior We also learn how to appreciate and interact with those who see things differently from ourselves This may better equip us to reach common goals in an increasingly diverse and ever changing world Third a major teaching goal of Anderson's anthology is to sharpen students critical thinking skills by forcing them to look at how a deviant behavior trait or condition can be viewed from opposing or alternative perspectives By learning to see deviance from multiple perspectives students will better understand their own and other's behavior and experiences and be able to anticipate future trends Balancing multiple perspectives may also assist students in their practical work in social service criminal justice and other agencies and institutions that deal with populations considered deviant in one way or another **The Fat Studies Reader** Esther Rothblum, Sondra Solovay, 2009-11-01 Winner of the 2010

Distinguished Publication Award from the Association for Women in Psychology Winner of the 2010 Susan Koppelman Award for the Best Edited Volume in Women's Studies from the Popular Culture Association A milestone anthology of fifty three voices on the burgeoning scholarly movement fat studies We have all seen the segments on television news shows A fat person walking on the sidewalk her face out of frame so she can't be identified as some disconcerting findings about the obesity epidemic stalking the nation are read by a disembodied voice And we have seen the movies their obvious lack of large

leading actors silently speaking volumes From the government health industry diet industry news media and popular culture we hear that we should all be focused on our weight But is this national obsession with weight and thinness good for us Or is it just another form of prejudice one with especially dire consequences for many already disenfranchised groups For decades a growing cadre of scholars has been examining the role of body weight in society critiquing the underlying assumptions prejudices and effects of how people perceive and relate to fatness This burgeoning movement known as fat studies includes scholars from every field as well as activists artists and intellectuals The Fat Studies Reader is a milestone achievement bringing together fifty three diverse voices to explore a wide range of topics related to body weight From the historical construction of fatness to public health policy from job discrimination to social class disparities from chick lit to airline seats this collection covers it all Edited by two leaders in the field The Fat Studies Reader is an invaluable resource that provides a historical overview of fat studies an in depth examination of the movement s fundamental concerns and an up to date look at its innovative research

*Second Thoughts: Sociology Challenges Conventional Wisdom* Janet M. Ruane, Karen A. Cerulo, 2011-06-07 Do birds of a feather flock together or do opposites attract Does haste make waste or should you strike while the iron is hot Adages like these or conventional wisdoms shape our social life This Fifth Edition of *Second Thoughts* reviews several popular beliefs and notes how such adages cannot be taken at face value This unique text encourages students to step back and sharpen their analytic focus with 24 essays that use social research to expose the gray areas of commonly held beliefs revealing the complexity of social reality and sharpening students sociological vision

Alcohol, Tobacco and Obesity Kirsten Bell, Amy Salmon, Darlene McNaughton, 2012-03-29 Although drinking smoking and obesity have attracted social and moral condemnation to varying degrees for more than two hundred years over the past few decades they have come under intense attack from the field of public health as an unholy trinity of lifestyle behaviours with apparently devastating medical social and economic consequences Indeed we appear to be in the midst of an important historical moment in which policies and practices that would have been unthinkable a decade ago e g outdoor smoking bans incarcerating pregnant women for drinking alcohol and prohibiting restaurants from serving food to fat people have become acceptable responses to the risks that alcohol tobacco and obesity are perceived to pose Hailing from Canada Australia the United Kingdom and the USA and drawing on examples from all four countries contributors interrogate the ways in which alcohol tobacco and fat have come to be constructed as problems requiring intervention and expose the social cultural and political roots of the current public health obsession with lifestyle No prior collection has set out to provide an in depth examination of alcohol tobacco and obesity through the comparative approach taken in this volume This book therefore represents an invaluable and timely contribution to critical studies of public health health inequities health policy and the sociology of risk more broadly

Women and Dieting Culture Kandi M. Stinson, 2001 Commercial weight loss organizations have come under attack from feminist scholars for perpetuating the very social values that cause women to obsess about

their weight In Women and Dieting Culture sociologist Kandi Stinson asks how these values are transmitted and how the women who join such organizations actually think about their bodies and weight loss As part of her research Stinson fully participated in a national commercial weight loss organization as a paying member Her acute analysis and sensitive insider s portrayal vividly illustrate the central roles dieting and body image play in women s lives *What's Wrong with Fat?* Abigail Saguy,2013-01-31 *What s Wrong with Fat* examines the social implications of understanding fatness as a medical health risk disease and epidemic Examining the ways in which debates over fatness have developed Abigail Saguy argues that the obesity crisis literally makes us fat intensifies negative body image and justifies weight based discrimination Family, Culture, and Self in the Development of Eating Disorders Susan Haworth-Hoeppe,2016-07-28 This book takes a unique approach to the examination of the eating disorder anorexia nervosa and bulimia White middle class heterosexual women share their insights into the emergence of their illnesses through detailed interviews that consider perceptions of the role of family the influence of cultural messages regarding thinness and beauty the agency these women exert in the use of weight control to cope with life s stressors the meaning they attach to their eating disorders and how these issues together perpetuate their disease The book uses a Symbolic Interactionist framework and a grounded theory approach to examine the narratives which emerge from these women s stories Themes of family culture and self arise in their narratives these form the theoretical underpinnings for this book and combine to shape the comprehensive model of eating disorders that emerges from this study Haworth Hoeppe s book will appeal to researchers and advanced students of sociology women s studies family studies social psychology and gender studies The Oxford Handbook of the Sociology of Body and Embodiment Natalie Boero,Katherine Mason,2020-11-02 In popular debates over the influences of nature versus culture on human lives bodies are often assigned to the category of nature biological essential and pre social The Oxford Handbook of the Sociology of Body and Embodiment challenges that view arguing that bodies both shape and get shaped by human societies As such the body is an appropriate and necessary area of study for sociologists The Handbook works to clarify the scope of this topic and display the innovations of research within the field The volume is divided into three main parts Bodies and Methodology Marginalized Bodies and Embodied Sociology Sociologists contributing to the first two parts focus on the body and the ways it is given meaning regulated and subjected to legal and medical oversight in a variety of social contexts particularly when the body in question violates norms for how a culture believes bodies ought to behave or appear Sociologists contributing to the last part use the bodily as a lens through which to study social institutions and experiences These social settings range from personal decisions about medical treatment to programs for teaching police recruits how to use physical force from social movement tactics to countries understandings of race and national identity The Oxford Handbook of the Sociology of the Body also prioritizes empirical evidence and methodological rigor attending to the ways particular lives are lived in particular physical bodies located within particular cultural and institutional contexts Many chapters offer extended



methodological reflections providing guidance on how to conduct sociological research on the body and at times acknowledging the role the authors own bodies play in developing their knowledge of the research subject

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