

Placing Motivation and Future Time Perspective Theory in a Temporal Perspective

**Joke Simons,^{1,2} Maarten Vansteenkiste,¹ Willy Lens,¹
and Marlies Lacante¹**

*An overview of the conceptual development of future time perspective theory [Nuttin, J. R. (1984). *Motivation, Planning and Action: A Relational Theory of Behavior*, Erlbaum, Hillsdale, NJ; Nuttin, J., and Lens, W. (1985). *Future Time Perspective and Motivation: Theory and Research Method*, Leuven University Press and Erlbaum, Leuven, Belgium and Hillsdale, NJ] is provided. It is demonstrated that having a deep future time perspective and increasing the instrumentality of one's present behavior are associated with enhanced motivation, deep conceptual learning, better performance, and more intensive persistence. Moreover, recent research indicates that it is important to consider the degree of specificity of the provided future goal, the content of the given future goal, and the context in which the instrumentality of the present behavior is made clear. Practical implications and suggestions for future research are discussed.*

KEY WORDS: motivation; future time perspective; self-determination.

Some people are able to foresee the future implications of their present behavior. They understand how their present task-engagement is meaningfully related to desired future goals and how their present behavior serves the attainment of those future goals. Other people would rather live in the present; they do not anticipate as strongly the future consequences of their present activities. The degree to which people are able to look into the future, and thus foresee the usefulness of their present behavior, differs from

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Future Time Perspective And Motivation Theory And Research Method

Martin V. Covington



Future Time Perspective And Motivation Theory And Research Method:

Future Time Perspective and Motivation Joseph Nuttin, Willy Lens, 1985 *Future Time Perspective and Motivation* Joseph Nuttin, 2014-04-04 First published in 1985 The present volume is a theoretical and methodological supplement to the Nuttin's book *Motivation planning and action* A relational theory of behaviour dynamics in which he showed that behaviour dynamics in man due to their interaction with higher cognitive functioning are processed into goals and means end structures that is behavioural projects or plans The main purpose of the theoretical section of this book is to contribute to the integration of the future time dimension on the study of human motivation and behaviour The main part is then devoted to a two step method for studying the content and density of a person's future time perspective and for measuring its depth or extension **Future Time Perspective and Motivation: Theory and Research Method** Gisela Trommsdorff, 2010

Time Perspective Theory; Review, Research and Application Maciej Stolarski, Nicolas Fieulaine, Wessel van Beek, 2014-11-05 This book is about time and its powerful influence on our personal and collective daily life It presents the most comprehensive and up to date overview of contemporary knowledge on temporal psychology inspired by Zimbardo's work on Time Perspective TP With contributions from renowned and promising researchers from all over the globe and at the interface of social personality cognitive and clinical psychology the handbook captures the breadth and depth of the field of psychological time Time perspective as the way people construe the past the present and the future is conceived and presented not only as one of the most influential dimensions in our psychological life leading to self impairing behaviors but also as a facet of our person that can be de-biased and supportive for well being and happiness Written in honor of Philip G Zimbardo on his 80th birthday and in acknowledgement of his leading role in the field the book contains illustrations of the countless studies and applications that his theory has stimulated and captures the theoretical methodological and practical pathways he opened by his prolific research Understanding Behavior in the Context of Time Alan Strathman, Jeff Joireman, 2006-04-21 *Understanding Behavior in the Context of Time* reviews the research on temporal orientation and brings together the disparate social behaviors influenced by time perspective Organized into four sections each chapter includes theory research applications and directions for future research Some chapters outline novel theoretical approaches that help to expand and/or integrate existing theories The second part focuses on individual level processes and reviews the conceptualization measurement and lifespan development of time orientation the outcomes associated with various time orientations and how temporal factors influence attitudes and persuasion Part three explores the role of time within interpersonal and group level processes as applied to such areas as close relationships group cooperation aggression organizational behavior pro environmental behavior and cultural issues This book will be of interest to social and personality psychologists and the book's applied emphasis will appeal to health environmental and industrial psychologists

