

Living With A Heart Condition

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Gotto

Living With A Heart Condition:

Living with a Heart Condition Michael Turner, Angela Dickinson, 1995 This is a practical guide to heart disease its causes treatment and prevention It aims to help people with a heart condition and those around them to understand the nature of heart disease and how to cope with its effects Life to the Years Michael James, Michael Ranville, 2018-04-17 A cardiologist and his patient tell a true story of surviving and thriving in a book both informational and inspirational After Michael Ranville's emergency treatment his cardiologist told him Given the nature and severity of your heart attack you should no longer be with us Statistically you are dead Now the doctor and patient unite to present a unique story for the benefit of heart patients or anyone who has a heart A generation ago heart patients rarely defied the statistical category that dictated a sedentary existence and an abbreviated life But this is the tale of one patient who didn t die He continued to live refused to take up membership in that statistical category Under the thirty year care of Dr Michael James and a forward leaning cardiac community Michael Ranville and a host of other determined heart patients created a new statistical category Life to the Years is also the lively anecdote laden story of a tenacious and resourceful cardiologist who helped Ranville seize control of life after heart disease The authors illustrate the development of life saving technology with fascinating stories that underscore the human element that still drives medicine Life to the Years does not shy from the controversial from the uncomfortable A confrontation with mortality is the inevitable companion of heart disease For the authors the significance of dignity when faced with death for both family and patient is far from a theoretical discussion This is a memoir that will both enlighten and encourage and offer a behind the scenes look at a successful doctor patient relationship A Woman's Guide to Living with Heart Disease Carolyn Thomas, 2017-11-28 The daily challenges of living and coping with a chronic and progressive invisible illness Heart disease is the leading cause of death for women worldwide Yet most people are still unaware that heart disease is not just a man's problem Carolyn Thomas a heart attack survivor herself is on a mission to educate women about their heart health Based on her popular Heart Sisters blog which has attracted more than 10 million views from readers in 190 countries A Woman's Guide to Living with Heart Disease combines personal experience and medical knowledge to help women learn how to understand and manage a catastrophic diagnosis In A Woman's Guide to Living with Heart Disease Thomas explains how to recognize the early signs of a heart attack why women often delay seeking treatment and how to overcome that impulse the link between pregnancy complications and future heart disease why so many women with heart disease are misdiagnosed and how to help yourself get an accurate diagnosis the importance of cardiac rehabilitation in lowering mortality risk what to expect during your recovery from a heart attack how the surreal process of coping with heart disease may affect your daily life methods for treating heart disease related depression without drugs Equal parts memoir about a misdiagnosed heart attack guide to the predictable stages of heart disease from grief to resilience and patient friendly translation of important science based findings on women s unique heart issues this book is an

