# Terotranscendence

A Developmental Theory of Positive Aging

**Lars Tornstam** 

# Gerotranscendence A Developmental Theory Of Positive Aging

Elizabeth D. Hutchison, Leanne Wood Charlesworth

#### **Gerotranscendence A Developmental Theory Of Positive Aging:**

Gerotranscendence Lars Tornstam, 2005-06-20 Given the 2006 GREAT GERONTOLOGY AWARD for outstanding contribution to gerontological research by the Swedish Gerontological Society Received a VALUE GROUND AWARD from the journal Aldreomsorg Old Age Care Expanding upon his earlier writings Dr Tornstam's latest book explores the need for new theories in gerontology and sets the stage for the development of his theory of gerotranscendence This theory was developed to address what the author sees as a perpetual mismatch between present theories in social gerontology and existing empirical data The development towards gerotranscendence can involve some overlooked developmental changes that are related to increased life satisfaction as self described by individuals The gerotranscendent individual typically experiences a redefinition of the Self and of relationships to others and a new understanding of fundamental existential questions The individual becomes less self occupied and at the same time more selective in the choice of social and other activities There is an increased feeling of affinity with past generations and a decreased interest in superfluous social interaction The individual might also experience a decrease in interest in material things and a greater need for solitary meditation Positive solitude becomes more important There is also often a feeling of cosmic communion with the spirit of the universe and a redefinition of time space life and death Gerotranscendence does NOT imply any state of withdrawal or disengagement as sometimes erroneously believed It is not the old disengagement theory in new disguise Rather it is a theory that describes a developmental pattern beyond the old dualism of activity and disengagement The author supports his theory with insightful qualitative in depth interviews with older persons and quantitative studies In addition Tornstam illustrates the practical implications of the theory of gerotranscendence for professionals working with older adults in care settings A useful Appendix contains suggestions of how to facilitate personal development toward gerotranscendence For Further Information The Cambridge Handbook of Successful Aging Rocío Fernández-Ballesteros, Athanase Please Click Here Benetos, Jean-Marie Robine, 2019-01-24 Recent studies show that more people than ever before are reaching old age in better health and enjoying that health for a longer time This Handbook outlines the latest discoveries in the study of aging from bio medicine psychology and socio demography It treats the study of aging as a multidisciplinary scientific subject since it requires the interplay of broad disciplines while offering high motivation positive attitudes and behaviors for aging well and lifestyle changes that will help people to stay healthier across life span and in old age Written by leading scholars from various academic disciplines the chapters delve into the most topical aspects of aging today including biological mechanisms of aging aging with health active and productive aging aging with satisfaction aging with respect and aging with dignity Aimed at health professionals as well as general readers this Cambridge Handbook offers a new positive approach to later life Aging and Self-Realization Hanne Laceulle, 2018-11-08 Dominant cultural narratives about later life dismiss the value senior citizens hold for society In her cultural philosophical critique Hanne Laceulle outlines counter narratives that

acknowledge both potentials and vulnerabilities of later life She draws on the rich philosophical tradition of thought about self realization and explores the significance of ethical concepts essential to the process of growing old such as autonomy authenticity and virtue These counter narratives aim to support older individuals in their search for a meaningful age identity while they make society recognize its senior members as valued participants and moral agents of their own lives

