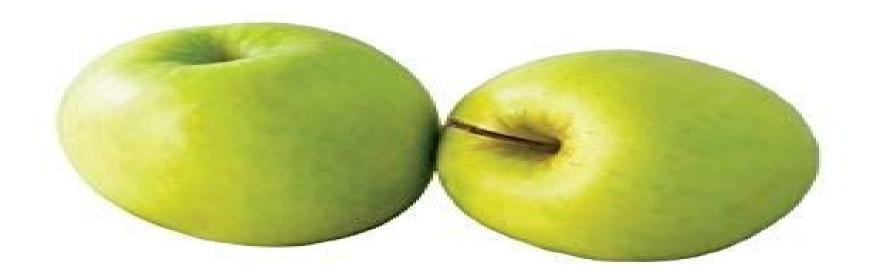
# Fad Diets Explained

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— SAM WALKER —

# **Everything You Need To Know About Diet Fads**

**Michael Ozner** 

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