essential read Whether you re a freshly diagnosed patient a woman who s been living with heart disease for years or a practitioner who cares about women s health A Woman s Guide to Living with Heart Disease will help you feel less alone and advocate for better health care Thriving With Heart Disease Wayne Sotile, 2010-05-11 Not only can you survive with heart disease you can actually thrive with it for many many years If you cope well and follow the advice I give you in this book you can live as long as you would if you didn t have the illness from Chapter One Begin the Journey In this landmark volume Wayne M Sotile Ph D breaks the story that every heart patient needs to know In many cases it s how you deal with the illness and not the condition of your heart that will determine how completely you recover or if you recover at all If you re one of the 61 million Americans diagnosed with heart illness whether you ve had a heart attack high blood pressure angina or surgery the program in this book can extend your life and might even save it Many books have dealt with the physical aspects of cardiovascular illness but Thriving with Heart Disease is the first to offer patients and their loved ones a program for coping with the emotional and psychological side effects that can ravage relationships and throw families into disarray Dr Sotile's extraordinary success with cardiac patients attests to his belief that living with heart disease is not a temporary adjustment but a journey you take one moment at a time toward the healthy life you were meant to live surrounded by the people you love Based on the experiences of thousands of patients at Wake Forest University's Cardiac Rehabilitation Program the nation's first mind body center for living well with heart illness Dr Sotile's program provides step by step instructions on how to establish a robust new normal life for you and the people you care about whether you re a parent with young children a mature adult with grandchildren or a single man or woman whose family is a devoted network of friends Written with warmth and humor and filled with news of the latest research into the links between heart and brain body and soul Thriving with Heart Disease is the book that every heart patient needs to read It's not a diet book an exercise book or a cookbook It is the first self help manual to guide heart patients and their loved ones through the psychological side effects they re likely to experience and onto the path to vibrant new normal lives The Living Heart in the 21st Century Michael E. Debakey, Ph.D., Antonio M. Gotto, Jr., M.D., 2012-04-01 This authoritative guide on common conditions affecting the heart and circulatory system provides essential knowledge and lifesaving tips to help both healthy persons as well as heart patients improve their cardiovascular health Based on the combined experience of two experts who have played leading roles in defining the field of heart health this is a completely revised and up to date volume in the bestselling Living Heart series For over four decades the authors have set the standard in these books for reliable information on heart disease and cardiovascular health Organized in an approachable easy to understand format the engaging text covers the latest guidelines on reducing cardiovascular risk The authors clearly explain the scientific rationale for these guidelines and advise patients on how they can translate the information to their own lives They also explain how doctors detect diagnose and treat coronary heart disease if it does occur so that patients can take charge of their own healthcare and communicate more effectively with

their medical providers In addition the book describes other common forms of heart disease including arrhythmias valvular disease and heart failure The authors conclude by discussing genetic research emphasizing the most promising developments likely to affect medical practice in the near future For anyone seeking the latest information on cardiovascular disease prevention and treatment this is the essential resource Living with Heart Disease Larry Katzenstein, 2007 Chronic heart disease heart attacks and strokes causes more than 40 percent of all deaths in the United States That's 950 000 people each year or one person every 33 seconds Statistically more vulnerable with age hundreds of men and women begin the struggle to manage or prevent its occurrence every day So naturally it s on the mind of older Americans and the family members who cherish them What exactly is heart disease and what forms does it take Who gets it and how is it diagnosed What steps can you take to prevent the problem from worsening Which are the best therapies How can you best reduce stress lower weight control blood pressure AARP has the answers The superbly organized and authoritative text includes chapters covering key issues which range from definition to diagnosis and from treatment to lifestyle changes that address issues specifically identified with heart disease These include nutrition high cholesterol prevention smoking and sex and intimacy The book casts an eye on the future too with information on medicines and treatments currently under development or on the horizon The appendix offers useful point by point checklists for managing your treatment information on handling medical emergencies and resources This guide provides expert medical information and valuable advice that no older adult will want Braunwald's Heart Disease E-Book Douglas P. Zipes, 2018-01-09 Trusted by generations of cardiologists for to do without the latest most reliable guidance in the field Braunwald's Heart Disease 11th Edition remains your 1 source of information on rapidly changing clinical science clinical and translational research and evidence based medicine This award winning text has been completely updated providing a superior multimedia reference for every aspect of this fast changing field including new material about almost every topic in cardiology A unique update program by Dr Braunwald creates a living textbook by featuring weekly Hot off the Press and periodic Late Breaking Clinical Trials including links to authors presentation slides More than a dozen new chapters cover Chronic Lung Disorders and Cardiovascular Disease Transcatheter Treatment of Congenital Heart Disease Approach to the Patient with Valvular Heart Disease Obesity and Cardiometabolic Disease Environmental Exposures and CVD Approach to the Patient with Cardiac Arrhythmias Cardio oncology Precision Medicine and more New information on clinical cardiovascular genetics MR PET MR device compatibility fibrosis fusion imaging OCT IVUS left atrial appendage exclusion approaches and other topics Many new videos that elucidate coronary peripheral valvular congenital heart diseases and other cardiovascular diseases Expert ConsultTM eBook version included with purchase This enhanced eBook experience allows you to search all of the text figures and references from the book on a variety of devices Living with Heart Disease Robert Werman, Gerald M. Phillips, 1995 Thriving with Heart Disease Wayne M. Sotile, 2003 A unique program for you and your family Live happier healthier longer Living with Coronary

