



# GETTING A GRIP ON TIME MANAGEMENT

TOOLS AND TIPS ON HOW TO DO  
GOAL SETTING, PRIORITISE,  
BE MORE EFFICIENT AND  
STILL HAVE WORK LIFE BALANCE

ROBYN PEARCE

FULLY REVISED 2ND EDITION

# Getting A Grip On Time

**J Rink**



## Getting A Grip On Time:

**Getting a Grip** Bill Hybels, 1998 Getting a Grip guides you toward wise choices and disciplined action in five vital areas of your life your time your health your finances your spiritual life and your relationships Bill Hybels offers biblical insights and practical steps toward Christ like ness *Your Time-Starved Marriage* Les and Leslie Parrott, 2009-05-18 Feeling overscheduled and underconnected as a couple Relationship experts Drs Les and Leslie Parrott help you connect your time styles and your hearts so you can better manage your time This is not a book about being more productive but a book about being more connected with your spouse and maximizing the moments you have together After resolving communication meltdowns finding time together is the number one relational need of most couples Where does it go We try to make it Save it Seize it Buy it And borrow it And yet time continues to elude too many couples At the heart of this book is the renowned Better Love Assessment which helps you uncover your unique time style Accommodator Processor Dreamer or Planner Once you know your time style and that of your spouse this book will show you how to leverage them for powerful results Your Time Starved Marriage helps you Dispel the two lies every time starved couple believes Maximize the minutes that matter most in your marriage Recoup the time you ve been leaving on the table Understand why loving on borrowed time is lethal to your love life And discover how to get a grip on the time of your life Your Time Starved Marriage gives you tools to feed your time starved relationship enjoying time with each other more than you ever imagined Workbooks also available *Report* Royal Canadian Mounted Police, 1929 **Black Enterprise** , 1991-01 BLACK ENTERPRISE is the ultimate source for wealth creation for African American professionals entrepreneurs and corporate executives Every month BLACK ENTERPRISE delivers timely useful information on careers small business and personal finance **Uva's Basic Grip Book** Michael Uva, Sabrina Uva, 2013-01-17 While the technology of filmmaking has changed dramatically over the last 20 years the basics of effective studio gripping are the same a thorough knowledge of equipment safety and tools remains the foundation for success A heavily illustrated reference and learning tool Uva s Basic Grip Book provides grounding in basic grip equipment techniques and safety issues It distills the most beginner friendly information offered in Uva s original Grip Book into a handy reference and guide prepared especially for the beginning professional Updated with the latest studio grip equipment the book also offers a complete list of personal grip tools that every grip should have more than 100 tricks of the trade and a review test designed to affirm new knowledge Uva s Basic Grip Book also offers safety tips for gripping detailed descriptions of positions within the grip department and advice designed to help land that first job and get established in this very competitive industry A fully updated and expanded glossary completes the book Uva s Basic Grip Book covers beginners most frequently asked questions and helps them to acquire basic skills It also looks at the different positions within the grip department and offers helpful advice in getting that first job Like its predecessor Uva s Basic Grip Book is filled throughout with Tricks of the Trade as well as tips on common practice and safety An improved and expanded glossary completes the

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