Communicating Risks to the Public R.E Kasperson, Pieter Jan M. Stallen, 1990-12-31 Risk communication the evolution of

attempts Risk communication is at once a very new and a very old field of interest Risk analysis as Krinsky and Plough 1988 2 point out dates back at least to the Babylonians in 3200 BC Cultures have traditionally utilized a host of mechanisms for anticipating responding to and communicating about hazards as in food avoidance taboos stigma of persons and places myths migration etc Throughout history trade between places has necessitated labelling of containers to indicate their contents Seals at sites of the ninth century BC Harappan civilization of South Asia record the owner and or contents of the containers Hadden 1986 3 The Pure Food and Drug Act the first labelling law with national scope in the United States was passed in 1906 Common law covering the workplace in a number of countries has traditionally required that employers notify workers about significant dangers that they encounter on the job an obligation formally extended to chronic hazards in the OSHA s Hazard Communication regulation of 1983 in the United States In this sense risk communication is probably the oldest way of risk management However it is only until recently that risk communication has attracted the attention of regulators as an explicit alternative to the by now more common and formal approaches of standard setting insuring etc Baram 1982

National Library of Medicine Current Catalog National Library of Medicine (U.S.),1990 **Advancing Future-Orientation in Policymaking** Vesa Koskimaa,Lauri Rapeli,2024-12-19 This book argues that under certain societal and institutional conditions party interest group and bureaucracy based elites can interact positively to extend political timeframes beyond short electoral terms and foster reasoned long term planning for democratic decision making Focusing on Finland within a broader analytic framework and comparative context it unearths institutions and practices that give the elites capacity to curtail democratic short sightedness and offer long term solutions for contemporary threats such as economic globalization climate change and geopolitical competition The study also reveals factors that condition the operative capacity of futureregarding institutions This book will be of key interest to scholars students and practitioners of political science public policy and administration elites and management and futures studies The Open Access version of this book available at www.taylorfrancis.com has been made available under a Creative Commons Attribution Non Commercial CC BY NC 4 0 license **Handbook of Research in Educational Communications and Technology** M. J.

Bishop,Elizabeth Boling,Jan Elen,Vanessa Svihla,2020-09-21 The 5th edition of the prestigious AECT Handbook continues previous efforts to reach outside the traditional instructional design and technology community to the learning sciences and computer information systems communities toward developing a conceptualization of the field However given the pervasive and increasingly complex role technology now plays in education since the 1st edition of the Handbook in 1996 the editors have reorganized the research chapters in this edition to focus on the learning problems we are trying to solve with educational technologies rather than to focus on the things we are using to solve those problems Additionally for the first time this edition of the Handbook reflects our field s growing understanding of the importance of design scholarship to inform practice by including design case chapters These changes for this edition of the Handbook are intended to bring

educational technology research into the broader framework of educational research by elaborating on the role instructional design and technology plays as a scholarly discipline in addressing education s increasingly complex issues Provides comprehensive reviews of new developments in educational technology research and design practice Includes concrete examples to guide future research and practice in the ways emerging technologies can be used to solve educational problems Contains extensive references furnished to guide readers to the most recent research and design practice in the field of instructional design and technology

Designing the Future by Polish Youth Joanna Smyła, Błażej Przybylski, 2025-06-24

The expectations hopes dreams as well as anxieties and fears of the youth are often marginalized This book presents answers to pivotal questions about the preferred individual and collective futures Authors give the voice to young Polish students who willingly and broadly describe their life projects and their desired world in the future Qualitative and quantitative studies employed in the research document strong variations in students plans aims and opinions Certainly their future visions may transfer you to unknown futures Let s remember that always and everywhere various futures are possible Which one is preferred by you