Disease Clive Handler, Gerry Coghlan, 2007-07-13 With coronary heart disease one of the biggest killers in the Western world this book will help people of all ages understand what coronary heart disease is and what can be done to prevent it or at least delay it for as long as possible Highly accessible and written by two experienced heart doctors the text is designed to help dispel fears of the condition and allow readers to take control of their health and future whether they are patients or practitioners A Comprehensive Approach to Congenital Heart Diseases IB Vijayalakshmi, P Syamasundar Rao, Reema Chugh, 2013-02-28 Congenital heart disease CHD is a problem with the structure and function of the heart that is present at birth and is the most common type of birth defect PubMed Health This comprehensive guide offers a step by step approach to the diagnosis and management of different types of CHD at different stages of life Beginning with an introduction to the development of the foetal cardiovascular system and genetic the following section discusses the basics of heart examination radiography and terminology Each section progresses through different conditions and examines the transition of care into adulthood and long term issues facing adults with CHD Key points Comprehensive step by step guide to congenital heart disease CHD Covers diagnosis and management of CHD disorders at all stages of life Internationally recognised author and editor team Includes more than 1000 full colour images and illustrations Your Guide to Living Well with Heart Disease Marian Sandmaier, United States. Department of Health and Human Services, National Institutes of Health, 2012-07-20 Chances are you're reading this book the National Institutes of Health Publication 06 5270 because you or someone close to you has heart disease Perhaps your doctor has recently told you that you have a heart condition and you re looking for information on how to take good care of yourself Perhaps you ve known about your condition for some time and are interested in the latest knowledge on treatment and self care Perhaps you ve recently had a heart attack or heart surgery and want some guidance on making the best possible recovery This book will address all of these concerns It is a step by step guide to helping people with heart disease make decisions that will protect and improve their heart health It will give you information about lifestyle habits medicines and other treatments that can lessen your chances of having a heart attack either a first attack or a repeat one If you have already had a heart attack or have undergone a heart procedure you will find guidance on how to recover well both physically and emotionally But this book is not just about preventing and treating problems It is also about how to live well with heart disease It will help you to make decisions that allow you to live as fully healthfully and enjoyably as possible even as you cope with the demands of your heart condition As you read this book you will find that caring for your heart and caring for yourself are deeply intertwined To find out why and how read on Living with a Heart Condition J. Stuart Rhodes, Jeffrey W. Harris, Ann Bird, 1996* Stories in Chronic Illness and Disability Esther Chang, Amanda Johnson, 2023-12-27 As nurses and health professionals

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managing portion sizes and more Includes a glossary extensive bibliography additional resources and a cross referenced index **Journal of the American Medical Association** ,1901

Whispering the Secrets of Language: An Psychological Quest through Living With A Heart Condition

In a digitally-driven world wherever displays reign supreme and quick conversation drowns out the subtleties of language, the profound strategies and psychological nuances hidden within phrases often move unheard. Yet, nestled within the pages of **Living With A Heart Condition** a interesting literary value sporting with fresh thoughts, lies an extraordinary quest waiting to be undertaken. Published by a skilled wordsmith, that wonderful opus invites visitors on an introspective journey, lightly unraveling the veiled truths and profound affect resonating within the very material of each word. Within the emotional depths of this emotional review, we shall embark upon a genuine exploration of the book is key styles, dissect their interesting writing model, and yield to the effective resonance it evokes serious within the recesses of readers hearts.

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