**Developmental Theories Through the Life Cycle** Sonia G. Austrian, 2008 In this bestselling textbook contributors describe theories of normal human development advanced by such pioneers as Sigmund Freud Anna Freud Jean Piaget Nancy Chodorow Daniel Levinson Erik Erikson and Margaret Mahler Beginning with infancy toddlerhood and preschool each chapter examines corresponding ideologies concerning maturation and development in middle childhood adolescence adulthood and old age while acknowledging that no one theory can encompass all aspects of human development In depth analyses of the psychology and sociology of development provide educators and practitioners with insights into the specific social contexts of human behavior and help identify variables and deviations This second edition features up to date empirical information including additional studies on diverse populations and a new chapter on attachment theory a growing area of interest for today s clinicians Annual Review of Gerontology and Geriatrics, Volume 33, 2013 Jean-Marie Robine, PhD, Carol Jagger, PhD, Eileen Crimmins, PhD, 2013-02-20 Print CourseSmart Beyond Successful and Active Ageing Virpi Timonen, 2016-04-29 This controversial book argues that concepts such as successful and active ageing ubiquitous terms in research marketing and policy making concerned with older adults are potentially dangerous paradigms that reflect and exacerbate inequalities in older populations This author presents a new theory to make sense of the popularity of these successful and active ageing concepts Readers are invited to view them through the prism of Model Ageing a theory that throws light on the causes and consequences of attempts to model ageing as a phenomenon and stage of life that is in need of direction reshaping and control This is essential reading for anyone seeking to make sense of social constructions of ageing *Understanding Aging and Diversity* Patricia Kolb, 2014-07-11 The demographic phenomena of in contemporary societies increased life expectancy increasing global population of older adults and a larger number of older people as a proportion of the total population in nations throughout the world will affect our lives and the life of each person we know The changes will result in challenges and benefits for societies and people of all ages These events need to be understood explained and their consequences addressed sociological theories about aging are an essential part of this process In Understanding Aging and Diversity Theories and Concepts Patricia Kolb presents important sociological theories and concepts for understanding experiences of older people and their families in a rapidly changing world She explores concepts from phenomenology critical theory feminist theory life course theory and gerotranscendence theory to explain important issues in the lives of older people This book investigates similarities and differences in aging experiences focusing in particular on the effects of inequality Kolb examines the relationship of ethnicity race gender sexual orientation and social class to international aging

experiences This book explores the relationships between older people and social systems in different ways and informs thinking about policy development and other strategies for enhancing the wellbeing of older adults It will be useful for students and scholars of sociology gerontology social work anthropology economics demography and global studies

Ebersole and Hess' Gerontological Nursing & Healthy Aging Theris A. Touhy, DNP, CNS, DPNAP, Kathleen F Jett, PhD, GNP-BC, 2013-03-11 Ebersole Hess Gerontological Nursing and Healthy Aging is the only gerontological nursing text that follows a wellness based holistic approach to older adult care Designed to facilitate healthy aging regardless of the situation or disease process this text goes beyond simply tracking recommended treatments to address complications alleviate discomfort and help older adults lead healthy lives Featuring evidence based practice boxes safety alerts expanded tables and careful attention to age gender and cultural differences Ebersole Hess Gerontological Nursing and Healthy Aging is the most complete text on the market Focus on health and wellness helps you gain an understanding of the patient s experience AACN and the Hartford Institute for Geriatric Nursing core competencies integrated throughout Consistent chapter organization and pedagogy including Learning Objectives Glossary and Research and Study Questions Activities Evidence Based Practice boxes summarize research findings that confirm effective practices or identify practices with unknown ineffective or harmful effects Careful attention to age cultural and gender differences helps you understand these important considerations in caring for older adults Expanded tables boxes and forms including the latest scales and guidelines for proper health assessment make information easy to find and use Activities and discussion guestions at the end of every chapter equip you with the information you need to assess the patient UPDATED Healthy People 2020 boxes integrate information about healthy aging NEW Safety Alerts highlight safe practices and quality of care QSEN competencies NEW Chapter on Neurologic Compromise expands content on stroke and Parkinson's disease **Dimensions of Human** Behavior Elizabeth D. Hutchison, Leanne Wood Charlesworth, 2023-10-17 Dimensions of Human Behavior The Changing Life Course presents a current and comprehensive examination of human behavior across time using a multidimensional framework Authors Elizabeth D Hutchison and Leanne Wood Charlesworth explore both the predictable and unpredictable changes that can affect human behavior through all the major developmental stages of the life course from conception to very late adulthood Aligned with the 2022 curriculum guidelines set forth by the Council on Social Work Education CSWE the updated Seventh Edition offers fresh insights into concepts like gender and anti-racism how intergenerational experiences influence development and recent research and conceptual frameworks This title is accompanied by a complete teaching and learning package Learning Platform Courseware Sage Vantage is an intuitive learning platform that integrates quality Sage textbook content with assignable multimedia activities and auto graded assessments to drive student engagement and ensure accountability Unparalleled in its ease of use and built for dynamic teaching and learning Vantage offers customizable LMS integration and best in class support It's a learning platform you and your students will actually love Assignable Video with