The Motivated School Alan McLean, 2003-09-03 The book is a pleasure to read and whether the model is adopted in whole or in part as a lens through which to examine and understand what is going on in a learning community it has much to offer Improving Schools As a head of department in a comprehensive school in an education action zone this book has made me think about not only the way I relate to the students I work with but also about relationships with the teachers in my department I therefore warmly recommend to teachers and especially to headteachers and others in positions of leadership in both primary and secondary phases Emotional Behavioural Difficulties The Motivated School is an important book It addresses a number of key issues which are central to Scottish educational policy including Better Behaviour Better Learning Inclusion and Raising Attainment It is also a controversial book challenging as it does woolly thinking on issues such as self esteem rewards and motivation to learn Scottish Education Review This book is well written and demonstrates the author s commitment and dedication to an individual s psychological well being and positive effective learning environments The Psychology of Education Review The best education books frequently challenge our assumptions Alan McLean s The Motivated School demonstrates with a kind of forensic exactness the way we over emphasize the importance of student s self esteem We can t make students motivated we can only create the right conditions There is much to admire in this book It isn t difficult to read and the format is generous and accessible I suspect all school leaders will learn something from it Geoff Barton Times Educational Supplement Friday Magazine Some students do not achieve their full potential while others of similar ability achieve more than predicted This book shows how important students motivational mindsets can be in influencing the way they learn The author brings together evidence from recent research shows how successful learning contexts can be created and provides real life suggestions for teachers working with disengaged learners Increasing pressure to meet targets has sent schools down the path of trying to motivate students from the outside By recognizing that genuine

motivation comes from the inside and that self motivation needs to be nurtured this book provides a practical guide to both teacher and student motivation This book will be of interest to anyone seeking to develop their skills in motivating young people to learn It will be of particular interest to teachers educators and management at all levels *Pause Button Therapy* Martin Shirran, Marian Shirran, 2012-10-01 How many working days are lost every year to depression anxiety or obesity related health issues How many more to the results of road rage extreme anger addictions On another theme how many teaching hours are wasted dealing with bad behaviour in the classroom and playground bullying An exciting new add on to Cognitive Behaviour Therapy could mean massive time and cost savings for many behavioural problems just by pressing a remote control button No it s not science fiction Pause Button Therapy is possibly the first tactile intervention to be introduced into talking therapies It s a user friendly technique already proven in British schools and with adult problems such as addiction anger management and weight loss within Gastric Mind Band therapy This book has been written by British therapists Martin and Marion Shirran to explain their innovative Pause Button Therapy method and includes a foreword from renowned psychology expert Professor Philip Zimbardo Millions of us make rushed or ill thought out decisions every day only to have pangs of regret just moments later Using the concept of pressing the Pause Fast Forward and Rewind buttons of a virtual remote control device you can learn not only to stop and think but also visualise understand and even feel the results of your snap decisions With more thinking time you can see the positive and negative consequences of your actions allowing you to make more informed choices on a daily basis **Worlds Full of Signs** Kim Beerden, 2013-08-08 Worlds Full of Signs compares Greek divination to divinatory practices in Neo Assyrian Mesopotamia and Republican Rome It argues that the character of Greek divination differed fundamentally from that of the two comparanda Ample attention is given to background and method at first Subsequent chapters discuss the divinatory elements sign homo divinans and text relating divination to time and uncertainty This book brings together sources originating from various times and places questioning these to consider both generalities of ancient divination and specifics of Greek divination Greek divination was inherently flexible on many levels these findings should be connected to Greek views on time and the future as well as the relatively low level of divinatory institutionalization **Values, Religion, and Culture in Adolescent Development** Gisela Trommsdorff, Xinyin Chen, 2012-08-27 This volume presents multidisciplinary perspectives on the role of cultural values and religious beliefs in adolescent development **Making the Grade** Martin V. Covington, 1992-04-24 Achievement behaviour in schools can best be understood in terms of attempts by students to maintain a positive self image For many students trying hard is frightening because a combination of effort and failure implies low ability which is often equated with worthlessness Thus many students described as unmotivated are in actuality highly motivated not to learn but to avoid failure Students have a variety of techniques for avoiding failure ranging from cheating to setting low goals which are easily achieved In Making the Grade Martin Covington extracts powerful educational implications from self worth theory and other

contemporary views of motivation that will be useful for everyone concerned with the educational dilemmas we face He provides a comprehensive insightful review of research and theory both contemporary and historical on the topic of achievement motivation and arranges this knowledge in ways that lead to imminently practical recommendations for restructuring schools