Assessment Assignable video available in Sage Vantage is tied to learning objectives and curated exclusively for this text to bring concepts to life LMS Cartridge Import this title s instructor resources into your school s learning management system LMS and save time Don t use an LMS You can still access all of the same online resources for this title via the password protected Instructor Resource Site Older Women: Current and Future Challenges of Professionals with an Aging **Population** Teresa Kilbane, Marcia Spira, 2016-10-14 Older Women Current and Future Challenges of Professionals With An Aging Population is about older women and the unique challenges they face now and in coming decades Elderly women face problems that require response from multiple service providers in the social welfare health care and legal sectors Due to the complexity of the various issues and the multi systemic responses required to address these problems among diverse groups an interdisciplinary perspective in a multicultural context needs to be examined This book is an attempt to explain the multidisciplinary facets of social work with elderly women Readers are also introduced to the ethical issues and challenges caused by economic disparities and are also provided with guidelines on potential responses and intervention strategies to such difficulties Readers are also introduced to the concept of cultural competence in terms of working with aged women The integration of theory research and practice in this book makes it a valuable resource for academicians and working professionals who are or will be in frequent contact with older adults The Nurse's Role in Promoting Optimal Health of Older Adults Jean W Lange, 2011-09-02 Awarded a 2012 AJN Book of the Year Award Why focus on the negative aspects of growing old while most older adults are leading positive fulfilling and active lives even while dealing with the changes associated with aging and chronic illnesses Promote healthy aging learn what it means to age successfully and develop the tools and resources that can optimize well being during the later years in life with the guidance you ll find inside The author a nationally recognized expert in the field of gerontology addresses the physical psychosocial and spiritual needs of older adults based on a holistic mid range nursing theory of successful aging Contributions from healthcare professionals in exercise physiology nutrition pharmacy and elder law help you understand how these disciplines work together to benefit The Palgrave Handbook of Literature and Aging Valerie Barnes Lipscomb, Aagje Swinnen, 2024-04-16 This patients handbook offers a comprehensive survey of the growing field of literary age studies and points to new directions in scholarly research Divided into four sections the volume reflects the current conversations in the field intersections and intersectionalities traveling concepts methodological innovations and archival inquiries It encompasses the spectrum of critical approaches that literary age studies scholars employ from environmental studies and postcolonial theory to critical race theory and queer studies While close reading continues to be a mainstay of literary criticism the handbook highlights alternative tools and routes in both data elicitation and analysis The final part of the book shows the burgeoning interest in the field from literary scholars across historical periods extending the scope of literary age studies beyond contemporary texts This is an essential reference work for advanced students and scholars of literary studies gerontology age aging studies

interdisciplinary studies and cultural studies The Handbook of Adult and Continuing Education Tonette S. Rocco, M Cecil Smith, Robert C. Mizzi, Lisa R. Merriweather, Joshua D. Hawley, 2023-07-03 Co published with Colleges and universities are increasingly becoming significant sites for adult education scholarship in large part due to demographic shifts With fewer U S high school graduates on the horizon higher education institutions will need to attract non traditional i e older adult learners to remain viable both financially and politically There is a need to develop a better corpus of scholarship on topics as diverse as what learning theories are useful for understanding adult learning How are higher education institutions changing in response to the surge of adult students What academic programs are providing better learning and employment outcomes for adults in college Adult education scholars can offer much to the policy debates taking place in higher education A main premise of this handbook is that adult and continuing education should not simply respond to rapidly changing social economic technological and political environments across the globe but should lead the way in preparing adults to become informed globally connected critical citizens who are knowledgeable skilled and open and adaptive to change and uncertainty The Handbook of Adult and Continuing Education provides rich information on the contemporary issues and trends that are of concern to adult and continuing education of the programs and resources available to adult learners and of opportunities to challenge and critique the structures embedded in the field that perpetuate inequity and social injustice Adult education is a discipline that foresees a better tomorrow and The Handbook is designed to engage and inspire readers to assist the field to seek new paths in uncertain and complex times ask questions and to help the field flourish The Handbook is divided into five sections The first Foundations situates the field by describing the developments core debates perspectives and key principles that form the basis of the field The second Understanding Adult Learning includes chapters on adult learning adult development motivation access participation and support of adult learners and mentoring Teaching Practices and Administrative Leadership the third section offers chapters on organization and administration program planning assessment and evaluation teaching perspectives andragogy and pedagogy public pedagogy and digital technologies for teaching and learning The fourth section is Formal and Informal Learning Contexts Chapters cover adult basic GED and literacy education English as a Second Language Programs family literacy prison education workforce development military education international development education health professions education continuing professional education higher education human resource development and workplace learning union and labor education religious and spiritual education cultural institutions environmental education social and political movements and peace and conflict education The concluding Contemporary Issues section discusses decolonizing adult and continuing education adult education and welfare teaching social activism lesbian gay bisexual trans gueer and straight allies gender and its multiple forms disability older adults and intergenerational identities race and ethnicity working class whiteness and privilege and migrants and migrant education The editors culminate with consideration of next steps for adult and continuing education and priorities for the future

Ageing as a Social Challenge Maria Łuszczyńska, 2021-11-29 The Introduction chapter of this book is available for free in PDF format as Open Access from the individual product page at www routledge com It has been made available under a Creative Commons Attribution Non Commercial No Derivatives 4.0 license With a focus on the case of Poland where an ageing population poses a crucial challenge for the state s social family and gerontological policy this book explores ageing as a personal and social phenomenon considering the ways in which the experience of ageing is shaped by younger generations attitudes government support policies local initiatives undertaken help older people stay active and the ways in which the elderly themselves understand their own mortality Employing demographic philosophical legal psychological gerontological perspectives it emphasises activities that can support older adults locally or nationwide and proposes the development of a social policy and social attitudes that can facilitate changes in the social perception of ageing together with a redistribution of resources for older adults As such it will appeal to scholars across the social sciences with interests in ageing and the lifecourse as well as those who wish to support older adults with concrete solutions and familiarize themselves with the ageing process from an individual and social perspective **Aging** Harry R. Moody, Jennifer R. Sasser, 2020-07-16 Winner of the 2022 Textbook Academic Authors Association's The McGuffey Longevity Award Aging Concepts and Controversies is structured to encourage a style of teaching and learning that goes beyond conveying facts and methods This innovative text focuses on controversies and questions rather than on assimilating facts or creating a single correct view about aging or older people Drawing on their extensive expertise authors Harry R Moody and Jennifer R Sasser first provide an overview of aging in three domains aging over the life course health care and socioeconomic trends Each section then includes data and conceptual frameworks helping students to make sense of the controversies and understand their origin engage in critical thinking and develop their own views The Tenth Edition of this hallmark textbook includes amplified discussions focused on differences diversity structural inequalities and inclusion as well as contemporary issues including climate change and immigration Included with this title The password protected Instructor Resource Site formally known as SAGE Edge offers access to all text specific resources including a test bank and editable chapter specific PowerPoint slides **Profiles of Personality (Second Edition)** Eugene DeRobertis, 2021-06-14 Profiles of Personality offers a refreshingly different approach to learning personality Designed to serve as a primary or supplementary textbook for courses on personality theory Profiles of Personality gently guides the reader to go beyond learning about the theories of personality to encouraging critical thought about them Drawing on many years of teaching experience DeRobertis writes in an accessible engaging manner that keeps the reader engaged The second edition of this text has been expanded and updated with over 100 pages of new content Personality textbooks come in two forms each with their own style of organizing content They will either be organized in terms of historical affiliation e g Freud and those theories that are historically affiliated with Freud etc or they will offer a series of disparate research foci Both approaches make it difficult for students to