Time Perspective Aleksandra Kostić, Derek Chadee, 2017-11-29 This book focusses on the theory and application of time perspective theory Time perspective can be an important factor in determining psychological well being and the way we see our world and others around us The unique contemporary nature of this theory's evolution has spurred great interest over the last 20 years The editors responded to this interest by bringing together contributors across a multitude of subjects and perspectives to facilitate an unprecedented discussion on the topic covering areas such as financial health psychotherapy across adulthood and old age prenatal past metacognition community and change fear of crime and intrinsic motivations The interdisciplinary nature of this project makes it of interest to a wide cross section of academics and practitioners including psychologist social workers criminologists and anyone who has or wishes to adopt time perspective theorization to assist them in their understanding

Well-Being Research in South Africa Marié P. Wissing, 2013-05-13 This is the first book to bring together examples of research in positive psychology psychofortology conducted in the multi cultural South African context with its diverse populations and settings The volume reflects basic as well as applied well being research in the multicultural South African context as conducted in various contexts and with a variety of methods and foci Theoretical review and empirical research contributions are made reflecting positivist to constructivist approaches and include quantitative qualitative and mixed method approaches Some findings support universality assumptions but others uncovered unique cultural patterns Chapters report on well being research conducted in the domains of education work health and family and in clinical urban vs rural and unicultural vs multicultural contexts Studies span the well being of adolescents adults and older people and topics include resilience in individuals families and groups measurement issues and coping processes the role of personal and contextual variables and facets such as hope spirituality self regulation and interventions

Handbook of Stressful Transitions Across the Lifespan Thomas W. Miller, 2009-11-28 This volume provides a unique and valuable contribution to our understanding of the impact of stressful life events and mass trauma on the person the culture and society in the course of the life span It provides a comprehensive look at our psychological state of affairs at the beginning of the twenty first century There are several volumes that address some or most of these areas individually but this volume is unique in that it has brought together theoreticians researchers and clinicians who address critical challenges in our lives But we are now several months into the global financial crisis requiring a transition not only for the western world but for the third world How on earth do families in trauma zones from Sri Lanka to Afghanistan New Orleans to Gaza cope with similar declining older relatives with added traumas and zero medical resources attempt to survive In news reports politicians and financiers denying the inevitable and struggling for solutions that cannot be relevant to the new

reality that they have yet to discover

The SAGE Encyclopedia of Lifespan Human Development Marc H.

Bornstein, 2018-01-15 Lifespan human development is the study of all aspects of biological physical cognitive socioemotional and contextual development from conception to the end of life In more than 800 signed articles by experts from a wide diversity of fields this volume explores all individual and situational factors related to human development across the lifespan The Encyclopedia promises to be an authoritative discipline defining work for students and researchers seeking to become familiar with various theories and empirical findings about human development broadly construed Some of the broad thematic areas will include Adolescence and Emerging Adulthood Aging Behavioral and Developmental Disorders Cognitive Development Community and Culture Early and Middle Childhood Education through the Lifespan Genetics and Biology Gender and Sexuality Life Events Mental Health through the Lifespan Research Methods in Lifespan Development Speech and Language Across the Lifespan Theories and Models of Development Featuring signed articles by experts from the fields of child development psychology neuroscience behavior analysis education sociology and more this five volume encyclopedia promises to be an authoritative discipline defining work for students and researchers seeking to become familiar with the various approaches to and theories of human development as well as past and current research

Pedagogies for Future-Oriented Adult Learners Helen Bound, Jennifer Pei-Ling Tan, Rebekah Lim Wei Ying, 2022-03-16 This book presents a collection of chapters both empirical and conceptual that challenge existing paradigms of learning and teaching provides examples of pedagogical spaces and practices that nurture future oriented learners explicates identities and transitions in learning and offers alternative frames for moving forward Educational structures have proven remarkably resilient More often than not pedagogical designs still privilege the lecture tutorial format front end loading and the positioning of the teacher as expert In a similar vein pedagogical spaces tend to privilege the formal educational institution and its discourses rather than productively engage with naturally occurring learning spaces at work and in communities To better prepare and support learners for dynamically changing futures we need to truly flip the lens from teaching to learning positioning at the core the learner in contexts where learning and becoming occurs This means considering what counts as a future oriented learner and educator recognising the importance of evolving identities transitions and pathways that facilitates the processes of being and becoming Equally important is the design and appropriation of pedagogical spaces and practices that are in themselves dynamic and future oriented This book questions the current delineation between the spaces of work learning and communities

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