attain a coherent synoptic grasp of the subject matter Profiles of Personality offers an alternative It presents personality theories on the basis of a meta narrative that guides the student through an unfolding story of personality and personal becoming The meta narrative of the text reflects the whole person emphasis that gave rise to the study of personality in the first place As Walter Mischel once noted the study of personality was intended to become the meta discipline for integrating the findings and general principles of psychology as a whole as they speak to the person as a whole In contrast to the most contemporary texts take a more restrictive approach the current text returns to the macro integrative orientation of those early 20th Century personality theorists who helped to bring about the emerging humanistic revolution in psychology The macro integrative orientation has always been guided by the deeply held belief that the personality psychologist should not conflate objectivity with the objectification of the person or the personality. The aim of the approach is to be theoretically open inclusive and capable of speaking to the fullness of human existence its drama far beyond the aims of adaptation to given biosocial conditions Macro integrative investigations target the full range of human experience from highly conflicted forms of pathology to highly self transcendent forms of personal fulfillment Beginning with the contributions of the micro integrative tradition Profiles of Personality moves progressively deeper into the world of macro integrative theorizing increasingly exposing the role of paradox in the differential integrative process of personality formation Highlights of this new edition include brief discussions of gerotranscendence gender and education additions to the analysis of narrative and an expanded section on multiculturalism and the ecopsychological culture of place Ageing in Irish Writing Heather Ingman, 2018-07-18 Age is a missing category in Irish literary criticism and this book is the first to explore a range of familiar and not so familiar Irish texts through a gerontological lens Drawing on the latest writing in humanistic critical and cultural gerontology this study examines the portrayal of ageing in fiction by Elizabeth Bowen Molly Keane Deirdre Madden Anne Enright Iris Murdoch John Banville John McGahern Norah Hoult and Edna O Brien among others The chapters follow a logical thematic progression from efforts to hold back time to resisting the decline narrative of ageing solitary ageing versus ageing in the community and dementia and the world of the bedbound and dying One chapter analyses the changing portrayal of older people in the Irish short story Recent demographic shifts in Ireland have focused attention on an increasing ageing population making this study a timely intervention in the field of literary gerontology **Social Work** Practice in Healthcare Karen M. Allen, William J. Spitzer, 2015-04-10 Social Work Practice in Health Care by Karen M Allen and William J Spitzer is a pragmatic and comprehensive book that helps readers develop the knowledge skills and values necessary for effective health care social work practice as well as an understanding of the technological social political ethical and financial factors affecting contemporary patient care Packed with case studies and exercises the book emphasizes the importance of being attentive to both patient and organizational needs covers emerging trends in health care policy and delivery provides extensive discussion of the Patient Protection and Affordable Care Act and addresses social work practice

across the continuum of care

The Oxford Handbook of Humanism Anthony B. Pinn, 2021 As a system of thought that values human needs and experiences over supernatural concerns humanism has gained greater attention amid the rapidly shifting demographics of religious communities This outlook has taken on global dimensions with activists artists and thinkers forming a humanistic response not only to religion but to the pressing social and political issues of the 21st century The Oxford Handbook of Humanism aims to explore the subject by analyzing its history its philosophical development and its influence on culture It will also discuss humanism as a global phenomenon an approach that has often been neglected in more Western focused works

The Storied Self Bruce A. Stevens, 2018-10-15 We are multistoried each story contributing to who we are the storied self A number of undeveloped stories are identified in this book This includes the hidden story before language Others include the lazy story the trauma story the messy story the body story the problem story and the dark story The God story brings the spiritual realm into focus The challenge in spiritual care is to help people find an integrative deep story which can be re authored with new and exciting possibilities This book draws on the insights of narrative gerontology for a natural engaging and more comprehensive spiritual care of the aged one that results in psychological and spiritual growth This is a unique idea which will challenge the way we think about pastoral care

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